**PRENATAL REFERRALS**

**Cambridge Hospital, Cambridge Health Alliance** (617-665-1000) 1493 Cambridge Street, Cambridge

**CHA Breast Health Connection** (617-591-6925)- provide services including education, screening mammograms, diagnostic radiology services and breast cancer treatment, can also help women with getting health insurance and primary care.

**Cambridge/Somerville Legal Services –** Help with tenant/landlord issues, benefits,

mental health, family law (617-603-2700), [www.masslegalhelp.org](http://www.masslegalhelp.org)

**Children’s Trust:** information and resources based on zip code

English:<http://www.onetoughjob.org/> Spanish: <http://espanol.onetoughjob.org/>

**Early Intervention Partnership Program** – Cambridge/Somerville Residents **ONLY**

(617-629-3919), 12 Tyler St, Somerville

Provides home visiting program for pregnant women, new mothers up to infants 1st year birthday

**Families First** – Provides parent education and support (617-868-7687) , [www.families-first.org](http://www.families-first.org)

**Greater Boston Legal Services** - Provides low-cost or free legal immigration counseling

(617)603-2700 Cambridge/Somerville [www.gbls.org](http://www.gbls.org) (617)371-1234 Boston Office

**Healthy Families –** Program for first time teen parents (up to age 20) Maternal, infant and early childhood visiting program.

* Medford/Melrose/Everett/Malden (781-338-7550)
* [www.healthyfamiliesma.org](http://www.healthyfamiliesma.org)

**Healthy Start** - Program of prenatal care for uninsured pregnant women (1-888-488-9161)

**Jewish Family and Children’s Services** – Multiple services such as prenatal visiting

mom program and grieving programs for miscarriage (617-224-4127) [www.jfcsboston.org](http://www.jfcsboston.org)

**MA Adult Literacy Hotline –** Referrals to ESL, GED, and citizenship classes

(1-800-447-8844) – massliteracyhotline.org/hotline/

**MA Substance Abuse Info and Education Hotline (**1-800-327-5050)

[www.Helpline-online.com](http://www.helpline-online.com)

**MAPS –** Providing health and social services to Portuguese speakers

Cambridge 617-787-0557 Clarisse

Somerville 508-259.9889 Rosana [rosana@maps-inc.org](mailto:rosana@maps-inc.org)

697 Cambridge St, Suite 203

Horário Segunda e Quinta das 10-6pm

Terça & Quarta das 9 -5pm

**MASS HEALTH** – State medical insurance program (1-800-841-2900) mass.gov (health insurance)

**MASSHEALTH APPLICATION**– CHA Financial Assistance counselors can help you apply. Call for an appointment. Help available in English, Spanish, Portuguese, Creole. (617) 665-1100

**Mental Health Resource –** The Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) has a [Moms' Mental Health Matters](http://paracom.paramountcommunication.com/ct/41095804:Wtld-xlZN:m:1:777162273:A8F209FC2188909002C9E80B8154305F:r) initiative to educate consumers and health care providers about who is at risk for depression and anxiety during and after pregnancy, the signs and how to get help.

**MIRA**- MA Immigrant and Refugee Advocacy Coalition provides information on

programs available to immigrants and refugees, such as immigrant rights

(617-350-5480) [www.miracoalition.org](http://www.miracoalition.org)

**Pregnancy Help Boston**- Pregnancy testing, Limited ultrasound, Supportive Counseling,

Information & Referrals, Education, Career & Housing Information, Ongoing Support, Material Assistance. All services are free. (617-782-5151)

[www.pregnancyhelpboston.org](http://www.pregnancyhelpboston.org)

**RESPOND, Inc. -** Services for battered women and children (617-440-7267)

Hotline (617-623-5900); [www.respondinc.org](http://www.respondinc.org)

**SAFELINK** – MA statewide domestic violence hotline (1-877-785-2020)

**Somerville Early Head Start** – Early childhood program for pregnant women and

parents of child until age 3 - Somerville/Cambridge (617-629-6652)

**Somerville Hospital of Cambridge Health Alliance** (617-591-4500)

230 Highland Avenue, Somerville

**Transitional Aid to Families with Dependent Children**- (TAFDC)Provides cash benefits to families with children and pregnant women in the last 120 days of pregnancy (1-800-249-2007)

* Chelsea Office (617-551-1700), 80 Everett Ave, Chelsea 02150

**Try to Stop Tobacco Resource Center** – Provides information and referrals for smoking

cessation to residents of Massachusetts

1-800-TryToStop 1-800-879-8678 or [www.trytostop.org](http://staffnet-spf/sites/CamSomWIC/Documents%20and%20Settings/rrash/Local%20Settings/Temporary%20Internet%20Files/Content.IE5/ADP3MP5D/OLK884/www.trytostop.org)

1-800-QUIT-NOW (1-800-784-8669)

**Women’s Center –** Resources for women who are in or have been in abusive relationships (617-354-8807), 46 Pleasant Street, Cambridge

www.cambridgewomenscenter.org