

If you or someone you care about has been affected by violence, you may experience feelings of fear, numbness, shock, helplessness, anger, anxiety, depression, guilt or self-blame. These are common reactions to trauma and violence.

To speak with a VRC Victim Services Specialist and learn more about our services, contact us at **617-665-2992**.

The Victim Resource Center (VRC) is here to help you understand your experience and to offer information & resources as you rebuild your life.

Our services are always confidential and provided free of charge.

 **CHA** Cambridge
Health Alliance
26 Central Street
Somerville, MA 02143

Victim Resource Center is a service of Cambridge Health Alliance and is partially supported by the Massachusetts Office for Victim Assistance through the 1984 VOCA grant from the OVC, OJP and the U.S. Department of Justice.

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If you or someone you love has been affected by violence, hatred or abuse help is available.

Victim Resource Center

Victim Resource Center (VRC) is a free service of Cambridge Health Alliance.

 **CHA** Cambridge
Health Alliance

Victim Resource Center

The Victim Resource Center (VRC) provides free, confidential clinically informed advocacy services to individuals affected by violent crimes such as:

- Domestic violence
- Sexual abuse
- Stalking & harassment
- Family violence
- Homicide
- Assault
- Hate crimes
- Political violence
- Labor exploitation and trafficking

Trauma-Informed Services

- Crisis intervention
- Risk assessment
- Safety planning
- Needs assessment
- Information & referral
- Coordination with local, state and federal victim service agencies, law enforcement and legal services
- Resiliency and skills-based groups
- Consultation to health care and service providers

VRC Victim Services Specialists work part time and are available during regular business hours by calling **617-665-2992**.

For urgent or after-hours matters involving **Domestic Violence**, contact SafeLink's 24 hour multilingual hotline at: **1-877-785-2020**.

For urgent or after-hours matters related to **Sexual Assault**, contact Boston Area Rape Crisis Center (BARCC) at their 24-hour hotline: **617-492-7273** or **1-800-843-8371**.

For additional resources and information, you can access our website: www.challiance.org/VictimResourceCenter

Interpreter Services are available through Cambridge Health Alliance

