Child & Adolescent Psychiatry

FELLOWSHIP PROGRAM 2012–2013

CAMBRIDGE HEALTH ALLIANCE

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OTHER TRAINING PROGRAMS:

- **Adult Psychiatry Residency Program**
  Marshall Forstein, MD, Director
- **Geriatric Psychiatry Fellowship**
  Stephen Pinals, MD, Director
- **Consultation-Liaison Fellowship**
  Robert Joseph, MD, Director
- **Clinical Psychology Internship Program**
  Kimberlyn Leary, PhD, Director

Cambridge Health Alliance

HARVARD
MEDICAL SCHOOL
TEACHING AFFILIATE

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THE TRAINING PROGRAM IN CHILD AND ADOLESCENT PSYCHIATRY

Cambridge Health Alliance and Its Mission

Since 1964, the Cambridge Hospital (now Cambridge Health Alliance, or CHA) has provided a model of innovative community-oriented healthcare in which trainees from all psychiatric disciplines have developed their skills. The CHA mission is to improve the health of the Massachusetts communities we serve. As a safety-net healthcare system, CHA has been on the cutting edge of healthcare reform, and has received national recognition for its innovative work. In 1988, the Victims of Violence Program at CHA received the Gold Award from the American Psychiatric Association for innovative hospital and community service. In 1993, CHA was honored with the Foster G. McGraw Prize for service to the community. In 2001, CHA received three Safety Net awards for Open Access Patient Scheduling, Domestic Violence Programming, and Cultural and Linguistic Competency. In 2001, the Robert Woods Johnson Foundation selected CHA as one of seven healthcare systems for a "Pursuing Perfection" grant to transform healthcare delivery. In 2003, CHA was again honored with APA's Gold Award, this time for its innovative work in providing a restraint-free environment on its child inpatient psychiatric unit. In 2007, the National Association of Public Hospitals and Health Systems presented the Chair Award to CHA for its integrated medical student clerkship program. And in 2009, CHA was selected as a national best practice site for team development by the Commonwealth Fund Safety Net Medical Home transformation initiative.

As part of its 2015 strategic planning process, CHA is poised to become an Accountable Care Organization. This "medical home" model would involve CHA receiving global insurance payments from private, state and federal insurers in exchange for providing integrated care to a community of patients. The planning and implementation for this model is actively underway with the initial focus occurring on the side of adult medical and mental health care; child services will be phased in over time. This model will enhance our ability to focus on preventative care and well as treatment, and offer earlier interventions for the children and families we serve.

Child Psychiatry at CHA

Child psychiatry services are delivered through CHA hospitals but also, very importantly, through our community- and school-based clinics. Our Child Psychiatry Faculty is devoted to helping children, adolescents and families from diverse and underserved populations and has expertise in psychotherapy and psychopharmacology, many different kinds of consultation, multicultural issues, and public sector systems of care. In addition to our wealth of current services, developing areas of clinical focus are: child psychiatry/pediatrics collaborative care; infancy and early relationship support; eating disorders; and preschool consultation.

CHA Training in Child Psychiatry

Training and education are key elements of CHA's mission. The CHA child psychiatry fellowship training program has its roots in psychodynamic and psychoanalytic therapies, as well as multiculturalism and community-based care.. It continuously incorporates new treatment modalities within our field into the training program within the frame of biopsychosocial treatment. Our values include training highly ethical, independent and responsible physicians who will give excellent psychiatric care to children and families using an integrative approach to child psychiatry that fits the needs of the individual patient and families.

The two-year training program includes a combination of didactics and clinical rotations. Currently, eight to ten hours a week are protected for didactic learning. Weekly seminars cover a variety of topics pertinent to our field. Clinical rotations occur throughout both years. The first year is divided into 5 approximately 10-week blocks with primary rotations in adolescent inpatient, child inpatient, psychiatric emergencies, consult-liaison, (which includes both inpatient and outpatient consultation) and elective. In addition, briefer rotations within each block focus on issues such as developmental disorders, eating disorders, neuropsychological testing and preschool-age development. Also in the first year, trainees begin their longitudinal outpatient experience in both psychotherapy and psychopharmacology. Finally, the first year fellows rotate through the outpatient diagnostic evaluation team to begin to learn the skills needed to conduct outpatient assessments

The second year focuses on seeing a diverse outpatient population for a full range of outpatient treatments including individual therapy, family therapy, cognitive-based therapy, psychopharmacology and group therapy. In addition, second-year fellows have rotations in pediatric neurology, forensics, and school consultation in one of the Cambridge public schools. Seven hours a week throughout the second year is available for elective time and scholarly activity. All second-year fellows complete a Clinical Scholarship Project.

The Training Program in Child and Adolescent Psychiatry at Cambridge Health Alliance recruits five fellows per year. Interested applicants should submit an application in writing using the joint application form of the three Harvard Medical school affiliated training programs in child and adolescent psychiatry after July 15th. Interviews begin in September and run through the beginning of December. Decisions are made by mid-December for the following training year. We accept fellows only after their PGY-III year of training (or beyond) who have passed USMLE III. Our program participates in the NRMP match for fellows in Child and Adolescent Psychiatry. We are an equal opportunity employer and training program and seek to recruit minority trainees and faculty members who will assist us in providing services to minority groups in our community.

ROTATIONS

Content Overview of the Cambridge Health Alliance Child & Adolescent Psychiatry Training Program:

FIRST YEAR

INPATIENT
Child Assessment Unit (CAU)
• Child Inpatient, Cambridge Hospital (30 hours/week for 10 weeks)

Adolescent Assessment Unit (AAU)
• Adolescent Inpatient, Cahill 3, Cambridge Hospital (30 hours/week for 10 weeks)

PSYCHIATRIC EMERGENCY SERVICES (PES)
• Emergency room, (Cambridge Hospital, (19 hours/week for 10 weeks)
• Community Service Agency (Cambridge Youth Guidance, 5 hours/week for 10 weeks)
• Neuropsychological testing observation (Cambridge Hospital, 3 hours/week for 10 weeks)

CONSULTATION/LIAISON
• Inpatient consultation, Floating Hospital for Children/Tufts Medical Center, Boston (16 hours/week for 10 weeks)
• Outpatient consultation, MIT Pediatric Clinic, Cambridge (4 hours/week for 10 weeks)
• Preschool consultation, Soldier's Field Park Children's Center, Cambridge
(2.5 hours/week for 10 weeks *during the Elective Block)*
• Consultation to State Agencies (Depts. of Mental Health and Children and Families, various locations (3 hours/week for 10 weeks)

ELECTIVE AND SCHOLARLY ACTIVITY
• Independent clinical and scholarly activity time (site and hours vary, 8 weeks)
• Developmental disorders, office of Karen Levine, PhD (2.5 hours/week for 10 weeks)
• Preschool Children: Clinical Issues and Normal Development (1.5 hours/week for 8 weeks)
• Eating disorders, Cambridge Eating Disorder Center (11.5 hours/week for 2 weeks)
• Evaluation team (3.5 hours/week for 10 weeks)

OUTPATIENT (Cambridge Hospital Macht Building)
• Psychotherapy (individual, group and family, 3 hours/week for 52 weeks)
• Precepted psychopharmacology clinic (2.5 hours/week for 52 weeks

ROTATIONS: FIRST YEAR

I. INPATIENT

• Child Assessment Unit (CAU), Cambridge Hospital - 10 weeks

This clinical experience gives fellows a chance to work with multidisciplinary staff, gain experience negotiating outside systems such as the Department of Children and Families, Department of Mental Health, and the newly-developed services under the umbrella of the Children's Behavioral Health Initiative. Fellows work in multidisciplinary teams and develop assessment and treatment skills with oversight and supervision, both in a "split-treatment" model and as the primary provider. The Cambridge Hospital CAU opened in 1989 and houses 13 acute inpatient beds. Patients range in age from 2 to 13; approximately 30% are from Cambridge and Somerville, while 70% are drawn from a wider geographic area. The patients represent a diverse ethnic and cultural mix and present with a wide range of diagnostic problems. The unit has been involved in a major research project with Ross Greene, PhD, using his Collaborative Problem Solving approach to manage aggressive behavior and eliminate the use of restraint and seclusion. The unit has also has developed a family-centered model of care.

