



HARVARD MEDICAL SCHOOL

DEPARTMENT OF CONTINUING EDUCATION

CHILD PSYCHOTHERAPY

APRIL 27 - 28, 2012

RADISSON HOTEL BOSTON

offered by

**THE DEPARTMENT OF PSYCHIATRY
CAMBRIDGE HEALTH ALLIANCE PHYSICIANS ORGANIZATION**

under the direction of

Judith Howe Judy Reiner Platt Joshua Sparrow John D. Wechter

The objective of this course is to examine the emotional, cognitive, biological, and social issues affecting young children, their families, and the therapeutic relationship. As a result of participating in this program, you will be able to: identify current issues in child theory, development, and practice; assess different childhood problems; ascertain how to address these problems with the best evidence-based findings, including learning about psychodynamic, biological, cognitive, family, and play therapies. The course will address newborns through latency age, challenges children face as they progress in age, different treatment modalities, and the difficult challenges children and parents face together. Through didactic lectures, panel discussions, and question and answer sessions, it will bridge the gap between what clinicians know, and what needs to be done to provide children and their families with the best treatments, and to put research findings into practice. The course is designed for child psychiatrists, psychologists, nurses, social workers, pediatricians, counselors, child development specialists, educators, researchers, and others interested in the development and mental health of children.

For further information contact: Cambridge Health Alliance Physicians Organization (CHAPO-CME) P.O. Box 398075-Inman Square, Cambridge, MA 02139; Phone: 617-503-8445; Fax: 617-503-8460; Email: cme@challiance.org; Web: www.cambridgecme.org

FRIDAY – APRIL 27, 2012 Moderator: Judith Howe

7:45 - 8:30 REGISTRATION AT THE RADISSON HOTEL BOSTON

8:30 - 12:45 MORNING PROGRAM: Observations on Child Development

Enhancing the Competence of Parents:

Strategies for Healthy Social and Emotional Development..... T. Berry Brazelton, Joshua Sparrow

Understanding Infant Mental Health: Treating the Parent-Baby Dyad Jayne Singer

When a Child's Life Is Out of Sync:

Understanding and Working with Sensory Processing Disorder Jane Koomar

Trusting What You Are Told: Challenging Cognitive

and Commonplace Theories about How Children Learn..... Paul L. Harris

12:45 - 2:00 BREAK

2:00 - 5:15 AFTERNOON PROGRAM: Calming the Uncalm Child

Psychopharmacology in Childhood:

Pros, Cons, Concerns, and Collaborations Jefferson B. Prince

Sleep Disorders in Childhood:

What We Can do to Help Children and Parents..... Catherine C. Schuman

Mindfulness Techniques for Children and Parents Ariel Allena Botta

SATURDAY – APRIL 28, 2012 Moderator: John D. Wechter

8:30 - 12:45 MORNING PROGRAM: Treatment and Treatment Modalities

A Video Demonstration of Why and How We Do What We Do..... Alexandra Murray Harrison

Truth-Telling, Mastery, and Modeling:

The Clinical Value of Play and Play Therapy Susan Linn

What you Need to Know about Doing CBT with Youth Aude Henin

Integrating Play, Narratives, and Skills Training..... Christopher J. Pagano

12:45 - 2:00 BREAK

2:00 - 5:15 AFTERNOON PROGRAM: The Child and The Family

Helping Families Cope with the Physical Illness of a Parent Susan Swick

A Therapy Primer for Child-Centered Adoption:

Helping Understand What We Need to Know and Do Joyce Maguire Pavao

Effects of Divorce on Children from Clinical and Legal Perspectives Barbara B. Hauser, Adam Rosen

Program changes/substitutions may be made without notice.

