



Childbirth Services

Childbirth is one of the most important events in life. We know this, so we make sure that you have all the care and support you need. Our doctors, midwives, nurses, physician assistants, doulas, and other staff work to make this time special for you.

Families have two options: our brand-new Maternity Suite or the home-like setting of our Birth Center. Whichever option you choose, your health and the health of your baby are in good hands.

We have the services you need:

- Prenatal care including
 - Antepartum testing
 - Genetic counseling
- Labor
- Delivery
- Post-partum care
- Anesthesia
- Pediatrics
- Nursery care
- Childbirth education
- Lactation consultation

Maternity Suite

The Maternity Suite and Level I nursery at The Cambridge Hospital were completely renovated in 2005, allowing us to give you the best care during labor, delivery, and your post-partum stay.

Each of our large rooms has a Jacuzzi tub, TV, and VCR, and many rooms have views of downtown Boston.



Mothers have access to our 24-hour Anesthesia Service, provided through Mass General Hospital. And your new baby will be in good hands with our 24-hour Pediatrics team.

Please feel free to visit us and meet our staff. This will put you at ease and let you know what to expect during your stay with us.

The Birth Center

The Cambridge Birth Center is located in a lovely Victorian home across from The Cambridge Hospital. It is an option for women with a low-risk pregnancy who want a more natural, home-like birth. Women can also receive their prenatal care at the Birth Center. The center is run by our Cambridge Midwives, and is supported by our Department of OB/GYN and Women's Health. The Birth Center staff speak many languages and serve women from all over the world.



Specialty Care

Pediatrics

Pediatric physicians work closely with our staff to care for new babies. Your new baby will be cared for by experts with gentle hands.

Maternal Fetal Medicine

This service is for women with a high-risk pregnancy and allows us to look at the health of the mother and child at the same time to reduce risk factors.

You can also access on-site genetic counseling and prenatal testing.

Neonatologists

These doctors care for high risk babies who are born early, have low birth weights, are twins or triplets, or have other health problems.

We can quickly arrange for birth of very high-risk babies at our one of our partner hospitals if we feel that this level of care is needed.

Our Staff

Our expert staff of doctors, physician assistants, nurses, midwives, nursing assistants, and doulas is proud to work with women and provide the best health care.

About our Midwives

Midwives care for women of all ages. They are trained as both nurses and midwives and are certified by the American College of Nurse-Midwives. In Massachusetts, they are licensed as advanced practice nurses.

Midwives care for women during pregnancy, labor, delivery and the post-partum stay. They are trained in natural childbirth methods and in well-woman gynecology.

About the Doulas

Doulas are a group of women from across our communities who are trained to help women the way a mother or sister would — by giving support before, during and just after childbirth. They also help teach new moms how to breastfeed. Our doulas speak many different languages, and work at both The Cambridge Hospital and the Birth Center.

Childbirth Classes

Whether it's your first child or fourth, we know families need all the help they can get. We are proud to offer a number of classes and groups that give mothers and families the skills they need.

Classes include:

- Childbirth Education
- Prenatal Yoga
- New Dad Classes
- Lactation Consultation
- New Mom Support Group



ABOUT US

Cambridge Health Alliance is an innovative, award-winning health system that provides high quality care in Cambridge, Somerville, Everett, and the surrounding Metro-North communities. It includes three hospitals and more than 20 primary care practices and, as a teaching affiliate of Harvard Medical School, offers medical residency/training programs and undergraduate learning experiences in hospital and community settings.

Today, Cambridge Health Alliance is proud to be a national healthcare leader. In the past two years alone, the Alliance has been recognized nationally for its childhood asthma program, community health programs, mental health services, and many research efforts. It was also named one of the top 100 most integrated health systems in the nation.

www.cambridgehealthalliance.org

LOCATIONS:

Maternity Suite
The Cambridge Hospital
 1493 Cambridge Street
 Cambridge, MA 02139

Cambridge Birth Center
 10 Camelia Avenue
 Cambridge, MA 02139
617-665-2229



Maternity Services

AT CAMBRIDGE HEALTH ALLIANCE



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