



# HARVARD MEDICAL SCHOOL

## DEPARTMENT OF CONTINUING EDUCATION

# THE PRACTICE OF PSYCHOTHERAPY: PATIENTS IN CONTEXT

JUNE 1-2, 2012

**BOSTON PARK PLAZA HOTEL**

offered by

**THE DEPARTMENT OF PSYCHIATRY  
CAMBRIDGE HEALTH ALLIANCE PHYSICIANS ORGANIZATION**

under the direction of

**Rebecca L. Drill    David M. Goodman    Judy Reiner Platt    Janna M. Smith**

Our patients' 'private lives' and narratives are written, shaped, and organized, by the social, political, cultural, and economic landscapes of their daily existence. Their suffering and sense of meaning exists in a language forged by these larger contexts. How do we, as clinicians, learn to speak this language—to be curious, listen, and speak with an understanding of the larger contexts of our patients' lived experiences? The objective of this course is to enrich the way clinicians sit with their patients by thinking more fully about the impact of "larger contexts" upon our patients' experience of self, suffering, and wellbeing. As a result of attending this course, participants will be able to describe the places where "wider public life" (sociopolitical factors, economics, gender, class, spirituality, religion, and diversity) plays out in patients' narratives and within the psychotherapeutic space. **This conference is designed to offer an opportunity for attendees to hear paired speakers, the first of whom will describe the larger "terrain", while the second will present clinical material which illustrates strategies for attending to these influences upon the clinical encounter.** This course is designed to look at how and why societal factors impact patient behaviors and thus help therapists bridge the gap between what they do, how they do it, and what they know. Through didactic lectures, questions/answers and panel discussions it will help change the way clinicians view their patients by helping them understand the contexts in which their patients live. This course is intended for health and mental health clinicians, researchers, clergy, educators, and others interested in the behavioral and social sciences.

**For further information contact:** Cambridge Health Alliance Physicians Organization (CHAPO-CME) P.O. Box 398075-Inman Square, Cambridge, MA 02139; Phone: 617-503-8445; Fax: 617-503-8460; Email: [cme@challiance.org](mailto:cme@challiance.org); Web: [www.cambridgecme.org](http://www.cambridgecme.org)

**FRIDAY - June 1, 2012**

**8:00 - 8:45 REGISTRATION AT THE BOSTON PARK PLAZA HOTEL**

**8:45 - 12:30 MORNING PROGRAM** - Moderator: Janna M. Smith

Psychotherapy and its Larger Context:

How Patient and Therapist are Affected by the World We Inhabit ..... Robert Jay Lifton & Rebecca L. Drill

Technology, Social Media, and Intimacy: Relationships in a Digital Age..... Kimberlyn Leary & M. Gerard Fromm

**12:30 - 1:45 BREAK**

**1:45 - 5:30 AFTERNOON PROGRAM** - Moderator: David M. Goodman

How Social Class Impacts Psychotherapy: Learning from Stories ..... Neil Altman & Janna M. Smith

Is the Practice of Psychotherapy Fair? Diversity and Disparities ..... Margarita Alegria & Shani Dowd

**SATURDAY - JUNE 2, 2012**

**8:30 - 12:15 MORNING PROGRAM** - Moderator: Rebecca L. Drill

Understanding Psychotherapy, Understanding History:

The Self in its Many Dimensions and Contexts ..... Philip Cushman & William S. Pollack

From Shame and Isolation to Recovery: Healing from Interpersonal Violence .... Judith Lewis Herman & Michaela Mendelsohn

**12:15 - 1:30 BREAK**

**1:30 - 5:15 AFTERNOON PROGRAM** - Moderator: David M. Goodman

Who and What We Believe In:

Exploring Spiritual and Religious Identity in Therapy ..... Ana-Maria Rizzuto & Usha Tummala-Narra

What You Don't (Want to) Know Can Hurt You:

How the Unacknowledged Infiltrates Treatment..... Lynne Layton & Elizabeth A. Corpt

Program changes/substitutions may be made without notice

**THE PRACTICE OF PSYCHOTHERAPY**

**June 1-2, 2012**

Course # 3224485

**Physicians' Fee: \$375 (USD)**

**All Others: \$275 (USD)**

(Please Print Clearly - All Fields Required)

Full Name \_\_\_\_\_  
First Middle Initial Last

Mailing Address \_\_\_\_\_  
Street City State Zip/Postal Code

Daytime Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

**Please note:** Your email address is used for important information about the course including: registration confirmation, course evaluation, and certificate. Please be sure to include an email address you check frequently. If you do not have an email address, complete this registration form and send it with check to the address below.

Email Address \_\_\_\_\_

Please check if you want to be **excluded** from receiving email notices of future Harvard Medical School Continuing Education programs.