CHILD PSYCHOTHERAPY

April 27-28, 2012

Course # 322801

Physicians' Fee: \$375 (USD)

All Others: \$275 (USD)

(Please Print Clearly - All Fields Required)

Full Name _____
 First Middle Initial Last

Mailing Address _____
 Street City State Zip/Postal Code

Daytime Phone (____) _____ Fax (____) _____

Please note: Your email address is used for important information about the course including: registration confirmation, course evaluation, and certificate. Please be sure to include an email address you check frequently. If you do not have an email address, complete this registration form and send it with check to the address below.

Email Address _____

Please check if you want to be **excluded** from receiving email notices of future Harvard Medical School Continuing Education programs.

(Circle Discipline:)

Physician Psychologist Nurse Social Worker Family Therapist Counselor Educator Student Other: _____

Check is enclosed: Please make check payable to *Harvard Medical School* and mail it with this registration form to:
Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825

Payment by Credit Card (Visa or MasterCard) is ONLY accepted at: www.cme.hms.harvard.edu/courses/childpsychotherapy
Telephone, fax, or mailed registrations by credit card are not accepted.

GENERAL INFORMATION

REGISTRATION: Physicians - \$375 USD All Others - \$275 USD

All foreign payments must be made by a draft on a United States bank or by Visa or MasterCard. If paying by credit card, please register online at: www.cme.hms.harvard.edu/courses/childpsychotherapy Upon receipt of your registration form, an email confirmation from the HMS-DCE office will be sent to you. Therefore, be sure to include an email address that is checked frequently. If paying by check, make it payable to *Harvard Medical School* and mail with completed registration form to: **Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825.** A confirmation letter will be mailed to the address listed on the form. **Telephone, fax, or mailed registrations by credit card are not accepted.** Inquiries should be directed to the above address, made by phone, (617) 384-8600, Monday-Friday, 10 a.m. to 4 p.m. (EST) or by email: hms-cme@hms.harvard.edu

ONLINE INFORMATION: To ensure proper registration, please add the first *three* letters of the source code found at the bottom of the registration form. To register or to view course information online, visit our home page: www.cme.hms.harvard.edu/courses/childpsychotherapy

REFUND POLICY: A handling fee of \$60 (USD) is deducted for cancellation. Refund requests must be received by mail or fax (617) 384-8686 one week prior to the course. **No refund will be made thereafter.**

COURSE LOCATION, ACCOMMODATIONS, and TRAVEL: All sessions will be held at the **RADISSON HOTEL BOSTON.** Rooms in Boston are limited; you are urged to make your reservations early. A block of rooms has been reserved at the RADISSON HOTEL BOSTON, 200 Stuart Street, Boston, MA 02116, 617-482-1800 or 800-333-3333 until **April 4, 2012.** Please specify that you are enrolled in this course to receive a conference rate. For airline reservations you can contact the HMS Travel desk 877-442-7863 Monday to Friday 9 AM - 8 PM (EST). From outside the U.S., Canada, and Virgin Islands, please call 617-559-3764.

CONTINUING EDUCATION:

PHYSICIANS: The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Harvard Medical School designates this live activity for a maximum of 14 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **ACGME Competencies:** This course is designed to meet: •Patient Care • Medical/Clinical Knowledge • Interpersonal and Communication Skills • Professionalism. **Disclosure Policy:** Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the course. These disclosures will be provided in the course materials along with disclosure of any commercial support received for the course. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

PSYCHOLOGISTS: The Cambridge Health Alliance, Psychiatry Continuing Education Division, is approved by the American Psychological Association to sponsor continuing education for psychologists. The Cambridge Health Alliance maintains responsibility for this program and its content. This course offers 14 continuing education credits.

COUNSELORS/EDUCATORS: The Cambridge Health Alliance, Psychiatry Continuing Education Division, is an Approved Continuing Education Provider and may offer NBCC approved clock hours for events that meet NBCC requirements. The Cambridge Health Alliance solely is responsible for all aspects of the program. This program is approved for 14 clock hours, Provider #5444, and is also applicable for Commonwealth of Massachusetts Counseling/Allied Mental Health accreditation and PDP Educator accreditation for 14 credits.

