PRENATAL RESOURCES

Cambridge Hospital, Cambridge Health Alliance (CHA) (617-665-1000) 1493 Cambridge Street, Cambridge

CHA Breast Health Connection (617-591-6925) - provide services including education, screening mammograms, diagnostic radiology services and breast cancer treatment, can also help women with getting health insurance and primary care.

Cambridge/Somerville Legal Services – Help with tenant/landlord issues, benefits, mental health, family law (617-603-2700), www.masslegalhelp.org

Children’s Trust: information and resources based on zip code

Early Intervention Partnership Program – Cambridge/Somerville Residents ONLY (617-629-3919), 12 Tyler St, Somerville
  • Provides home visiting program for pregnant women, new mothers up to infants 1st year birthday

Families First – Provides parent education and support (617-868-7687), www.families-first.org

Greater Boston Legal Services - Provides low-cost or free legal immigration counseling
  (617)603-2700 Cambridge/Somerville www.gbls.org
  (617)371-1234 Boston Office

Healthy Families – Program for first time teen parents (up to age 20) Maternal, infant and early childhood visiting program.
  • Medford/Melrose/Everett/Malden (781-338-7550)
  • www.healthyfamiliesma.org

Healthy Start - Program of prenatal care for uninsured pregnant women (1-888-488-9161)

Jewish Family and Children’s Services – Multiple services such as prenatal visiting mom program and grieving programs for miscarriage (617-224-4127) www.jfcsboston.org

MA Adult Literacy Hotline – Referrals to ESL, GED, and citizenship classes (1-800-447-8844) - massliteracyhotline.org/hotline/

MA Substance Abuse Info and Education Hotline (1-800-327-5050) www.Helpline-online.com
MAPS – Providing health and social services to Portuguese speakers
Cambridge (617-864-7600) / Somerville (617-764-2091) www.maps-inc.org

MASS HEALTH – State medical insurance program (1-800-841-2900) mass.gov (health insurance)

MASSHEALTH APPLICATION – CHA Financial Assistance counselors can help you apply. Call for an appointment. Help available in English, Spanish, Portuguese, Creole. (617) 665-1100

Mental Health Resource – The Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) has a Moms’ Mental Health Matters initiative to educate consumers and health care providers about who is at risk for depression and anxiety during and after pregnancy, the signs and how to get help.

MIRA- MA Immigrant and Refugee Advocacy Coalition provides information on programs available to immigrants and refugees, such as immigrant rights (617-350-5480) www.miracoalition.org

Pregnancy Help Boston- Pregnancy testing, Limited ultrasound, Supportive Counseling, Information & Referrals, Education, Career & Housing Information, Ongoing Support, Material Assistance. All services are free. (617-782-5151) www.pregnancyhelpboston.org

RESPOND, Inc. - Services for battered women and children (617-440-7267) Hotline (617-623-5900); www/respondinc.org

SAFELINK – MA statewide domestic violence hotline (1-877-785-2020)

Somerville Early Head Start – Early childhood program for pregnant women and parents of child until age 3 - Somerville/Cambridge (617-629-6652)

Somerville Hospital of Cambridge Health Alliance (617-591-4500)
230 Highland Avenue, Somerville

Transitional Aid to Families with Dependent Children - (TAFDC) Provides cash benefits to families with children and pregnant women in the last 120 days of pregnancy (1-800-249-2007)
- Chelsea Office (617-551-1700), 80 Everett Ave, Chelsea 02150

Try to Stop Tobacco Resource Center – Provides information and referrals for smoking cessation to residents of Massachusetts
1-800-TryToStop 1-800-879-8678 or www.trytostop.org
1-800-QUIT-NOW (1-800-784-8669)

Women’s Center – Resources for women who are in or have been in abusive relationships (617-354-8807), 46 Pleasant Street, Cambridge www.cambridgewomenscenter.org

This institution is an equal opportunity provider

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