In addition to learning inpatient care, fellows have seminars in family systems consultation and interviewing and case formulations. Teaching opportunities include supervising medical students, adult psychiatry and pediatric residents.

• Adolescent Assessment Unit (AAU), Cahill 3, Cambridge Hospital - 10 weeks

The rotation provides a rich and diverse clinical experience and a chance to work with multidisciplinary staff in a team format, both as primary provider on the case and as the medication consultant. Fellows gain experience negotiating outside systems and presenting evaluations in teams and to outside providers in systems meetings.

This unit has 14 inpatient beds. Patients range from 12 to 19 years, with approximately 50% of patients from the local Cambridge/Somerville area and 50% from further away. The patients represent a diverse ethnic and cultural mix.

Educational activities include interview and case formulations conference; weekly family therapy case conference; and a substance abuse and dual diagnosis seminar. Teaching opportunities include: Supervising medical students, adult psychiatrists and pediatric residents,

II. OUTPATIENT

The Cambridge Hospital Child and Adolescent Outpatient Service is located at the Macht Building and provides evaluation and treatment to children from ages 3 to 18 The clinic handles approximately 8,500 visits per year.. The cultural and ethnic mix of patients includes Latino, Haitian, and Portuguese and deaf and hard-of-hearing children.

In addition to Macht, children and adolescents are seen by our staff at local schools and in neighborhood health centers.

• Evaluation Team Clinic

First-year fellows spend 10 weeks during their PES and second-year fellows spend 13 weeks participating in a 3-hour intake process as part of the multidisciplinary Evaluation Team. First-year fellows learn the skills of conducting an outpatient evaluation of children, adolescents and families through faculty

observation and feedback either in-person or through a two-way mirror during the first year. Videotaped parental and family consultations are also provided.

• Outpatient Clinic

Fellows learn how to provide psychotherapy and psychopharmacology to diverse populations. The essential experience includes family work, individual psychodynamic psychotherapy, supportive and cognitive/behavioral interventions, consultation with community agencies and schools, and general clinical management.

First year fellows carry three therapy hours a week primarily for psychotherapy but also for evaluations, family work, and ongoing management. First-year fellows receive a minimum of 2 hours of weekly outpatient supervision.

• Precepted Psychopharmacology Clinic

The 2.5 -hour psychopharmacology clinic is devoted to the medication management of patients in a split treatment model. It is precepted by an attending child psychiatrist who helps with diagnostic interviewing and treatment planning, answers any questions the trainee may have, and guides fellows' self-directed learning about evidence-based treatments in clinical practice. Preceptors provide feedback on interviewing skills and documentation. Current preceptors are Sandra DeJong, MD, Fida Hassan, MD, and Susan Walker, MD.

III. PSYCHIATRIC EMERGENCY SERVICE

The Cambridge Hospital's Psychiatric Emergency Service is the entry point for all acute psychiatric services, and also provides evaluation, urgent treatment, and community outreach to children, adolescents, adults, and families. Patients are children and adolescents aged 18 and under. Evaluations/assessments are directed at determining patient needs for acute stabilization and appropriate/least restrictive level of care. Fellows spend 19 hours a week for 10 weeks on this rotation. Cases in this rotation are supervised by a child and adolescent attending psychiatrist who interacts with the Medical Director and Staff Psychologists, social workers and other experienced clinicians in Emergency Services. Faculty supervision is available for each case seen.

The Community Service Agency (CSA) rotation at The Cambridge Youth Guidance Center introduces fellows to working in a community mental health center. The CSA rotation aims to introduce residents to the Massachusetts' Child Behavioral Health Initiative (CBHI), a statewide reform of public child mental health care. Residents participate in evaluating children and families, and developing a comprehensive treatment plan using the concept of wraparound services. Becoming more familiar with community-based resources, working within a multidisciplinary treatment team, and acting as a psychiatric consultant in a community setting are also critical goals of this rotation.

• Neuropsychology

During the PES block, fellows spend one morning a week learning about neuropsychological testing of children with Laura Gaugh, PhD. They observe her perform neuropsychological testing with children and adolescents and participate in the feedback sessions with families.

IV. CONSULTATION/LIAISON

• Inpatient C/L

The Floating Hospital for Children in downtown Boston is a 100-bed, pediatric, tertiary-care hospital within **Tufts Medical Center**. CHA Fellows rotate at the hospital with Tufts Child and Adolescent Psychiatry Fellows performing inpatient consultations on children and adolescents who have a wide range of concerns including psychological difficulties associated with pediatric illness, unexplained somatic symptoms, child abuse and neglect, pain management and problems managing chronic illness. All fellows have individual, once weekly supervision with John Sargent, MD, Chief of Child and Adolescent Psychiatry at Tufts, and/or the consultation-liaison attending.

• Outpatient C/L

The Outpatient Pediatric Clinic at the Massachusetts Institute of Technology (MIT) Health Services provides pediatric care to the children of students, faculty and general employees at the Institute. Fellows spend one afternoon (4 hours) a week for 10 weeks seeing children and families referred by their MIT pediatrician for a variety of psychiatric concerns. Fellows have an opportunity to learn about the consultative frame in general and consultation to pediatricians in particular, and to pick up one case for outpatient follow-up at their Cambridge Hospital clinic. The rotation supervisor is Dr. Sherry Bauman.

• Preschool Consultation

The Soldiers Field Park Children's Center in Cambridge is attended by 73 healthy children ranging in age from 2 months to 5 years. They are primarily children of Harvard University faculty, staff and graduate students. TThis consultation is supervised by a child psychiatrist, Jeanne Heiple, MD, PhD.

Fellows spend 2 hours a week for 10 weeks on this rotation. The experience allows the fellows to observe "normal" preschool children in group, act as a consultant in a preschool setting, and consider the issues involved in acting as a consultant. During this rotation, the fellow has no direct clinical responsibility. Fellows provide a 1-hour in-service teaching session to staff at some point during the rotation.

• Systems Consultation to State Agencies

The MA Department of Mental Health (DMH) is a state agency that sets the standards for the operation of mental health facilities and community residential programs and provides clinical, rehabilitative, and supportive services for adults and children with serious mental illness or serious emotional disturbances. The Department for Children and Families (DCF) is the child welfare agency in Massachusetts. During this 10-week rotation, first year child psychiatry Fellows will spend 3 hours a week accompanying the faculty during weekly consultations to DMH and DCF at various sites within our catchment area.

