The Pfizer COVID-19 vaccine has been approved for use in children ages 5 and older. That’s great news for many parents. Others worry about whether the vaccine is safe for their kids.

If you have questions, we can help! Here are some facts you can trust from pediatrician David Elvin, M.D., a chief medical officer at Tufts Health Plan.

**Do my kids need to get the vaccine?**

✔ Yes! Here are some key facts parents should know:
  - Kids can get infected and very sick from COVID-19.
  - They can have short-term and long-lasting health problems from the virus.
  - COVID-19 is one of the top 10 causes of death for kids, according to the Centers for Disease Control and Prevention (CDC).

**Are COVID-19 vaccines safe for kids?**

✔ Yes, data show the vaccine is safe and effective. Millions of kids in the United States have received the COVID-19 vaccine. No major problems have been reported.

**My children need other vaccines too. Do they need to wait to get the COVID-19 vaccine?**

✘ No. Your children can get a COVID-19 vaccine and other vaccines, including a flu shot, at the same visit.

Remember, you and your children do not need identification or health insurance to get a vaccine. COVID-19 vaccines are provided at no cost to your family.

**Wondering what to do next? Start here!**

Get answers to more of your questions on our COVID-19 and Kids resource page at [TuftsHealthPlan.com/KidsandCOVIDMA](http://TuftsHealthPlan.com/KidsandCOVIDMA). We also have information about where your kids can get their shots and how to make an appointment ahead of time.