

## **J&J Vaccine Patient Fact Sheet**

**April 19, 2021**

You may have heard that the federal government has recommended pausing use of the J&J vaccine because of concerns about rare blood clots. We know this news is concerning. Here is what you need to know:

### **Receiving a COVID vaccine at CHA**

At this time, CHA is not giving any doses of the J&J vaccine. We will follow guidance from the CDC and FDA on how and when to use this vaccine in the future.

### **If you or a loved one has received the J&J vaccine**

The FDA and CDC have reported a rare clotting disorder in a small number of patients who received the J&J vaccine. While this is serious, it is also very rare, with only 6 cases reported out of almost 7 million doses given. All of these patients were women between 18 to 48 years old who had received the J&J vaccine within the prior two weeks.

### **If I received the J&J vaccine, do I need to do anything?**

You do not need to do anything if you got the J&J vaccine and have common side effects. Many patients develop pain or rash at the injection site, fevers or chills, and muscle aches after the J&J vaccine. If you develop any symptoms that are concerning to you, please call your care team.

### **What symptoms should I be concerned about?**

We recommend seeking care immediately (call 9-1-1) if you develop any of the following symptoms:

- A severe headache that gets worse over time and does not go away
- Weakness or numbness on one side, difficulty speaking, or seizures
- Severe, sudden abdominal (belly) pain
- New severe back pain
- New bruising or abnormal bleeding
- Swelling or severe pain in one leg
- New severe chest pain or shortness of breath
- If you have any other symptoms of concern to you, or have any questions, do not hesitate to reach out to your care team.