Fellows will be supervised by Dr. Nandini Talwar. During the consultation, case managers present complex cases, and trainees learn about services and opportunities provided by state agencies; criteria for eligibility for services from state agencies; the process of investigation and assessment for allegations of abuse and neglect; as well as the various dilemmas and limitations faced by agencies when working with families and clients. Fellows will also participate in meetings with DMH psychiatrists and other state clinical workers to discuss a variety of topics including high-risk and complicated cases, changes and trends in the mental health system in MA, and other important issues related to public mental health care for children.

ELECTIVE/SCHOLARLY ACTIVITY

• Independent clinical/scholarly activity
This rotation provides 10-15 hours per week for 10 weeks of undesignated time so that fellows can pursue clinical or scholarly activities in their own particular area of interest(s).

• Eating Disorders
The **Cambridge Eating Disorders Clinic (CEDC)** is an intensive outpatient and residential treatment center for adolescents with a variety of eating disorders. Treatment consists primarily of group therapy. Fellows spend 11.5 hours over 2 weeks working on an adolescent partial hospitalization unit as well as an adolescent residential program. The rotation includes doing assessments, working with individual patients and participating in groups.

• Developmental Disorders/Mental Retardation
Fellows spend approximately 2.5 hours a week for 10 weeks during the Elective rotation observing evaluations at the office of Dr. Karen Levine, a developmental neuropsychologist, in Lexington. The experience gives fellows exposure to a range of developmental disorders, with or without mental retardation, and to various systems of care for these children and adolescents.

- **Preschool Children: Clinical Issues and Normal Development**

Fellows spend one morning a week with child psychiatrist Margaret "Polly" Gean, MD, doing consultations with preschoolers and their families. Fellows deepen their understanding of normal development at this stage of life, and learn to distinguish it from clinical pathology.

Content Overview of the Cambridge Health Alliance Child & Adolescent Psychiatry Training Program:

SECOND YEAR OUTPATIENT CLINIC
• Evaluation team (3.5 hours/week for 26 weeks), Cambridge Hospital
• Psychotherapy (individual, group and family, 10 hours/week for 52 weeks), Cambridge Hospital
• Precepted psychopharmacology clinic (3 hours/week for 52 weeks), Cambridge Hospital

CONSULTATION/LIAISON
• School consultation, Cambridge/Somerville public schools (3 hours/week for 40 weeks)
• Forensic consultation, Middlesex Probate/Family Court and Middlesex Juvenile Court Clinic, Cambridge (4 hours/week for 26 weeks)

PEDIATRIC NEUROLOGY
• Neurological evaluation, LADDERS, Lexington, MA (4 hours/week for 10 weeks)

ELECTIVE/SCHOLARLY ACTIVITY
• Independent Clinical/Scholarly Activity Time (1 day/week for 52 weeks)

ROTATIONS: SECOND YEAR
I. Outpatient
The CHA Child and Adolescent Outpatient Service provides evaluation and treatment to children from ages 3 to 18. These children are most commonly diagnosed with conduct disorders, Depression, Post-Traumatic Stress Disorder, Oppositional Defiant Disorder, Attention Deficit Disorder, and Adjustment Disorders. School behavioral problems, learning disabilities, physical or sexual abuse, and family disorganization are frequently part of the clinical picture. The cultural and ethnic mix of patients includes Latino, Haitian, and Portuguese.

The Child Ambulatory Service handles approximately 8,500 visits per year. Among the components of the service are a psychotherapy clinic, a psychopharmacology clinic, and a small clinic for deaf and hard-of-hearing children. In addition, services are provided within both school and neighborhood health centers.

Team Evaluation Clinic
Second-year fellows spend 3 1/2 hours weekly for 20 weeks as senior members of the Evaluation Team providing outpatient evaluations. The clinic provides an opportunity for fellows to consolidate their skills in diagnostic interviewing, treatment planning, and working within a team setting. It also provides increased opportunity for fellows to teach and mentor first-year fellows, general psychiatry residents, and medical students.

• Outpatient Clinic
Second-year fellows continue their work in evaluating and treating children and families. The emphasis is on a flexible approach and increasing fellows' breadth and depth in using treatment modalities. The fellows are expected to have a minimum of eight clinical hours of outpatient psychotherapy, including co-leading a weekly outpatient group.

Second-year fellows have 3-4 hours of weekly outpatient supervision. This includes 2 hours of individual supervision for psychotherapy in addition to group CBT supervision, group supervision for groups, and group supervision for school consultation.

• Precepted Psychopharmacology Clinic
As in the first year, second-year fellows spend approximately 3 hours a week all year in a clinic for patients seeking psychopharmacology evaluations and medication management. Dr. Debra Rosenblum and Dr. Nick Carson are the clinic preceptors, and are available to see patients, answer any questions, and discuss cases with the fellows.

Preceptors provide feedback on interviewing skills and documentation.

II. School Consultation
The Cambridge and Somerville Public School systems serve a diverse ethnic and socioeconomic community from kindergarten through grade 12. Elementary to high school students, faculty, and families are offered the benefit of psychiatric input from consultations geared to support and enhance academic performance. Child psychiatry fellows spend three hours per week for 9 months in consultation to a diverse ethnic and cultural public student population in either an elementary or high school setting. This rotation is supervised by Nancy Rappaport, MD, Director of School Programs.

III. Forensic Consultation

• Probate and Family Court
The Family Service Clinic is a department of the Middlesex Probate and Family Court. located one mile from the Cambridge Hospital campus. The clinic staff performs comprehensive evaluations of families following parental separation in which custody and visitation of minor children are disputed issues. The rotation supervisor is Barbara Hauser. Educational activities include: introduction to the Probate and Family Court, including observation of court proceedings and the provision of testimony during these proceedings; multiple diagnostic interview sessions with referred children and parents; review of collateral documents; and completion of a comprehensive report for the court, concluding with recommendations.

• Juvenile Court
Adolescent Consultation Services (ACS) is a private non-profit agency, which operates the Juvenile Court Clinics for the Middlesex County Juvenile Courts.Educational activities include: multiple diagnostic interview sessions with the entire family and the referred youth; review of collateral documents; completion of comprehensive report (delinquency, Child in Need of Services, or Care and Protection case) for the court, concluding with realistic recommendations; introduction to the juvenile court setting and staff including judges and probation officers; observation of juvenile court; and, opportunity to give testimony.

The rotation supervisor is Rebecca Pries, CAGS, LMHC.

IV. PEDIATRIC NEUROLOGY
Fellows spend one morning a week for 10 weeks at the Lurie Center in Lexington, MA. learning to take a pediatric and neurological history with a particular emphasis on birth and early development. Fellows review and perform a neurological evaluation, including cranial nerves, motor (fine motor, gross motor, balance), sensory, and mental status assessments. Fellows are taught and expected to dictate a

complete report on the patients they have evaluated which are then reviewed by the supervising neurologists, Dr. Margaret Bauman and Dr. Ann Neumeyer.

V. INDEPENDENT CLINICAL/SCHOLARLY ACTIVITY

Fellows have approximately one day a week in the second year to pursue clinical activities according to their particular interests, and to complete a scholarly project. Fellows may either develop their own elective experience or choose from a selection offered by our faculty (see below). The elective may or may not pertain to the same material as the scholarly project. In the past, fellows have chosen a wide range of activities and projects, including making a video about toddler and preschool development; conducting a pilot research project of treatment for weight gain in adolescents on neuroleptics; and developing a school-based curriculum on cyber bullying.

