

To: Clinicians and Clinical Researchers Interested in MTRR Research at VOV

Thank you for your interest in the research activities of the Victims of Violence Program and in our Multi-Dimensional Trauma Recovery and Resiliency (MTRR) measures. These measures include the English language MTRR-99 observer rated likert scale and MTRR-Interview which are attached for your review.

The theoretical framework for this work is presented in a January 1996 Journal of Traumatic Stress article entitled “*An ecological view of psychological trauma and trauma recovery*” (Harvey, 1996) and in an earlier Journal of Interpersonal Violence article entitled “*A stages by dimension model of recovery from sexual trauma*” (Lebowitz, Harvey and Herman, 1991). The results of an initial series of psychometric studies are presented in a 2003 article entitled “*A multidimensional approach to the assessment of trauma impact, recovery and resiliency: Initial psychometric findings*” (Harvey, et al, Journal of Aggression, Maltreatment and Trauma, 2003, 6 (2)). Additional articles concerning the measures and their cross-cultural utility are forthcoming in a special issue of the Journal of Aggression, Maltreatment and Trauma, entitled “*Sources and Expressions of Resilience in Trauma Survivors: Ecological Theory, Multicultural Practice*”, co-edited by Dr. Mary R. Harvey, Ph.D. and Dr. Pratyusha Tummala-Narra, Ph.D. and *in press* for early 2007. The MTRR-I has now been translated into Spanish, French, Portuguese and Japanese and can be used alone or in conjunction with the MTRR-99 to assess expressions of trauma impact, recovery and resilience in culturally diverse treated and untreated trauma survivors

To Clinicians and Clinical Researchers:

The MTRR-99 is a 99 item clinician observer likert-type rating scale that can be completed either following the administration of the MTRR-Interview by a clinical researcher or on the basis of a relatively in-depth, trauma-informed clinical intake and assessment interview conducted by a trained clinician. We are enclosing for your review copies of the English-language version of our MTRR-99 likert scale, and an item- by-domain Rating Form in the hopes that you will find the measure useful. At the Victims of Violence Program, we are interested in learning more about how clinicians in other settings are using the measure and in obtaining data on patients who can be described as “early in recovery” or “partially recovered” in the following categories: (1) adult survivors of childhood sexual or physical abuse who have no (or minimal) histories of adult trauma, (2) male and female survivors of adult-incident sexual assault (acquaintance, stranger and /or partner perpetrated) who have no (or minimal) histories of childhood trauma, (3) male survivors of either childhood sexual abuse or adult-incident sexual assault or both, (4) survivors of adult incident domestic violence, (5) combat veterans, (6) survivors of political trauma, (7) patients who have suffered traumatic loss (e.g. homicide survivors), (8) crime victims currently in crisis due to recent crime victimization and (9) survivors of natural or manmade disasters. In addition, we hope to obtain MTRR-data on trauma patients in all categories who are seen by their clinicians as “largely recovered”. If you intend to gather data on any of these groups, we would be interested in learning more about your work.

If you are interested in obtaining non-English language versions of either the MTRR-99 or the MTRR-I, please let us know and we will put you in touch with the researchers who translated the measures.

Again, thank you for your interest in our work.

Sincerely,

Mary R. Harvey, Ph.D. Senior Psychologist
Victims of Violence Program
Associate Clinical Professor of Psychology
Department of Psychiatry
Harvard Medical School

Michaela Mendelsohn, Ph.D., Research Director
Victims of Violence Program
Instructor in Psychology
Department of Psychiatry
Harvard Medical School