



CHA Maternity Services



To protect our patients and staff from COVID, all classes, tours and events are currently suspended. Please check [Challiance.org](https://challiance.org) for updated information.

Childbirth Services

Childbirth is one of the most important events in life. We know this, so we make sure that you have all the care and support you need. Our doctors, midwives, nurses, physician assistants, doulas and other staff work to make this time special for you.

Families have two options: our beautiful Maternity Suite or the home-like setting of our Birth Center. Whichever option you choose, your health and the health of your baby are in good hands.

We have the services you need:

- Prenatal care including
 - Antepartum testing
 - Genetic counseling
- Labor
- Delivery
- Postpartum care
- Anesthesia
- Pediatrics
- Nursery care
- Childbirth education
- Lactation consultation
- Doula support

Specialty Care

Should you require a specialist's care during your pregnancy, you are in good hands. You will have access to our expert CHA obstetrics and gynecology physicians as well as specialists from our partner hospitals: Tufts Medical Center (TMC), Beth Israel Deaconess Medical Center (BIDMC) and Massachusetts General Hospital (MGH). This ensures you and your baby will always receive the highest quality care.

Maternal Fetal Medicine

This service is for women, transgender and gender expansive people with a high-risk pregnancy and allows us to look at the health of the parent and child at the same time to reduce risk factors.

You can also access on-site genetic counseling and prenatal testing.

Neonatologists

These doctors care for high-risk babies who are born early, have low birth weights, are twins or triplets or have other health problems.

Pregnancy and Childbirth Education

YoMingo – Online Learning

Whether it's your first child or fourth, new parents need all the help they can get. Childbirth education, tips, reminders and all kinds of helpful information is available on YoMingo. Visit challiance.org/YoMingo to sign up today!

Breastfeeding Support

Breastfeeding keeps you and your baby strong and healthy and isn't always as easy as it looks. CHA has board certified lactation consultants who can meet with you before you have your baby to talk about the benefits of breastfeeding. They can also help you after your baby is born. Call **617-665-1264** for more information and to schedule an appointment.

Our Staff

Our expert staff of doctors, physician assistants, nurses, midwives, nursing assistants and doulas is proud to work with you to provide the best health care.

About our Physicians

Our physicians specialize in all aspects of your health, including prenatal care and childbirth, and work closely with colleagues in primary care, newborn services, mental health, family planning and nutrition, to provide coordinated care to people of all ages. Our physicians hold joint clinical appointments at both Harvard Medical School and Tufts University School of Medicine.

About our Maternity Nurses

Our skilled and caring nurses focus on the well-being of parents and babies – before, during and after birth. This includes educating new parents, supporting mother-baby attachment and breastfeeding or chestfeeding and monitoring the overall health of both patients while maintaining a family-centered environment.

About our Midwives

Midwives offer full-scope care to women, transgender and gender expansive people of all ages. This includes pregnancy, childbirth, family planning and well-person care. They are trained as both nurses and midwives and are certified by the American College of Nurse-Midwives. In Massachusetts, they are licensed as advanced practice nurses.

Midwives are experts in normal pregnancy and childbirth. They work in consultation with CHA OB/GYN doctors should a pregnancy become high-risk.

“I am thrilled to be in a place that provides people with different options on how and where to give birth.”

- Kathryn Rowan, CNM



Childbirth Locations

Maternity Suite

1493 Cambridge Street
Cambridge, MA 02139

The Maternity Suite and Level I nursery at the CHA Cambridge Hospital allow us to give you the best care during labor, delivery and your postpartum stay.

Each of our large rooms has a Jacuzzi tub and TV, and many rooms have views of downtown Boston.

You have access to our 24-hour Anesthesia Service. And your new baby will be in good hands with our 24-hour Pediatrics team.

Please feel free to visit us and meet our staff. This will put you at ease and let you know what to expect during your stay with us.

Cambridge Birth Center

10 Camelia Avenue
Cambridge, MA 02139

The Cambridge Birth Center is located in a lovely Victorian home across from the CHA Cambridge Hospital. It is an option for women, transgender and gender expansive people with a low-risk pregnancy who want a more natural, home-like birth. You can also receive your prenatal care at the Birth Center. The center is run by our Midwives and is supported by our Department of OB/GYN. CHA staff speak many languages and serve people from all over the world.

For more information visit:
www.challiance.org/baby



AFFILIATED WITH



1493 Cambridge Street • Cambridge, MA 02139 • www.challiance.org

Cambridge Health Alliance is a vibrant, integrated healthcare delivery system dedicated to providing essential services to all members of the community. With over 140,000 patients in Cambridge, Somerville and Boston's Metro North, CHA is a local provider of choice for primary care, specialty care, emergency services, maternity, hospital care and behavioral health. CHA patients receive high quality care in convenient neighborhood locations, and have seamless access to advanced care through CHA's affiliation with Beth Israel Deaconess Medical Center (BIDMC) and MGH for Children.

CHA's community commitment extends beyond serving its patients. CHA operates the Cambridge Public Health Department and collaborates with many local agencies and organizations to improve the health of local residents. It also provides a vital safety net for underserved populations facing barriers to care. Through its Harvard Medical School, Harvard School of Public Health, Harvard School of Dental Medicine and Tufts University School of Medicine affiliated residency programs, CHA trains the health care providers of tomorrow.