Examples of elective options currently offered by our faculty:

Center for Multicultural Mental Health Research
Mentor: Nicholas Carson, MD

Child Mental Health and Social Policy Elective
Mentor: Katherine E. Grimes, MD, MPH

Collaborative Practice with Primary Care
Mentor: Katherine Grimes, MD, MPH

Cross Cultural Perspectives on the Caregiving Relationship
Mentor: Alexandra Murray Harrison, MD

Dearborn Academy: Therapeutic School Rotation
Mentors: Xenia Johnson Bhembe, MD, and Joel Goldstein MD

Developmental Psychology and Psychopathology Research
Mentors: Ayelet Barkai, MD, and Judith Crowell, MD

Family Service Clinic, Cambridge Court Clinic
Mentors: Barbara Hauser, LICSW, and John Baker, PhD

Infant Mental Health/Parent-Infant Psychotherapy
Mentors: Ann Epstein, MD, Sarah Birss, MD and Judith Arons, LICSW

Integration of Neurobiological, Developmental, and Psychoanalytic Understanding of Autistic Spectrum Disorders
Mentor: Alexandra Murray Harrison, MD

Neurobiological, Psychosocial, and Developmental Aspects of Trauma in Childhood
Mentor: Maria C. Sauzier, MD

Play with Preschool Children: Videotape Observation
Mentor: Alexandra Murray Harrison, MD

Research Project on the Risk Factors for Readmission to Inpatient Psychiatric Services for Children and Adolescents
Mentors: Jacob Venter, MD and Joel Goldstein, MD

Safety Net for at Risk Youth
Mentor: James Barrett, PhD

Trauma-Focused Cognitive Behavioral Therapy
Mentor: Christopher Pagano, PhD

CLINICAL SCHOLARSHIP EXPECTATIONS DURING TRAINING

The Accreditation Council of Graduate Medical Education (ACGME) requires that all training programs meet standards in the area of scholarship. According to the guidelines, faculty is responsible for ensuring there is an environment of inquiry and scholarship. Scholarship is required of both faculty and residents. In the Department of Psychiatry at Cambridge Health Alliance and at Harvard Medical School, scholarship is defined broadly and may include the scholarship of discovery, the scholarship of integration, the scholarship of teaching, and the scholarship of application. Faculty provide guidance and technical support residents.

The scholarship requirement of the child psychiatry fellowship program is designed to meet the ACGME requirements and provide flexibility for residents to pursue special scholarly interests. While all clinical service experiences, supervision, and seminars are an integral part of developing scholarship, specific components are intended to address the development of attitudes, skills and behaviors that lead to a potential academic career. These are:

1. Introduction to Research, Summer Seminar, First Year
2. Clinical Scholarship Seminar, Sept-June, both years; Critical Evaluation of a paper in answer to a clinical, PICO-based question in the First Year; presentation for scholarship requirement in Second Year.
3. Presentation during Preschool c/l Rotation, Eating Disorder rotation, and Harvard Consolidated Seminar in First Year
4. Option of preparing a poster for Mysell Research Day.
5. Completion of scholarly project during Second Year elective time

SEMINARS AND DIDACTICS

A unique feature of our didactics is the **Harvard Consolidated Program**. In this program, for both the first and second years of training, all the fellows in the Harvard-affiliated child psychiatry training programs (MGH/McLean, Children's Hospital and Cambridge Health Alliance) come together to participate in a 3-hour didactic session made up of two core seminars, Normal Development and Developmental Psychopathology.

FIRST-YEAR SUMMER SEMINARS

Research and Scholarly Activities – Nick Carson, MD
Systems Issues – Joel Goldstein, MD
Normal Development – Susannah Sherry, MD
Introduction to Child Psychiatric Illness – Christine Wittmann, MD and Theo Murray, MD

Pragmatics of Child Psychiatry – Sandra DeJong, MD and CHA Faculty
Introduction to Pediatric Psychopharmacology – Sandra DeJong, MD

FIRST-YEAR SEMINARS: September– June
Clinical Scholarship (with second-years) - Nick Carson, MD, Sandra DeJong, MD
Harvard Consolidated Program:
Normal Development – Maria Sauzier, MD, Karlen Lyons-Ruth, PhD, Enrico Mezzacappa, MD,
Introduction to Pediatric Psychopathology - Maria Sauzier, MD and Harvard faculty Introduction to Child Evaluation

- Setting the Frame – Margaret "Polly" Gean, MD
- Play – Margaret "Polly" Gean, MD
- Trauma – Maria Sauzier, MD

School C/L - Nancy Rappaport, MD
Medical C/L – CHA Faculty
Forensics – Barbara Hauser, LICSW and Adam Rosen, JD, PhD
Parenting – Susannah Sherry, MD, and Ann Hess, MD
Family Therapy - Jill Harkaway, EdD and Carol "Corky" Becker, PhD
Pediatric Psychopharmacology – Sandra DeJong, MD and visiting faculty

SECOND-YEAR SUMMER SEMINARS
Administrative Issues – Katherine Grimes, MD
Learning How to Teach – Sandra DeJong, MD
Culture and Community – Xenia Johnson, MD
Infancy and Attachment: Clinical Implications – Sarah Birss, MD, and Ann Epstein, MD
Integrated Child Psychiatric Assessment – Judy Howe, LICSW

SECOND YEAR SEMINARS: September-June
Clinical Scholarship (with first-years), - Nick Carson, MD and Sandra DeJong, MD
Psychodynamic Psychotherapy and other topics - Peter .Chubinsky, MD; Timothy Dugan, MD, Anna Ornstein, MD, Cynthia Telingator MD; John. Wechter, EdD, and Alex Harrison, MD
DBT Basic Skills - Dianna Lesanto, LICSW
School Supervision – Nancy Rappaport, MD
Group Supervision – Adele Pressman, MD
Continuous Psychotherapy Case Conference – Neal Kass, MD and Cindy Telingator, MD
Transitions to Practice – Joel Goldstein, MD
Cognitive Behavioral Therapy – Jeanne Strassburger, PhD
Substance Abuse - Jan Kauffman, RN
Family Therapy Selective – Jill Harkaway, EdD

In addition to the above seminars, first- and second-year fellows meet at least monthly with the training directors to discuss training issues and meet monthly with a facilitator Laurie Raymond, MD, for a peer support group.

Family Therapy Training, CHA
Family Therapy is often a core component of any successful psychiatric treatment of a child or adolescent. The guidelines of the Accreditation Council of Graduate Medical Education, the Practice Parameters of the American Academy of Child and Adolescent Psychiatry, and the recommendations of the Group for the Advancement of Psychiatry Committee on the Family all underscore the role of

working with families. To this end, the Child and Adolescent Training Program at Cambridge Health Alliance offers a wide range of Family Therapy training opportunities. These opportunities aim to provide residents with a basic conceptual understanding of family therapy as well as a range of experiences across treatment settings with different kinds of families and family issues.

