

Reproductive Health Training at Tufts FMR

Faculty Lead: Honor MacNaughton, MD

Facts About Our Program:

- [RHEDI program](#) with opt-out abortion training
- [Reproductive Health Care and Advocacy Fellowship](#)

Opportunities for all Residents

TUFMR offers residents a robust curriculum in full-spectrum sexual and reproductive health care through a variety of didactic and hands-on clinical experiences. PGY-1s rotate through a 3-week GYN rotation while PGY-2 and PGY-3s have didactics and GYN procedure clinics scheduled longitudinally. During both continuity family medicine clinics and procedure clinics, residents are trained in wellness exams, contraceptive counseling, options counseling for unintended pregnancy, HIV PrEP, prenatal care and care for early pregnancy loss. All residents are trained to provide Nexplanon and IUD insertions and removals and endometrial biopsies.



Training to Competency in Abortions

All residents receive didactic and clinical training in pre-abortion counseling, medication abortion and post abortion care in the family medicine setting as well as at a high volume abortion clinic. All residents who wish to train to competency in medication abortion care are able to do so. All residents are exposed to uterine aspiration and those interested in training to competency can use their elective time to do so. Opportunities to train in aspiration abortion vary based on the number of residents interested in any given year. In addition, the number of aspiration procedures performed by a resident varies depending on how much time the resident devotes to abortion training as compared to other interests.

Trauma-informed care, Reproductive Justice, and Advocacy Opportunities

As with other aspects of the TUFMR curriculum, we strive to apply a trauma-informed and justice-oriented lens to our reproductive and sexual health curriculum. Specific didactics are included on these frameworks and advocacy opportunities, ranging from legislative advocacy to institutional advocacy, are available for interested residents.



How was reproductive health impacted by COVID-19?

During the height of COVID-19 in the Boston area, reproductive health training was paused for residents although the clinics and reproductive fellow were still scheduling patients and performing procedures. We were also able to change CHA policies to increase access to women's healthcare during this time. Those residents who were interested in training to competency were quickly scheduled into repro clinics once inpatient demands lessened. Repro clinic was one of the first in-person clinics that residents were able to restart in May. Our clinic has also added LARC clinics into the in-person schedule.

Have more questions? Ask Honor or Patty at the Virtual Booth!