Please join us for an evening of cutting-edge research on firefighter occupational safety and health. A seat, dinner, and wine will be offered for $25. Two CME credits will be available for physicians, and attendance will be limited to the first 75 paying registrants. To reserve your place, please contact Madeleine Straubel now at mstraube@hsph.harvard.edu or (617) 432-1634.

Place: Lake Toho Room, Rosen Shingle Creek, Orlando, FL
Date: Monday, April 29th
Time: 7:30pm-9:30pm

Presentations:

Cardiovascular Strain of Firefighting: Biochemical and Physiologic Correlates

Denise L. Smith PhD, Professor, Skidmore College

Evidence-Based Rehabilitation & Cooling for the Fire Department Physician

Dave Hostler PhD, Associate Professor, University of Pittsburgh

Lifestyles of America’s Bravest (Modifiable Risk Behaviors)

Sara A. Jahnke PhD, Principal Investigator, National Development and Research Institutes, Inc.

Translating Firefighting Cardiovascular Epidemiology into Clinical Evaluations

Stefanos N. Kales MD, MPH, FACP, FACOEM, Associate Professor, Harvard School of Public Health

Objectives:

After attending the session, participants will be able to
1) understand the CV strain of firefighting and its interactions with underlying heart disease;
2) master best practices for rehabilitation and cooling of firefighters;
3) improve screening, education, and counseling practices for high-risk behaviors; and
4) translate CVD epidemiology advances into clinical practice (e.g. fitness for duty, return to work, and other clinical risk assessments).

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