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Apps for Diabetes



MySugr – a comprehensive diabetes management app that has a “monster” to send notifications and keep users motivated to be adherent

- 4.7 ★
 - In-App Purchases: Yes
 - Languages: English, Arabic, Bulgarian, Czech, Danish, Dutch, Estonian, Finnish, French, German, Greek, Hindi, Italian, Japanese, Latvian, Lithuanian, Norwegian Bokmal, Polish, Portuguese, Romanian, Russian, Slovak, Slovenian, Spanish, Swedish, Thai, Turkish
- mysugr.com/en-us



Glucose Buddy – an app best for tracking blood sugar; can sync different technologies

- 4.8 ★
 - In-App Purchases: Yes
 - Languages: English, Arabic, Catalan, Czech, Danish, Dutch, Finnish, French, German, Greek, Hebrew, Hungarian, Indonesian, Italian, Japanese, Korean, Malay, Norwegian Bokmal, Polish, Portuguese, Romanian, Russian, Simplified Chinese, Slovak, Spanish, Swedish, Thai, Traditional Chinese, Turkish, Ukrainian, Vietnamese
- glucosebuddy.com



OneDrop: Better Health Today – tracks diabetes data (glucose, meds, food, activity/exercise)

- 4.5 ★
 - In-App Purchases: No
 - Languages: English, Arabic, French, German, Hebrew, Italian, Japanese, Portuguese, Russian, Simplified Chinese, Spanish, Traditional Chinese
- onedrop.today



BlueStar Diabetes – provides real-time 24/7 coaching from certified diabetes educators

- 4.2 ★
- In-App Purchases: No
- Languages: English, French, German, Spanish



Glooko – diabetes management; tracks blood glucose, weight, insulin intake, exercise, food intake, and devices all in one place; syncs data with an exhaustive list of third party apps (RunKeeper, Strava, FitBit, Apple Health) as well as diabetes devices (just about every glucose meter and CGM imaginable)

- 4.6 ★
 - In-App Purchases: No
 - Languages: English, Arabic, Croatian, Czech, Danish, Dutch, Finnish, French, German, Italian, Norwegian Bokmal, Polish, Portuguese, Slovak, Spanish, Swedish, Turkish
- glooko.com

Apps for Blood Pressure



SmartBP – allows users to record, track, analyze, and share their blood pressure data; offers features such as color-coded data to identify different blood pressure levels, reminders, and the ability to back up data to iTunes, Dropbox, or Drive

- 4.5 ★
 - In-App Purchases: Yes
 - Languages: English, Arabic, Danish, Dutch, Finnish, French, German, Italian, Japanese, Korean, Norwegian Bokmal, Portuguese, Russian, Simplified Chinese, Spanish, Swedish, Traditional Chinese, Vietnamese
- smartbp.app

Apps for Nutrition



Fooducate: Nutrition Coach – nutrition app best for healthy eating goals

- 4.6 ★
 - In-App Purchases: Yes
 - Languages: English, French, German, Italian, Portuguese, Spanish
- fooducate.com



CalorieKing Food Search – curated food database with nutrition

- 3.5 ★
 - In-App Purchases: Yes
 - Languages: English
- calorieking.com



FigWee Calorie Counter – a visualization tool that teaches portion sizes and nutrition facts

- 4.8 ★
 - In-App Purchases: Yes
 - Languages: English
- figwee.com



UnderMyFork – snap photos of meals, auto-sync blood sugar data, and better understand blood glucose response patterns and how specific foods affect it; the app automatically combines continuous glucose monitoring (CGM) or glucometer data with photos of meals eaten throughout the day to generate insightful graphs to share with healthcare providers

- 4.6 ★
 - In-App Purchases: No
 - Languages: English
- undermyfork.com



Calorie Counter - MyNetDiary

- 4.8 ★
 - In-App Purchases: Yes
 - Languages: English
- mynetdiary.com



My Fitness Pal: Calorie Counter

- 4.7 ★
- In-App Purchases: Yes
- Languages: English, Danish, Dutch, Filipino, French, German, Indonesian, Italian, Japanese, Korean, Malay, Norwegian Bokmal, Polish, Portuguese, Russian, Simplified Chinese, Spanish, Swedish, Traditional Chinese, Turkish