NURSES: The American Nurses Credentialing Center, Commission on Accreditation, accepts continuing education from the Accreditation Council on Continuing Medical Education (ACCME) toward recertification. The Cambridge Health Alliance, Psychiatry Continuing Education Division, verifies that this course is a planned, organized learning experience designed to augment the knowledge, skills, and attitudes for the enhancement of nursing practice to the end of improving health care to the public as mandated by Massachusetts Regulation 244 CMR 5.00 toward relicensing requirements. This course offers 16.8 hours.

SOCIAL WORKERS and FAMILY THERAPISTS: Application for continuing education credit has been made to the Collaborative of the Massachusetts Chapter of the National Association of Social Workers, and the CT, MA, and RI Chapters of The Association for Marriage and Family Therapy. 14 credits applied for.

2012 CAMBRIDGE/HARVARD CALENDAR

January 27-28	School Mental Health	June 1-2	The Practice of Psychotherapy
March 9-10	Treating the Addictions	November 2-3	Couples
April 27-28	Child Psychotherapy	November 16-17	Autism
May 11-12	Meditation	December 7-8	Eating Disorders

FACULTY

ARIEL ALLENA BOTTA, LICSW, Director of Group Psychotherapy, Department of Psychiatry, Children's Hospital, Boston; Teaching Associate in Psychiatry, Harvard Medical School; Adjunct Faculty, Simmons College School of Social Work; Certified Yoga Instructor; Recipient of teaching awards from Children's Hospital, Boston, and Association for the Advancement of Social Work with Groups, Massachusetts Chapter; Private Group and School Consultation Practice, Cambridge

T. BERRY BRAZELTON, M.D., Founder, Brazelton Touchpoints Center, Children's Hospital, Boston; Professor of Pediatrics *Emeritus*, Harvard Medical School; Author/Co-Author of over 200 publications including: *The Brazelton Way Series: Sleep, Discipline, Toilet Training, Understanding Sibling Rivalry, Mastering Anger and Aggression; Touchpoints Series: Birth to Three, Three to Six*

PAUL L. HARRIS, Ph.D., Victor S. Thomas Professor of Education, Harvard University; Fellow: British Academy, and Norwegian Academy of Sciences and Letters; Recipient, Guggenheim Award; Author of numerous publications including: *Trusting What You're Told: How Children Learn from Others* (in press); *The Work of the Imagination; Imagining the Impossible; Children and Emotion*

ALEXANDRA MURRAY HARRISON, M.D., Supervisor, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance; Assistant Clinical Professor of Psychiatry, Harvard Medical School; Training and Supervising Analyst, Boston Psychoanalytic Society and Institute

BARBARA B. HAUSER, LICSW, Director, Family Service Clinic, Middlesex Probate and Family Court; Supervisor, Department of Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School; Contributing Author: *Divorce and Custody: Developmental and Psychoanalytic Perspectives*

AUDE HENIN, Ph.D., Co-Director, Child Cognitive-Behavior Clinic, Massachusetts General Hospital; Assistant Professor of Psychology, Department of Psychiatry, Harvard Medical School; Co-Author: *Managing Bipolar Disorder: A Cognitive Behavior Treatment Program Workbook*

JUDITH HOWE, LICSW, Director, Child and Adolescent Outpatient Psychiatric Services, Chief, Psychiatry Social Work, and Director, Social Work Training, Cambridge Health Alliance; Teaching Associate in Psychiatry, Harvard Medical School; Award Recipient of the 2012 Psychoanalytic and Psychodynamic Teachers' Academy

JANE KOOMAR, Ph.D., OTR/L, FAOTA, President, Occupational Therapy Associates, Watertown; Professor of Practice, Boston School of Occupational Therapy, Tufts University; Board President, Spiral Foundation, Sensory Processing Institute for Research and Learning; Steering Committee, American Occupational Therapy Association, Mental Health Special Interest Section; Author of numerous publications including: *SMART: Sensory Motor Arousal Regulation Treatment; Answers to Questions Teachers Ask about Sensory Integration; DVD: Safe Place*

