

Respectful Maternity Care Matters to Us at CHA



We commit to...

1. **Treating you with dignity and respect** throughout your hospital stay.
2. **Introducing ourselves** and our role to you and your support persons when entering your room.
3. **Working to understand you** as a unique individual, listening carefully to your goals and your concerns related to childbirth.
4. **Communicating well across your health care team**, explaining everything clearly to you and your support person, and using interpreter services whenever needed.
5. **Partnering with you for all decisions** so you can make choices that are right for you.
6. **Valuing your personal boundaries** and always respecting your dignity and modesty including asking your permission before touching you or performing exams.
7. **Attending to your needs promptly**, including when you ask for help with pain management.
8. **Recognizing your prior healthcare experiences** may impact your birth experience – we will strive to provide safe, equitable and respectful care.
9. Making sure you are discharged with the knowledge and skills to **safely take care of yourself and your baby.**
10. **Being ready to hear any concerns** or ways we can improve your care.