In the first year, residents are required to participate in a year-long seminar in Family Therapy which introduces Family Therapy theory, assessment, and intervention. The seminar consists of didactics and observation of family consultations using a one-way mirror. The focus is on acquiring basic knowledge, skills, and attitudes in working with family systems. This seminar is taught by Jill Harkaway, Ed.D. and Carol Becker, Ph.D. In the second year an elective advanced seminar is available. This seminar, taught by Jill Harkaway and Cynthia Mittelmeier, Ph.D., provides clinical training in Family Therapy through case consultation and/or live supervision using a one-way mirror. In addition, an elective in clinical training, utilizing live supervision with a one-way mirror is available to second year residents. Case supervision is also offered by all members of the faculty.

Residents also participate in inpatient Family Consultations conducted on both the Child Assessment Unit and the Adolescent Assessment Unit, by Barbara Okun, Ph.D. and Cynthia Mittlemeier, Ph.D.

THE TRAINING OFFICE

Cynthia Telingator, MD
Assistant Professor in Psychiatry, Harvard Medical School Training
Director, Division of Child and Adolescent Psychiatry

Cynthia Telingator, MD, completed her training in Adult Psychiatry, as well as Child and Adolescent Psychiatry, at The Cambridge Hospital. While she was in training, she became involved with treating a child whose parents were affected by HIV. She began working more intensively with this patient population over the next ten years. She started a clinic for children infected with HIV within The Cambridge Hospital's Zinberg (HIV) Clinic, and has spoken and written about her clinical experiences working with these children and families.

In 1997, she began as Director of Outpatient Services and moved into the position of Director of Child and Adolescent Training in 2000. Current academic interests include issues of gender and sexuality, alternative and contemporary families, preventive community care, trauma, and psychiatric training and education.

Sandra DeJong, MD
Instructor in Psychiatry, Harvard Medical School
Associate Training Director, Division of Child and Adolescent Psychiatry

Dr. DeJong trained in pediatrics and General Psychiatry at the University of Massachusetts Medical Center in Worcester, MA, and in Child and Adolescent Psychiatry at Massachusetts General and McLean Hospitals. She has worked in an outpatient community hospital setting providing consultations and medication management to patients referred from pediatricians, as well as inpatient child psychiatry consultation and private practice. In addition, she served as co-Investigator with Dr. Jean Frazier on an NIMH-funded multi-site research project in the treatment of early-onset psychosis, and has written about the use of antipsychotic medications in children.

In the fall of 2004, Dr. DeJong assumed the position of Associate Training Director in the Division of Child and Adolescent Psychiatry. Current academic interests include neurodevelopmental disorders, professionalism and the Internet, and psychiatric education.

Dorothy Boyle
Training Coordinator
Division of Child & Adolescent Psychiatry

Dorothy Boyle graduated from the University of Maryland, College Park with a BS in Business Administration. She joined the CHA in the fall of 2009. Dorothy's previous positions include Administrator for the Division on Aging at Harvard Medical School, Program Manager in the Harvard University Health Services, and Administrator for a MacArthur Foundation Program.

CLINICAL AND RESEARCH LEADERS

Margarita Alegria, PhD
Professor, Harvard Medical School
Director, Center for Multicultural Mental Health Research

Dr. Alegria and her staff at the Center for Multicultural Mental Health Research conduct mental health services research that aims to help shape policy, practice and service delivery to reduce disparities and improve the well-being of multicultural populations. Dr. Alegría is currently the Principal Investigator of the Advanced Center for Latino and Mental Health Systems Research, funded by the National Institute of Mental Health (NIMH), which focuses on understanding the factors affecting mental health service disparities for multicultural populations and generating the research and knowledge to eliminate them. Dr. Alegria is also Principal Investigator of a NCMHD-funded Challenge Grant titled "Reducing Ethnic and Racial Bias in Screening for Psychiatric Disorders in Adolescents." She serves as co-Principal Investigator of the NCMHD-funded UPR-CHA Research Center of Excellence, a disparities center grant with the goal of generating and testing interventions that can remedy service disparities.

Nicholas Carson, MD, FRCPC
Instructor in Psychiatry, Harvard Medical School
Research Associate, Center for Multicultural Mental Health Research

Dr. Carson is a graduate of the child psychiatry fellowship at Cambridge Health Alliance and completed residency training in psychiatry at the University of Pennsylvania. His research in mental health services for multicultural communities has explored the quality and social determinants of mental health treatment among Haitian, African American, and white youth. He is currently an investigator on the Right Question Project-Mental Health study, a multi-site randomized controlled trial of a bilingual patient activation intervention for adults in mental health treatment. Dr. Carson also studies and has presented on the effects of mass media on the mental health of youth and families. Dr. Carson is a teacher of the summer Scholarly Activities course for first-year fellows, and he co-leads the Clinical Scholarship course for first and second-year fellows.

Joel Goldstein, MD
Assistant Professor of Psychiatry, Harvard Medical School
Chief, Division of Child and Adolescent Psychiatry; Associate
Chief for Clinical Services, Division of Child and Adolescent Psychiatry;
Acting Chief for Clinical Services, Division of Child and
Adolescent Psychiatry

Joel Goldstein, MD, completed his training in General Psychiatry at The Massachusetts Mental Health Center in 1990 and his training in Child and Adolescent Psychiatry at The Cambridge Hospital in 1992. He has pursued his interest in community psychiatry and systems of care during the course of his career. Dr. Goldstein served as Medical Director of the Child Assessment Unit at the Cambridge Hospital and later became the Director of Intensive Services in Child and Adolescent Psychiatry at Cambridge Health Alliance. He served as the Medical Director at The Home for Little Wanderers from 2001 to 2005. Dr. Goldstein returned to Cambridge Health Alliance in November 2005 to assume his current role.
Dr. Goldstein has also maintained a strong interest in psychotherapy and outpatient practice. He has worked in private practice since 1992.

Judith Howe, LICSW
Teaching Associate, Harvard Medical School
Chief, Psychiatry Social Work
Director, Child and Adolescent Outpatient Psychiatry;
Chief, Psychiatry Social Work; Acting Director, Child Psychiatry Outpatient Services

Judith Howe completed her child/adult social work training at The Children's Hospital and Cambridge Health Alliance, and has additional training in clinical art therapy with children and families. She is an Advanced Candidate at the Advanced Training Program at the Boston Psychoanalytic Institute. Her administrative responsibilities include oversight of the Social Work Service and running the Child/Adolescent Psychiatric Outpatient Service. She has a clinical interest in adoption-related issues, as well as art as assessment and therapy, and family-based therapy.

Xenia Johnson Bembe, MD
Instructor in Psychiatry, Harvard Medical School
Director of Community Minority Affairs

Xenia Johnson, MD, completed a General Psychiatry residency at the Medical University of South Carolina and her child training at The Cambridge Hospital. Upon completing her training in Child Psychiatry in 2000, she worked as a staff psychiatrist on the Child Assessment Unit. Previously, Dr. Johnson was the Associate Director of Training for the Child and Adolescent Psychiatry Training Program, and she currently works as a consultant to the Cambridge and Malden Public School systems. In addition, she has worked as a community child psychiatrist for underserved populations in Massachusetts. Dr. Johnson's interests led her to create a biracial girls group focusing on the challenges facing teenaged girls around identity formation.

