



COMMUNITY HEALTH WORKER TRAINING COURSE

Winter/Spring 2023

The goal of the Community Health Worker (CHW) training program is to **engage, train and empower** people to improve the health of their communities. Meeting program requirements set by the Massachusetts Board of CHWs, this **free** training covers the core competencies outlined by the state. CHA's training also includes Mental Health First Aid, Motivational Interviewing and more.

Training Schedule

Choose between two virtual trainings held via Zoom. Certificates of completion are provided upon attendance of all 80 hours of training.

Saturday Weekend Session:

- Ten weeks
- January 21 – March 25, 2023
- 9:00 am – 3 pm

Tuesday and Thursday Weekday Sessions:

- 8 weeks
- September 5 – October 26, 2023
- 9:00 am – 1:00 pm

Program Benefits

- Opportunity to participate in our highly competitive Volunteer Health Advisor (VHA) program, which includes a supervised internship.
- Work with CHA's **innovative and award-winning Community Health Improvement** program.
- Gain **skills and experience in the healthcare field** by helping community members live healthier, more productive lives.



Qualifications

- 18 years or older
- Intermediate/advanced English (both written and verbal)
- Exhibit strong leadership and interpersonal skills
- Passion for working with people and/or organizations to improve the health of communities

The Power of Community Health Workers

The community health worker training program strives to standardize the education and certification process, advance workforce development, and improve the profession's recognition.

Healthcare systems, like CHA, understand the need to engage with individuals in the context of their lives in order to improve their health. This requires supporting patients beyond the doctor's office and working towards addressing the societal, cultural and environmental factors that impact both individual and community health. CHWs are a bridge between people living in the community and CHA. They help improve health care access, education and delivery.

Who are CHWs?

- CHWs are frontline public health workers who **apply their unique understanding of the experience, language, and/or culture** of the populations they serve to:
- Offer culturally appropriate health education and outreach in community-based settings such as homes, schools, clinics, shelters, local businesses, and community centers.
- Identify and share appropriate information, referrals, and other resources to help individuals, families, groups, and organizations meet their needs.
- Provide direct services, such as health coaching and care coordination relating to accessing health and human services and social supports.
- Advocate for individual, family and community needs related to health care and human services.



“Community Health Worker” is an “umbrella term” for a number of job titles that encompass one or more of the CHW roles. Some job titles for CHWs in Massachusetts include: Health Educator, Enrollment Worker, Family Advocate, Family Support Worker, Health Advocate, Outreach Worker/Educator, Patient Navigator, Peer Advocate, Peer Leader, Promotor(a) de Salud.

How are CHWs different from other health professionals?

CHWs are hired primarily for their understanding of the populations and communities they serve. They successfully conduct outreach and support system navigation, relying on their extensive experience working in community settings.



To Register

Apply [here](#) for our winter course by January 9, 2023.

For more information, please contact [Camille Defendre-Alexandre](#).