



## Department of Psychiatry

### **Cambridge Health Alliance Department of Psychiatry Adult Inpatient/Outpatient SW Fellowship 2023 - 2024**

**Fellowship Description:** This Advanced Social Work Fellowship runs from September 2023 thru August 2024. This training experience involves the opportunity to provide clinical services and take part in advanced training opportunities. This fellowship is full time, and is split evenly between inpatient and outpatient components. For the outpatient component, trainees see clients in the general psychiatry outpatient department, and are members of a multidisciplinary clinical team. For the inpatient component, trainees are also members of an interdisciplinary team on an adult inpatient unit, where they carry a small caseload of patients. Trainees are required to be on site for a total of 40 hours per week, including one evening. Postgraduate trainees receive a stipend (including health insurance), and four weeks of paid vacation.

**Trainee Duties and Clinical Responsibilities:** In the ambulatory psychiatry department, social work trainees conduct individual psychosocial evaluations. They provide individual, group, and occasionally, couples and family psychotherapy, to patients in general psychiatry. The fellow will carry an outpatient caseload that will comprise about fifty per cent of their fellowship (20 hours/week), consisting of evaluations, group treatment, evidence-based therapy, and a smaller number of patients for ongoing individual psychotherapy. While on the inpatient unit, the trainee will be a member of one of the treatment teams, and will work with a small number of patients from admission through discharge. The trainee will work closely with other team members, including the psychiatrist, residents, medical students, social workers, case managers, occupational therapists, and nursing staff. The social work fellow will provide family and systems' meetings to coordinate the safest aftercare plan possible for their patients. The fellow will also provide group psychotherapy, under the supervision of a staff clinician, to a mixed milieu of patients experiencing an acute mental health crisis.

**Trainee Supervision:** Each social work fellow receives a minimum of two hours of individual supervision, as well as CBT group supervision. Independently licensed social workers, as well as senior staff in other disciplines, many of whom are on the faculty of Harvard Medical School, provide all supervision. Additional specialized supervision is arranged as needed.

**Orientation:** At the start of the training year in September, incoming fellows will be expected to participate in hospital- wide orientation programs, as well as orientation

specific to social work, the adult OPD, and to inpatient psychiatry. Trainees will also learn to use EPIC, the electronic medical record.

**OPD Team Meeting:** Trainees are part of an interdisciplinary team of staff and trainees that create shared treatment plans, coordinate treatment, advise on progress of patients in their treatment course, and discuss complex patients. Team clinic and team meetings are on Tuesday mornings.

**Inpatient Team Meeting:** This multidisciplinary team meeting occurs daily, and is attended by all team members. The SW fellow would attend this meeting four days per week, with the exception of Tuesdays. This meeting encourages patient participation, and includes biopsychosocial assessments for new patients, daily mental status exams, and clinical interviews completed in a multidisciplinary fashion.

**Treatment Modalities:** The trainee would be given the opportunity to practice using a wide variety of evidence-based treatment options including: CBT, DBT, Motivational Interviewing, Solution Focused Treatment, Short-Term Psychodynamic Psychotherapy, Family Systems Treatment, Trauma Focused Treatment, and Longer Term Psychotherapy.

**Outpatient Psychiatry Department Seminars:** A wide variety of seminars are offered and encouraged, including: Grand Rounds, a Trauma Seminar, an Acute Crime Seminar, a Couple's and Family Systems Seminar, a Short-Term Psychodynamic Seminar, and an OPD Case Conference. In addition to these seminars, additional training will be offered including CBT for psychosis, CBT for depression, and CBT for Complex PTSD.

**Professional Development Seminar:** SW fellows from our five fellowship programs meet biweekly and have guest speakers present on multiple aspects of the social work profession.

**Application Procedures:** Fellowships are available to students who have completed an MSW from an accredited institution. Social work fellows are awarded an annual stipend of approximately \$42,000 for a 12-month training year, with a 4-week paid vacation, holiday and sick time included.

Trainees who are accepted into the fellowship program are mature and experienced students with varied clinical backgrounds and strong recommendations from both academic and clinical settings. Applicants for advanced social work training should submit a cover letter, C.V. and three letters of recommendation by July 12, 2023 to our program coordinator, **John MacCumascaigh**, at [jmaccumascaigh@challiance.org](mailto:jmaccumascaigh@challiance.org)

**Phillip Brown, LICSW**  
**Director of Social Work Training**  
**Chief of Psychiatry Social Work**