(Circle Discipline:)

Physician    Psychologist    Nurse    Social Worker    Family Therapist    Counselor    Educator    Student    Other: \_\_\_\_\_

**Check is enclosed:** Please make check payable to *Harvard Medical School* and mail it with this registration form to:  
**Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825**

Payment by Credit Card (Visa or MasterCard) is ONLY accepted at: [www.cme.hms.harvard.edu/courses/psychotherapy](http://www.cme.hms.harvard.edu/courses/psychotherapy)  
**Telephone, fax, or mailed registrations by credit card are not accepted.**

## GENERAL INFORMATION

### REGISTRATION: Physicians - \$375 USD All Others - \$275 USD

All foreign payments must be made by a draft on a United States bank or by Visa or MasterCard. If paying by credit card, please register online at: [www.cme.hms.harvard.edu/courses/psychotherapy](http://www.cme.hms.harvard.edu/courses/psychotherapy) Upon receipt of your registration form, an email confirmation from the HMS-DCE office will be sent to you. Therefore, be sure to include an email address that is checked frequently. If paying by check, make it payable to *Harvard Medical School* and mail with completed registration form to: **Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825.**

A confirmation letter will be mailed to the address listed on the form. **Telephone, fax, or mailed registrations by credit card are not accepted.** Inquiries should be directed to the above address, made by phone, (617) 384-8600, Monday-Friday, 10 a.m. to 4 p.m. (EST) or by email: [hms-cme@hms.harvard.edu](mailto:hms-cme@hms.harvard.edu)

**ONLINE INFORMATION:** To ensure proper registration, please add the first three letters of the code found at the bottom of the registration form. To register or to view course information online, visit our home page: [www.cme.hms.harvard.edu/courses/psychotherapy](http://www.cme.hms.harvard.edu/courses/psychotherapy)

**REFUND POLICY:** A handling fee of \$60 (USD) is deducted for cancellation. Refund requests must be received by mail or fax (617) 384-8686 one week prior to the course. **No refund will be made thereafter.**

**COURSE LOCATION, ACCOMMODATIONS, and TRAVEL:** All sessions will be held at the **Boston Park Plaza Hotel.** Rooms in Boston are limited; you are urged to make your reservations early. A block of rooms has been reserved at the Boston Park Plaza Hotel, 64 Arlington Street, Boston, MA 02116; 617-426-2000 or 800-225-2008 until **May 14, 2012.** Please specify that you are enrolled in this course to receive a conference rate. For airline reservations you can contact the HMS Travel desk 877-442-7863 Monday to Friday 9 AM - 8 PM (EST). From outside the U.S., Canada, and Virgin Islands, please call 617-559-3764.

### CONTINUING EDUCATION:

**PHYSICIANS:** The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Harvard Medical School designates this live activity for a maximum of 14 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **ACGME Competencies:** This course is designed to meet: • Patient Care • Medical/Clinical Knowledge • Interpersonal and Communication Skills • Professionalism. **Disclosure Policy:** Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the course. These disclosures will be provided in the course materials along with disclosure of any commercial support received for the course. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

**PSYCHOLOGISTS:** The Cambridge Health Alliance, Psychiatry Continuing Education Division, is approved by the American Psychological Association to sponsor continuing education for psychologists. The Cambridge Health Alliance maintains responsibility for this program and its content. This course offers 14 continuing education credits.

**COUNSELORS and EDUCATORS:** The Cambridge Health Alliance, Psychiatry Continuing Education Division, is an Approved Continuing Education Provider and may offer NBCC approved clock hours for events that meet NBCC requirements. The Cambridge Health Alliance solely is responsible for all aspects of the program. This program is approved for 14 clock hours, Provider #5444, and is also applicable for Commonwealth of Massachusetts Counseling/Allied Mental Health accreditation and PDP Educator accreditation for 14 credits.

**NURSES:** The American Nurses Credentialing Center, Commission on Accreditation, accepts continuing education from the Accreditation Council on Continuing Medical Education (ACCME) toward recertification. The Cambridge Health Alliance, Psychiatry Continuing Education Division, verifies that this course is a planned, organized learning experience designed to augment the knowledge, skills, and attitudes for the enhancement of nursing practice to the end of improving health care to the public as mandated by Massachusetts Regulation 244 CMR 5.00 toward relicensing requirements. This course offers 16.8 hours.

**SOCIAL WORKERS and FAMILY THERAPISTS:** Application for continuing education credit has been made to the Collaborative of the Massachusetts Chapter of the National Association of Social Workers, and the CT, MA, and RI Chapters of The Association for Marriage and Family Therapy. 14 credits applied for.