Nancy Rappaport, MD
Associate Professor of Psychiatry, Harvard Medical School
Director of School Programs

Nancy Rappaport, MD, completed her General Psychiatry Training at the Massachusetts General Hospital and her Child & Adolescent training at The Cambridge Hospital. Her particular passion is training child psychiatrists to provide support to students and teachers. Particular research interests are in community based participatory research (with schools), understanding and providing safety assessments of aggressive students, refining CBT for traumatized adolescents, and writing for publication. She published a memoir, *In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide*, in September 2009, and in 2012 with Jessica Minahan *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students.*

Debra S. Rosenblum, MD
Instructor in Psychiatry, Harvard Medical School
Acting Medical Director, Child Outpatient

Debra S. Rosenblum, MD completed her General Psychiatry training and her Child and Adolescent Fellowship at the Cambridge Health Alliance.

Currently she serves as the Acting Medical Director of the Outpatient
Department in the Division of Child and Adolescent Psychiatry and as a Preceptor for the Second Year Child Fellow Psychopharmacology Clinic. She has a particular interest in children's' relationship to popular culture and has published on this topic. She has also served on the Television and Media Committee of the American Academy of Child and Adolescent Psychiatry.

Jacob Venter, MD
Instructor in Psychiatry, Harvard Medical School
Director of Child and Adolescent Psychiatry Inpatient Services

Dr. Venter completed medical school in South Africa. He completed his Psychiatry Training at the Maricopa Integrated Health System in Phoenix, AZ and his Child and Adolescent Psychiatry training at Harvard Medical School/Cambridge Health Alliance. He spent a year at McLean Hospital, completing a child and adolescent neuropsychiatry fellowship with Dr. Jean Frazier, worked at MGH and became the Medical Director for the Adolescent Assessment Unit at CHA. He returned to Arizona to become the Associate Program Director in the Child and Adolescent Psychiatry Training Program prior to rejoining CHA in his current role.

Child and Adolescent Psychiatry Teaching Faculty – Cambridge Health Alliance

Margarita Alegria, PhD
Professor of Psychiatry, Harvard Medical School; Director for the Center of Multicultural Mental Health Research.
Academic Interests: Engagement, retention in care; provider-patient alliance; communication in clinical encounters; service disparities; clinical uncertainty; diagnostic calibration for multicultural populations.

Judith Arons, LICSW
Teaching Associate in Psychiatry, Harvard Medical School.
Academic interests: Parent-infant psychotherapy, application of infant research and attachment/intersubjectivity theory to psychoanalytic treatment of children, adolescents, individual adults and couples

John Baker, PhD
Clinical Instructor in Psychology, Harvard Medical School
Academic Interests: Children's reactions to divorce; children and families and bereavement; trauma and abuse; attachment and interpersonal theories.

Ayelet Barkai, MD
Clinical Instructor in Psychiatry, Harvard Medical School
Academic Interests: Adolescent Development; Gender Identity and Sexuality Development; Attachment; Psychoanalysis.

Sherry Bauman, MD
Clinical Instructor in Psychiatry, Harvard Medical School
Academic interests: College mental health, adolescence, impact of culture on the psychiatric encounter, attachment theory, internal family system paradigm

James Barrett, PhD
Instructor in Psychiatry, Harvard Medical School.
Academic Interests: Juvenile justice, police and mental health, at-risk boys and violence prevention.

Carol Becker, PhD
Instructor in Psychiatry, Harvard Medical School. Seminar leader, family therapy.
Academic Interests: Family therapy

Sarah Birss, MD
Clinical Instructor in Psychiatry, Harvard Medical School.
Academic Interests: Early emotional development, parent-infant psychotherapy, integration of attachment and psychoanalytic theories,
psychoanalytic treatment.

Gloria Carrera, MD
Instructor in Psychiatry, Harvard Medical School; Acting Medical Director, Adolescent Assessment Unit.

Nicholas Carson, MD, FRCPC
Instructor in Psychiatry, Harvard Medical School.
Academic Interests: mental health service disparities for ethnic minority youth, clinical scholarship during fellowship training, youth engagement
with media and technology

Peter Chubinsky, MD
Clinical Instructor in Psychiatry, Harvard Medical School
Academic Interests: Integrating psychopharmacological and psychotherapy treatments in children and adolescents; psychoanalytic psychotherapy of children and adolescents; psychotherapeutic implications of infancy research.

Michele Deneys, MD
Instructor in Psychiatry, Harvard Medical School.
Academic Interests: Inpatient psychiatry.

Timothy Dugan, MD
Assistant Clinical Professor of Psychiatry, Harvard Medical School.
Academic Interests: Suicide prevention; development of resilience.

Ann R. Epstein, MD
Instructor in Psychiatry, Harvard Medical School, Infant Parent Training Institute, Center for Early Relationship Support, Jewish Family and Children's Services.
Faculty, Boston Psychoanalytic Institute
Areas of interest: Psychoanalysis, Psychotherapy, Infant Development, Parent-Infant Psychotherapy

Lauren Esposito, PhD
Clinical Instructor in Psychiatry, Harvard Medical School.
Academic Interests: Clinical work with deaf children, adolescents, and adults, conducted in American Sign Language; teaching; psychodynamic psychotherapy.

Laura Gaugh, PsyD
Instructor in Psychiatry, Harvard Medical School.
Academic Interests: Neuropsychological testing, developmental disorders.

Margaret Gean, MD
Instructor in Psychiatry, Harvard Medical School.
Academic Interests: Psychoanalysis. Preschool issues, psychotherapy, diagnosis and evaluation.

Joel Goldstein, MD
Assistant Clinical Professor. Harvard Medical School. Associate Chief for Clinical Services. Acting Division Chief
Academic Interests: Inpatient care patterns and improvements for children and adolescents; community and family-based interventions in child
and adolescent psychiatry; fire-setting behaviors in children and adolescents. Systems of Care in Children's' Mental Health Services

Ross Greene, PhD
Associate Clinical Professor, Harvard Medical School
Academic Interests: Child psychopathology, school interventions, Cooperative Problem Solving.

Sanjay Gulati, MD
Clinical Instructor in Psychiatry, Harvard Medical School
Academic Interests: Clinical work with deaf children, adolescents, and families, conducted in American Sign Language; teaching; the effects of
late language exposure on the behavior of deaf children.

Jill Elka Harkaway, EdD
Clinical Instructor in Psychology, Harvard Medical School
Academic Interests: Family therapy; couples therapy; systems consultation.

Jennifer Harris, MD
Clinical Instructor in Psychiatry, Harvard Medical School
Academic Interests: College mental health, parent guidance, psychodynamic therapy, and mood dysregulation in children.

Treniece Lewis Harris, PhD
Instructor in Psychology, Harvard Medical School
Academic Interests: Adolescent mental health and multicultural issues in psychotherapy.

Alexandra Harrison, MD
Associate Clinical Professor in Psychiatry, Harvard Medical School; Training and Supervising Analyst at the Boston Psychoanalytic Society and
Institute.
Academic Interests: Evaluation and treatment of young children and their families. Videotape microanalysis of clinical work and teaching.

Fida Hassan, MD, MPH
Instructor in Psychiatry, Harvard Medical School.
Academic Interests: Inpatient Psychiatry, Autism Spectrum Disorders.

Barbara Hauser, LICSW
Lecturer on Psychiatry, Harvard Medical School; Director, Family Service Clinic, Middlesex Probate Court.
Academic Interests: Effects of divorce on children; parental conflict; clinical roles and interventions within legal settings.

Jeanne Heiple, MD, PhD
Clinical Instructor in Psychiatry, Harvard Medical School
Academic Interests: Child psychiatry consultation in the preschool setting; early childhood development.