SUSAN LINN, Ed.D., Co-Founder and Director, Campaign for a Commercial-Free Childhood; Research Associate, Children's Hospital, Boston; Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Author: *The Case for Make-Believe: Saving Play in a Commercialized World; Consuming Kids: The Hostile Takeover of Childhood*

CHRISTOPHER J. PAGANO, Ph.D., Director, Child Inpatient Psychology Training, and Recipient, First Annual Teaching Award in Psychology, Cambridge Health Alliance; Assistant Clinical Professor of Psychology, Department of Psychiatry, Harvard Medical School; Private Practice, Brookline

JOYCE MAGUIRE PAVAO, Ed.D., LCSW, LMFT, Founder and CEO, Center for Family Connections, Cambridge and New York; Recipient of numerous awards including: Adoption Excellence Award, Children's Bureau, US Department of Health and Human Services; Outstanding Contribution to Marriage and Family Therapy, Massachusetts Association of Marriage and Family Therapy; Adoption Advocate of the Year, North American Council for Adoptable Children; Editorial Board Member: *Adoptive Families; Foster Families Today;* Author: *Family of Adoption;* Contributing Author: *Clinical Practice Issues in Adoption; Creating Kinship; Adoption Healing*

JUDY REINER PLATT, Ed.D., Director, Division of Continuing Education, Department of Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School

JEFFERSON B. PRINCE, M.D., Director, Child Psychiatry, North Shore Medical Center, Salem; Staff Psychiatrist, Child Psychiatry and Pediatric Psychopharmacology Clinics, Massachusetts General Hospital; Instructor in Psychiatry, Harvard Medical School; Author of numerous publications and recipient of numerous awards including, Laughlin Fellow, American College of Psychiatrists

ADAM ROSEN, Ph.D., J.D., Court Psychologist, Middlesex Probate and Family Court; Instructor in Psychology, Department of Psychiatry, Harvard Medical School at Cambridge Health Alliance; Private Practice, Cambridge

CATHERINE C. SCHUMAN, Ph.D., Director, Behavioral Medicine, and Behavioral Medicine Training, Department of Psychiatry, Cambridge Health Alliance; Assistant Professor of Psychology, Department of Psychiatry, Harvard Medical School; Chair, Women and Health, Health Psychology Division, American Psychological Association; Board Member at Large, Association of Psychologists in Academic Health Centers; Co-Editor: *Clinical Handbook of Insomnia* (2nd Ed.); Contributing Author: *Sleep Disorders in Women: A Guide to Practical Management*

JAYNE SINGER, Ph.D., Clinical Director, Child and Parent Program, Developmental Medicine Center, and Faculty, Brazelton Touchpoints Center, Children's Hospital, Boston; Assistant Professor of Pediatrics and Psychiatry, Harvard Medical School; President, Massachusetts Association for Infant Mental Health, Birth to Six; Contributor to: *Nurturing Children and Families; Touchpoints in Early Care and Education Reference Guide; Touchpoints in Reflective Practice*

JOSHUA SPARROW, M.D., Director of Strategy, Planning, and Program Development, Brazelton Touchpoints Center, Children's Hospital, Boston; Associate Clinical Professor of Psychiatry, Harvard Medical School; Co-Editor: *Nurturing Children and Families;* Co-Author: *Touchpoints - Three to Six;* and *The Brazelton Way Series* on common childrearing challenges

SUSAN SWICK, M.D., MPH, Director, Parenting at a Challenging Time (PACT), Newton-Wellesley Hospital; Attending Psychiatrist, Division of Child Psychiatry, Massachusetts General Hospital; Instructor in Psychiatry, Harvard Medical School

JOHN D. WECHTER, Ed.D., Supervisor, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance; Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Private Practice, Cambridge