**POSTPARTUM REFERALS**

**CAB - Free cab rides to food and health (Somerville)–** [**https://tinyurl.com/somervillecab**](https://tinyurl.com/somervillecab)

**Cambridge Hospital of Cambridge Health Alliance** (617-665-1000)

1493 Cambridge Street, Cambridge

**CHA Breast Health Connection** (617-665-2800)- provide services including education, screening mammograms, diagnostic radiology services and breast cancer treatment, can also help women with getting health insurance and primary care.

**Cambridge/Somerville Legal Services –** Help with tenant/landlord issues, benefits, mental health, family law (617-603-2700), [www.masslegalhelp.org](http://www.masslegalhelp.org)

**Centro Latino –** Providing multiple social programs to Spanish speakers

* Cambridge (617-661-9406)
* Chelsea (617-884-3238)

**Children’s Trust:** information and resources based on zip code

English:<http://www.onetoughjob.org/> Spanish:<http://espanol.onetoughjob.org/>

**Early Intervention Partnership Program** – Cambridge/Somerville Residents **ONLY**

(617-629-3919), 12 Tyler St, Somerville

* Provides home visiting program for pregnant women, new mothers up to infants 1st year birthday

**Early Intervention Program –** Program to address concerns for children age 0-3; General Line (1-800-905-8437/leave message for referral to town site) For website of Families Ties of Massachusetts, see [www.massfamilyties.org](http://staffnet-spf/sites/CamSomWIC/Documents%20and%20Settings/emazgelis/Local%20Settings/Temporary%20Internet%20Files/OLK884/www.massfamilyties.org)

* **Cambridge, Somerville** (617-629-3919)
* **Everett, Malden, Medford** (781-321-0645)
* **Acton, Bedford, Boxborough, Carlisle, Concord, Lincoln, Littleton, Maynard, Stow** (978-287-7800)
* **Belmont, Waltham, Watertown** (781-894-6564)
* **Arlington, Burlington, Lexington, Wilmington, Winchester, Woburn**

(781-932-2888)

* **Melrose, N. Reading, Reading, Stoneham, Wakefield** (781-935-3855)

**Families First** – Parent education and support (617-868-7687)

**Greater Boston Legal Services** - Provides low-cost or free legal immigration counseling

(617-603-2700)

**Healthy Families –** Program for first time teen parents (up to age 20), maternal, infant and Early childhood home visiting Program.

* Medford/Melrose/Everett/Malden (781-338-7550)
* Cambridge/Somerville 781-693-1232

**Jewish Family and Children’s Services** – Multiple services such as post-partum new mom support groups. For mothers, fathers and caregivers, with babies up to 1 year.

(7617) 224-4127.

**MA Substance Abuse Info and Education Hotline** (1-800-327-5050)

**MAPS –** Providing health and social services to Portuguese speakers

* Cambridge 617-787-0557 Clarisse
* Somerville 508-259.9889 Rosana rosana@maps-inc.org
* 697 Cambridge St, Suite 203
* Horário Segunda e Quinta das 10-6pm
* Terça & Quarta das 9 -5pm

**MASS HEALTH** – State medical insurance program (1-800- 841-2900).

**MASSHEALTH APPLICATION**– CHA Financial Assistance counselors can help you apply. Call for an appointment. Help available in English, Spanish, Portuguese, Creole. (617-665-1100)

**MIRA**- MA Immigrant and Refugee Advocacy Coalition provides information on programs available to immigrants and refugees, such as immigrant rights (617-350-5480)

**Mother’s Milk Bank Northeast –** Donate your unused pumped milk.(617-527-6263) donate@milkbankne.org 377 Elliot St, Newton Upper Falls, MA 02464

**RESPOND, Inc. -** Services for battered women and children (617-440-7267)

Hotline (617-623-5900)

**SAFELINK** – MA statewide domestic violence hotline (1-877-785-2020)

**Somerville Hospital of Cambridge Health Alliance** (617-591-4500)

 230 Highland Avenue, Somerville

**Transitional Aid to Families with Dependent Children**- Provides cash benefits to families

with children and pregnant women in the last 120 days of pregnancy (1-800-249-2007)

* Chelsea Office (617-551-1700), 80 Everett Ave, Chelsea 02150

**Try to Stop Tobacco Resource Center** – Provides information and referrals for smoking cessation to residents of Massachusetts

(1-800-879-8678, [www.trytostop.org](http://staffnet-spf/sites/CamSomWIC/Documents%20and%20Settings/rrash/Local%20Settings/Temporary%20Internet%20Files/OLK884/www.trytostop.org))

**Women’s Center –** Resources for women who are in or have been in abusive relationships (617-354-8807) 46 Pleasant Street, Cambridge

This institution is an equal opportunity provider.