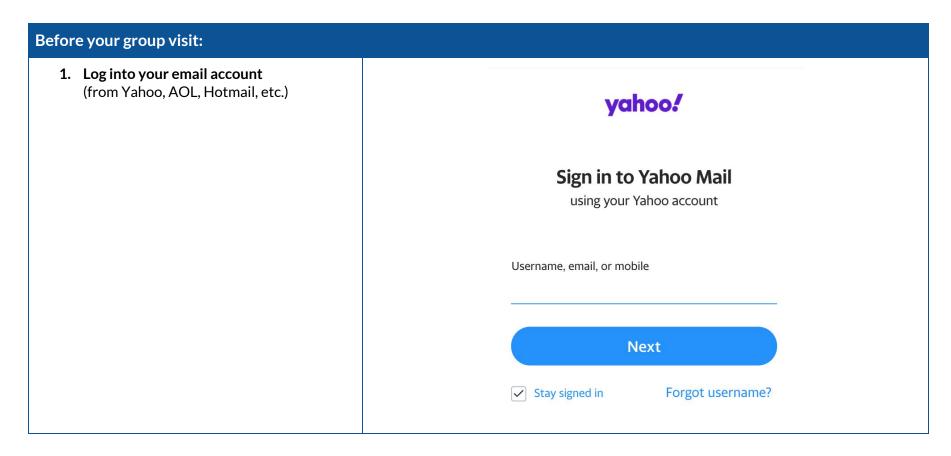




Instructions for Joining group video visits by computer: For non-gmail accounts (AOL, Yahoo, Hotmail, etc.)



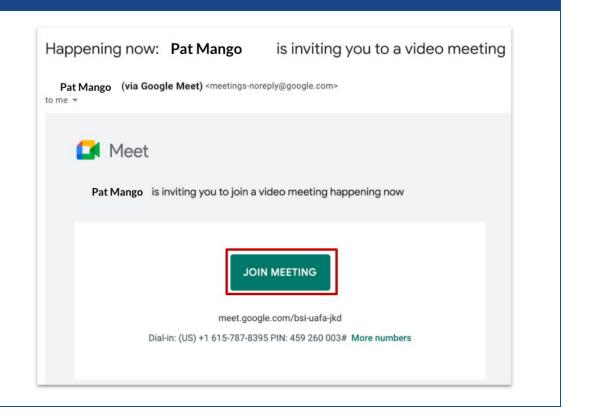




At the time of your group visit:

At the time of your group visit, you will receive an email from the group leader

2. Click "join meeting"

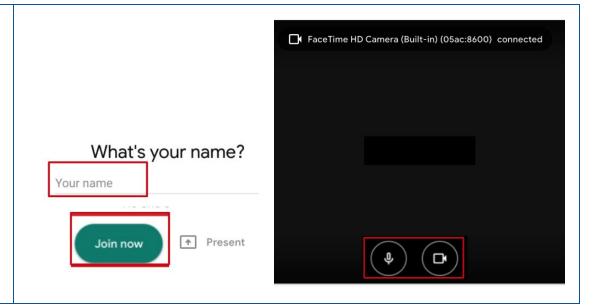






Next you will be asked to enter your name

- 3. Enter your first name and last initial only
 - (ex: Change John Smith to John S.). This is important for your privacy
- 4. Make sure your microphone and camera are on so others can hear and see you
- 5. Click "join meeting"





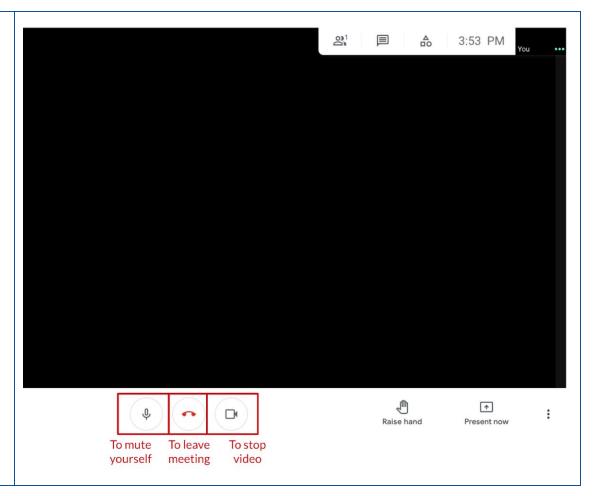


Enter the group visit

6. Click the icons along the bottom to mute yourself, leave meeting, or stop video if needed

Tips:

- If you cannot hear others, check your volume
- If others cannot hear you, check that your microphone is not on mute
- Do not join the meeting twice (there will be an echo)







To Change your Background (*Optional***)**

- 7. Click the 3 dots in bottom right corner to open your settings
- 8. Click "change background"
- 9. Select your background

Note: Background effects may slow your computer down