## 2012 CAMBRIDGE/HARVARD CALENDAR

January 27-28  
March 9-10  
April 27-28  
May 11-12

School Mental Health  
Treating the Addictions  
Child Psychotherapy  
Meditation

June 1-2  
November 2-3  
November 16-17  
December 7-8

Practice of Psychotherapy  
Couples  
Autism  
Eating Disorders

## FACULTY

**MARGARITA ALEGRIA, Ph.D.,** Director, Center for Multicultural Mental Health Research, Cambridge Health Alliance; Professor of Psychology, Department of Psychiatry, Harvard Medical School; Principal Investigator, NIMH Latino Research Program Project and National Latino and Asian American Study; Recipient of numerous awards including Mental Health Section Award of the American Public Health Association, and nomination into the Institute of Medicine; Author of numerous publications including contributor to: *Health, Education and Behavior*; *American Journal of Public Health*; *Patient Education and Counseling*

**NEIL ALTMAN, Ph.D.,** Adjunct Clinical Professor, Post-Doctoral Program in Psychotherapy and Psychoanalysis, New York University; Editor *Emeritus*: *Psychoanalytic Dialogues*; *The International Journal of Relational Perspectives*; Author: *The Analyst in the Inner City: Race, Class, and Culture through a Psychoanalytic Lens*; Co-Author: *Relational Child Psychotherapy*

**ELIZABETH A. CORPT, LICSW,** Supervisor, Program for Psychotherapy, Department of Psychiatry, Cambridge Health Alliance; Teaching Associate, Harvard Medical School; Faculty, Supervising Analyst, and Board Member, Massachusetts Institute for Psychoanalysis; Private Practice, Arlington

**PHILIP CUSHMAN, Ph.D.,** Core Faculty, School of Applied Psychology, Counseling and Family Therapy, Antioch University, Seattle, Washington; Private Practice, Vashon Island, Washington; Recipient of numerous teaching awards from California School of Professional Psychology; Consulting Editor and Reviewer: *Contemporary Psychoanalysis*; and *History of Psychology*; Author of numerous publications including: *Constructing the Self*, *Constructing America: A Cultural History of Psychotherapy*; Contributing Author: *Persons in Context: The Challenge of Individuality in Theory and Practice*; *Answering a Question with a Question*

**SHANI DOWD, LHD (hc), LCSW,** Director, Culture InSight, Harvard Pilgrim Health Care Foundation; Faculty: Center for Multicultural Training in Psychology, Boston University, and Department of Psychiatry, Boston University School of Medicine; Recipient, Doctor of Humane Letters, Massachusetts School of Professional Psychology (in acknowledgement of care to communities of color); Board of Directors, Fields, Walters and Hannagan Charitable Foundation; Board of Trustees, Massachusetts School of Professional Psychology

**REBECCA L. DRILL, Ph.D.,** Clinical Director, Program for Psychotherapy, and Principal Investigator Cambridge Health Alliance site, NIMH Grant on Comparing Alternative Dimensional Approaches to Personality Diagnosis, and American Psychoanalytic Association Grant on Psychodynamic Psychotherapy Process and Outcome, Cambridge Health Alliance; Assistant Clinical Professor of Psychology, Department of Psychiatry, Harvard Medical School; Private Practice, Wellesley

**M. GERARD FROMM, Ph.D., ABPP,** Evelyn Stefansson Nef Director, Erikson Institute for Education and Research, Austen Riggs Center, Stockbridge; Instructor in Psychology, Department of Psychiatry, Harvard Medical School at Cambridge Health Alliance; Assistant Clinical Professor, Yale University School of Medicine; Faculty, Massachusetts Institute for Psychoanalysis; President-Elect, International Society for the Psychoanalytic Study of Organizations; Author/Editor of numerous publications including: *The Facilitating Environment: Clinical Applications of Winnicott's Theory*; *Lost in Transmission: Studies of Trauma Across the Generations*

**DAVID M. GOODMAN, Ph.D.,** Teaching Associate, Department of Psychiatry, Harvard Medical School at Cambridge Health Alliance; Assistant Professor of Psychology, Lesley University; Research Fellow and Supervisor, Center for Anxiety and Related Disorders and Danielsen Institute, Boston University; Private Practice, Boston; Publications include: *The Demanded Self: Levinasian Ethics and Identity in Psychology*; *The Other: A Conversation at the Intersection of Discourses* (forthcoming); Contributing Author: *Answering a Question with a Question*

**JUDITH LEWIS HERMAN, M.D.,** Director of Training, Victims of Violence Program, Department of Psychiatry, Cambridge Health Alliance; Clinical Professor of Psychiatry, Harvard Medical School; Awards include: Lifetime Achievement, International Society for Traumatic Stress Studies; Women in Science, American Medical Women's Association; Distinguished Life Fellow, American Psychiatric Association; and Lifetime Achievement, Trauma Psychology Division, American Psychological Association; Author of two award winning books: *Father-Daughter Incest* and *Trauma and Recovery*; Co-Author: *The Trauma Recovery Group: A Guide for Practitioners*

