

Choose a Midwife for the Birth Experience You Want

Personalized, supportive care
for your pregnancy journey.



Cambridge Health Alliance (CHA) has an excellent team of Certified Nurse-Midwives (CNMs) to help care for your growing family. **Our Midwives are highly trained medical professionals who provide respectful, compassionate, personalized care throughout your pregnancy, birth, and beyond.**

What is a Certified Nurse-Midwife (CNM)?

Certified Nurse-Midwives are Advanced Practice Registered Nurses who have a nursing degree as well as a master's degree or doctoral degree in Midwifery.

They are experts in gynecology and pregnancy care, and can conduct annual exams, write prescriptions, and of course, deliver babies. All CNMs in Massachusetts have a masters degree or above, passed a rigorous national certification exam, and are licensed by the state. CHA Midwives also participate in ongoing training in waterbirths, the latest quality and safety procedures, and evidence-based care.

Why should I choose a CHA Midwife?

- Personalized, respectful, one-on-one care
- A birth experience centered on you, your family, and your choices
- Support for natural childbirth with highly trained medical professionals by your side
- Choice of a home-like birth center or hospital setting
- Lower rate of cesarean births, and fewer medical interventions
- Lower rates of infant deaths
- Support for important prenatal care, breastfeeding, and postpartum recovery



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What if I need medical intervention?

At CHA, our Certified Nurse-Midwives support natural, empowered births while also providing medical options, such as epidurals or other interventions, if you choose.

We put safety first. If complications arise, our midwives collaborate closely with our OB/GYN physician team and others to ensure you and your baby receive the right care for a safe, positive delivery.

How do I make an appointment?

You can see a CHA Midwife at any one of our three OB/GYN Centers (CHA Cambridge Hospital, CHA Somerville Campus and CHA Revere Care Center) or our newly renovated Birth Center in Cambridge.

Meet our midwives and plan your baby's arrival! Call 617-665-2800 or scan the QR code to learn more.



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