Instructions for patients joining by phone only (no video)

Instructions For Patients Joining by Phone

For Patients Using Email

1. Log into your email account

2. Open the email you received from a “challiance.org” with information about your upcoming group visit time/date

3. Dial the phone number* included in the email under “join by phone”

4. Enter the pin number

5. Press “#”

*Note: If using an iPhone, once you click “Join by phone” the phone may auto dial for you
For Patients with no Email

1. Dial the meeting number given to you by the scheduler
2. Enter the pin number given to you by the scheduler