**LYNNE LAYTON, Ph.D.,** Assistant Clinical Professor of Psychology, Department of Psychiatry, Harvard Medical School at Beth Israel Deaconess Medical Center; Faculty and Supervisor, Massachusetts Institute for Psychoanalysis; Supervisor, Boston Institute for Psychotherapy; Editor: *Psychoanalysis, Culture and Society*; Associate Editor: *Studies in Gender and Sexuality*; Author: *Who's That Girl? Who's That Boy? Clinical Practice Meets Postmodern Gender Theory*; Co-Editor: *Psychoanalysis, Class and Politics: Encounters in the Clinical Setting*; *Bringing the Plague: Toward a Postmodern Psychoanalysis*; *Narcissism and the Text: Studies in Literature and the Psychology of Self*

**KIMBERLYN LEARY, Ph.D., MPA, ABPP,** Chief Psychologist, and Director of Psychology and Psychology Training, Cambridge Health Alliance; Associate Professor of Psychology, Harvard Medical School; Faculty Affiliate, Program on Negotiation, Harvard Law School; Faculty: Boston Psychoanalytic Institute and the Psychoanalytic Institute of New England; Author of many scientific articles/chapters including contributions to: *Mentalization, Internalization, and Representation*; *The Inner History of Devices*; *The Glow of Darkness: African-Americans and Psychoanalysis* (in press)

**ROBERT JAY LIFTON, M.D.,** Lecturer in Psychiatry, Harvard Medical School at Cambridge Health Alliance; Distinguished Professor *Emeritus* of Psychiatry and Psychology, The City University of New York; Recipient of numerous national and international awards and honorary degrees; Author of many books including: *Witness to an Extreme Century: A Memoir*; *Death in Life: Survivors of Hiroshima* (winner of a National Book Award); *The Nazi Doctors*; *Superpower Syndrome: America's Apocalyptic Confrontation with the World*; *Crimes of War: Iraq*; *Thought Reform and the Psychology of Totalism*

**MICHAELA MENDELSON, Ph.D.,** Researcher, Victims of Violence Program, Cambridge Health Alliance; Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Private Practice, Cambridge and Wellesley; Lead Author: *The Trauma Recovery Group: A Guide for Practitioners*; Contributing Author: *Sources and Expressions of Resiliency in Trauma Survivors: Ecological Theory, Multicultural Practices*

**JUDY REINER PLATT, Ed.D.,** Director, Division of Continuing Education, Department of Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School

**WILLIAM S. POLLACK, Ph.D.,** Senior Clinical Consultant and Supervisor, Department of Psychiatry, Cambridge Health Alliance and McLean Hospital; Associate Clinical Professor of Psychiatry, Harvard Medical School; Principal Investigator, New Models of Male Depression; Founder and Director, Centers for Men and Young Men and Real Boys<sup>®</sup> Educational Programs; Consultant to The United States Secret Service, including its collaborative Safe Schools Initiative with the U.S. Department of Education; Private Practice, Newton; Books include: *Real Boys' Voices*; *Real Boys: Rescuing Our Sons from the Myths of Boyhood*; *Real Boys Workbook*; *In a Time of Fallen Heroes: The Re-Creation of Masculinity*; *A New Psychology of Men*; *New Psychotherapy for Men*

**ANA-MARIA RIZZUTO, M.D.,** Training and Supervising Analyst, PINE Psychoanalytic Center; Recipient of awards for the psychology of religion from The American Psychological Association and The American Psychiatric Association; Author: *The Birth of the Living God: A Psychoanalytic Study*; *Why Did Freud Reject God: A Psychodynamic Interpretation*; Co-Author: *The Dynamics of Human Aggression: Theoretical Foundations and Clinical Applications*

**JANNA M. SMITH, MSW,** Social Worker, and Recipient of the Havens Faculty Award for Excellence in Teaching, Department of Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School; Private Practice, Cambridge and Quincy; Editorial Board, *Harvard Mental Health Letter*; Author of three award winning books: *My Father is a Book: A Memoir of Bernard Malamud*; *Private Matters: In Defense of Personal Life*; and *A Potent Spell: Mother Love and the Power of Fear*; in press, *An Absorbing Errand*

**USHA TUMMALA-NARRA, Ph.D.,** Assistant Professor, Department of Counseling, Developmental, and Educational Psychology, Boston College; Teaching Associate, Harvard Medical School at Cambridge Health Alliance; Co-Editor: *Sources and Expressions of Resiliency in Trauma Survivors: Ecological Theory, Multicultural Practice*; Contributing Author: *Womansoul: The Inner Life of Woman's Spirituality*; *Women Psychotherapists: The Journey of Female Healers*