Ann Hess, MD, PhD
Assistant Clinical Professor, Yale Child Study
Academic interest: interface with parents during child/adolescent psychotherapy.

Albert A. Hyman, MD
Clinical Instructor in Psychiatry, Harvard Medical School
Academic Interests: Psychotherapy; psychoanalysis; psychopharmacology.

Xenia Johnson Bembe, MD
Clinical Instructor, Harvard Medical School, Director of Community Minority Affairs for Pediatric Psychiatry
Academic Interests: Public Health Psychiatry; School and System Consultations; Disparities of Care in Pediatric Psychiatry

Neal Kass, MD
Clinical Instructor, Harvard Medical School.
Academic Interests: Integration of Therapeutics: Neuropsychiatric, Family, Psychodynamic, Psychoanalytic.

Elizabeth Koby, MD
Clinical Instructor, Harvard Medical School.
Academic Interests: Eating disorders.

Deborah Kulick MD
Clinical Instructor, Harvard Medical School.
Academic Interests: Domestic violence, homelessness, school-based treatment.

Dianna Lesanto, LICSW
Academic Interests: Dialectical behavioral therapy.

Karen Levine, PhD
Clinical Instructor in Psychology, Harvard Medical School
Academic Interests: Diagnosis, emotional development and behavioral challenges of children with Developmental Disabilities. School consultation regarding children with Developmental Disabilities and/or autism related issues

Karlen Lyons-Ruth, PhD
Associate Professor of Psychology, Harvard Medical School
Academic Interests: Trauma and social stressors on parent-child relationships over time and the effects of attachment-oriented parenting supports in therapeutic interventions.

Cynthia Mittelmeier, PhD
Clinical Instructor in Psychology. Harvard Medical School
Academic Interests: Family therapy

Carol Murphy, LICSW
Director, Care Coordination Services, Cambridge youth Guidance Center

Anna Ornstein, MD
Lecturer in Psychiatry, Harvard Medical School. Supervising Analyst at Boston Psychoanalytic Institute.
Academic Interests: therapeutic process, parenting and survival and recovery from extreme conditions

Christopher Pagano, PhD
Instructor in Psychology, Harvard Medical School
Academic Interests: Training. Play Therapy. Trauma and neglect. Psychological Testing.

Ava Bry Penman, MS
Lecturer on Psychiatry, Harvard Medical School
Academic Interests: psychoanalytically informed psychotherapy of children and adolescents and their parents/families; consultation to teachers
and schools, especially of very young children; college mental health issues.

Adele Pressman, MD
Clinical Instructor in Psychiatry, Harvard Medical School
Academic Interests: Group psychotherapy for children and adolescents, working with parents in groups, early childhood development,
adolescent transitions.

Rebecca Pries, CAGS, LMHC
Director, Adolescent Consultation Services, Middlesex County Juvenile Court.
Academic Interests: Learning disorders in court-involved adolescents.

Malak Rafla, MD
Instructor in Psychiatry, Harvard Medical School.
Academic Interests: Inpatient child/adolescent psychiatry.

Anjana Rajan, PsyD.
Instructor in Psychology, Harvard Medical School
Academic Interests: child acute services, school consultation, Psychodynamic psychotherapy,cross-cultural issues in child and adolescent treatment, inpatient family therapy, immigrant teens, risk assessment, psychological testing.

Nancy Rappaport, MD
Assistant professor of Psychiatry Director of School programs CHA
Academic Interests: School consultation, aggression and safety assessment in students, memoir writing.

Adam Rosen, JD, PhD
Clinical Instructor in Psychology, Harvard Medical School
Academic Interests: Modes of empathic communication in psychotherapy; therapist practices regarding communication with parents in families of divorce.

Debra S. Rosenblum, MD
Assistant Clinical Instructor in Psychiatry, Harvard Medical School; Child Psychiatrist, Acting Medical Director, Outpatient Service, CHA
Academic Interests: Popular culture; pervasive development disorders; obsessive-compulsive disorders.

Maria Sauzier, MD
Assistant Professor of Psychiatry, Harvard Medical School
Academic Interests: Responses to traumatizing childhood events.

Stephanie Smith, MA, MSW
Lecturer in Psychiatry, Harvard Medical School; Training and Supervising
Analyst, the Boston Psychoanalytic Society and Institute.
Academic Interests: Child, adolescent and adult psychoanalysis and psychotherapy.

Emily Speagle, LICSW
Senior Social Worker, Somerville Adolescent Inpatient Unit.
Academic Interests: Cross-cultural therapy.

Jeanne Strassburger, PhD
Teaching Associate in Psychiatry, Harvard Medical School.
Academic Interests: Cognitive-behavioral therapy in children and adolescents, integrative psychotherapy and skills building group therapy with children.

Nandini Talwar, MD
Clinical Instructor in Psychiatry, Harvard Medical School
Academic Interests: Gay, lesbian, bisexual, and transgendered youth; integration of mental health services with pediatric practices; major mental illness in children and adolescents.

Judy Tsafrir, MD
Instructor in Psychiatry, Harvard Medical School
Academic Interests: Psychoanalysis, Integrative/Holistic Psychiatry

Susan Walker, MD
Instructor in Psychiatry, Harvard Medical School.
Academic Interests: Psychotherapy and psychopharmacology.

John Wechter, EdD
Instructor in Psychology, Harvard Medical School.
Academic Interests: Psychotherapy of children and adolescents

Kerry-Ann Williams, MD
Instructor in Psychiatry, Harvard Medical School
Academic Interests: Community psychiatry, trauma, CBT.

FACULTY LIST – DIVISION OF CHILD AND ADOLESCENT PSYCHIATRY

Margarita Alegria, PhD
Judith Arons, MSW
Susan Ayers, LICSW
John Baker, PhD
Ayelet Barkai, MD
James Barrett, PhD
Margaret Bauman, MD
Sherry Bauman, MD
Carol Becker, PhD
Sarah Birss, MD
Elizabeth G. Brenner, LICSW
Lawrence Brown, PhD
Gloria Carrera, MD
Nicholas Carson, MD
Richard Chasin, MD
Peter Chubinsky, MD
Daphne Davidson, LICSW
Sandra DeJong, MD
Michele Deneys, MD
Ruth Drasin, PhD
Timothy Dugan, MD
Seda Ebrahimi, PhD
Marla Eby, PhD
Ann Epstein, MD
Dov Fogel, MD
Marshall Forstein, MD
Laura Gaugh, PsyD
Alicia S. Gavalya, MD
Margaret Gean, MD
Joel Goldstein, MD
Len Greenberg, PhD
Ross Greene, PhD
Katherine Grimes, MD
Sanjay Gulati, MD
Jill Harkaway, EdD
Jennifer Harris, MD
Alexandra Harrison, MD
Fida Hassan, MD, MPH
Barbara Hauser, LICSW
Jeanne Heiple, MD, PhD
Ann Hess, MD, PhD
Judith Howe, LICSW
William Hudgins, PhD
Albert Hyman, MD
Lauren Imperatore, PhD
Xenia Johnson, MD
Neal Kass, MD
Deborah Kulick, MD
Maydee Lande, LICSW
Patrick Latham, PhD
Dianna Lesanto, LICSW
Karen Levine, PhD
Treniece Lewis Harris, PhD
Karlen Lyons-Ruth, PhD
Cynthia Mittelmeier, PhD
Ann Neumeyer, MD
Barbara Okun, PhD
Anna Ornstein, MD
Miriam Ornstein, MD
Laura Pabo, LICSW
Christopher Pagano, PhD
Ava Penman, MS
Adele Pressman, MD
Rebecca Pries, CAGS, LMHC
Malak Rafla, MD
Anjana Rajan, PsyD
Nancy Rappaport, MD
Laurie Raymond, MD
Kathleen Regan, RN
Adam Rosen, JD, PhD
Debra Rosenblum, MD
Maria Sauzier, MD
Susannah Sherry, MD
Stephanie Smith, LICSW
Emily Speagle, LICSW
Jeanne Strassburger, PhD
Lyn E. Styczynski, PhD
Nandini Talwar, MD
Cynthia J. Telingator, MD
Stephanie Tournet, MD
Judy Tsafrir, MD
Marta Valiente, LICSW
Susan Walker, MD
John Wechter, EdD
Kerry-Ann Williams, MD
Tyrone Williams, MD
David Wilcox, PhD

SUPERVISION

Fellows have four to six hours of supervision per week. For first-years, this includes two or more hours of individual supervision in addition to supervision by attending staff and other faculty during each rotation. In addition, first years have a caseload preceptor.

In their second year, the Fellows have up to four individual supervisors assigned, three supervisors for psychotherapy (including one for cognitive-behavioral therapy), with an optional additional supervisor for psychopharmacology. In addition, they have a rotation supervisor for each rotation. In addition, either in an individual or group setting, the second-year fellows receive supervision in group therapy and school consultation/liaison.

RESEARCH IN THE DIVISION OF CHILD AND ADOLESCENT PSYCHIATRY

The field of child and adolescent psychiatry is still relatively underrepresented in the medical and scientific literature. The department is particularly committed to advancing the scientific knowledge base regarding the mental health of children, and in training mental health professionals in research investigation and academic writing for the promotion of this knowledge.

Cambridge Health Alliance is a health care system with strong clinical, academic and research programs and diverse faculty interests. The training program and the faculty are committed to providing top educational opportunities for our Fellows within the Cambridge Health Alliance, as well as at affiliated Harvard teaching hospitals.

Margarita Alegria, PhD
Professor of Psychiatry, Harvard Medical School
Understanding caregivers' recognition of youngsters' mental health problems; concordance in the mental health problem reports of parent-child dyads; gender and ethnic/race differences on youngsters' expression of illness; CBT intervention for youngsters with PTSD.

Nick Carson, MD
Instructor in Psychiatry, Harvard Medical School.
Clinical Research Associate, Center for Multicultural Mental Health Research; Child Psychiatrist, Center for Child and Adolescent Development.
Cultural psychiatry; mental health needs and service use of ethnic minority youth; clinical trials in psychopharmacology of severe mental illness in youth; popular culture and mass media.

Katherine Grimes, MD, MPH
Assistant Clinical Professor of Psychiatry, Harvard Medical School
Community systems of care outcomes for children with serious mental health needs, when care is provided by integrated medical, mental health, and social service interventions.

Karlen Lyons-Ruth, PhD
Associate Professor of Psychology, Harvard Medical School
How genetic factors and qualities of parent-child attachment interact to influence the adolescent's adaptation or psychiatric disorder.

Nancy Rappaport, MD
Assistant Professor of Psychiatry, Harvard Medical School
Optimizing special education delivery to students; conducting threat assessments in school setting.

RESEARCH ELECTIVES

Research

The Department of Psychiatry values research as the foundation for improving the quality of clinical care and considers it essential for determining the efficacy of methods of care and for disseminating these methods to the larger professional community. Throughout their training years, Fellows are encouraged to pursue research interests.

Our mentoring system has successfully supported Fellows applying for research awards, Livingston and DuPont-Warren Fellowships from Harvard Medical School, and American Psychiatric Association/NIMH Research Training Grants. Cross-fertilization among child psychiatry and developmental psychology faculty at Harvard has helped increase resources and choices.

Elective

Fellows interested in pursuing academic, research, and/or administrative interest in their first year will be supported in their endeavors. Second year Fellows have one day a week of scheduled elective time to pursue such interests.

GENERAL INFORMATION

House Officers' Association

The Cambridge Hospital's House Officers' Association is a legally constituted employees' union which engages in collective bargaining with Cambridge Health Alliance on matters of salary, benefits, and working conditions. This union contract outlines: wages, holiday pay, vacation (4 paid weeks per year), conference time (one paid week per year), night call, maternity leave, sick leave, family leave, and many other issues. For more information on CIR and a copy of the complete CIR CHA House Officer Contract, please go to: http://www.cirseiu.org/cir-member-hospitals/cha/

Salaries effective 1/01/2012

PGY4 $63,501

PGY5 $66,920

PGY6 $71,579

PGY7 $74,736

In addition, each fellow is provided:

- a $2,200 professional education stipend
- Subsidized on-site parking
- Taxi vouchers to non-CHA sites as needed
- 40% Reduced-fee sports club membership
- Textbooks on child psychiatry, child psychopharmacology, child psychotherapy, parent guidance, and legal issues in psychiatry
- Emergency child care options

On-Call Responsibilities

Fellows are assigned 4-5 on-call weeks a year. The week starts on a Tuesday at 5pm and ends the following Tuesday at 9am. During that week, the fellow provides telephone consultation as needed to the adult psychiatry resident or moonlighter on duty in the Psychiatric Emergency room. A child psychiatry attending is available for consultation by telephone for the child fellow. On Saturday and Sunday and any assigned holiday of the on-call week, the child fellow and the attending (or "Senior On Call") round on patients on the AAU and CAU. Each fellow covers one holiday per year.

APPLICATION

Graduates of national or international medical schools who will have completed at least three years of General Psychiatry or Pediatrics are eligible to apply. The application must include: 1) a completed application form; 2) your medical school dean's letter; 3) medical school transcripts; 4) three letters of reference; 5) curriculum vitae; and 6) personal statement.

We will only rank applicants who have passed STEP III of USMLE. Those who match with us should have passed a minimum of 2 Clinical Skill Verification exams.

Foreign citizens who wish to enter the United States for postgraduate training must comply with United States immigration laws, in addition to following the application procedures described above. Foreign medical school graduates should contact:

The Education Commission for Foreign Medical Graduates
3624 Market Street
Philadelphia, PA 19104
(215) 386-5900

Cambridge Health Alliance participates in the National Resident Matching program and complies with all its rules and regulations. Appointments generally begin July 1 and last for two years. The program is fully accredited by the American College of Graduate Medical Education for five Fellows per year. Fellows in good standing will be eligible for specialty boards in child and adolescent psychiatry providing they have met the other requirements as described by American Board of Psychiatry and Neurology.

Please address all inquiries to:

Dorothy Boyle
dboyle@challiance.org
617-665-3267

Cynthia J. Telingator, MD
Director of Training
Division of Child & Adolescent Psychiatry
Cambridge Health Alliance
1493 Cambridge Street, Cambridge, MA 02139
Phone: (617) 665-1587
Email: ctelingator@challiance.org

Sandra DeJong, MD
Associate Director of Training
Division of Child and Adolescent Psychiatry
Cambridge Health Alliance
1493 Cambridge Street, Cambridge, MA 02139
Phone: (617) 665-1297
Email: sdejong@challiance.org