



THE TRAINING PROGRAM IN CHILD AND ADOLESCENT PSYCHIATRY

Cambridge Health Alliance and Its Mission

Since 1964, the Cambridge Hospital (now Cambridge Health Alliance, or CHA) has provided a model of innovative community-oriented healthcare in which trainees from all psychiatric disciplines have developed their skills. The CHA mission is to improve the health of the Massachusetts communities we serve. As a safety-net healthcare system, CHA has been on the cutting edge of healthcare reform, and has received national recognition for its innovative work. In 1988, the Victims of Violence Program at CHA received the Gold Award from the American Psychiatric Association for innovative hospital and community service. In 1993, CHA was honored with the Foster G. McGraw Prize for service to the community, in 2001; CHA received three Safety Net awards for Open Access Patient Scheduling, Domestic Violence Programming, and Cultural and Linguistic Competency. In 2001, the Robert Wood Johnson Foundation selected CHA as one of seven healthcare systems for a "Pursuing Perfection" grant to transform healthcare delivery. In 2003, CHA was again honored with APA's Gold Award, this time for its innovative work in providing a restraint-free environment on its child inpatient psychiatric unit. In 2007, the National Association of Public Hospitals and Health Systems presented the Chair Award to CHA for its integrated medical student clerkship program. And in 2009, CHA was selected as a national best practice site for team development by the Commonwealth Fund Safety Net Medical Home transformation initiative.

As part of its 2015 strategic planning process, CHA is poised to become an Accountable Care Organization. This "medical home" model would involve CHA receiving global insurance payments from private, state and federal insurers in exchange for providing integrated care to a community of patients. The planning and implementation for this model is actively underway with the initial focus occurring on the side of adult medical and mental health care; child services will be phased in over time. This model will enhance our ability to focus on preventative care and well as treatment, and offer earlier interventions for the children and families we serve.

CHA Training in Child Psychiatry

Training and education are key elements of CHA's mission. The CHA child psychiatry fellowship training program has its roots in psychodynamic and psychoanalytic therapies, multiculturalism, and community-based care. While continuing to nurture this tradition, the program has grown to include expanding treatment modalities within our field and incorporate them into training in a biopsychosocial model. Our values include training highly ethical, independent and responsible physicians who will give excellent psychiatric care to children and families using an integrative approach to child psychiatry that fits the needs of the individual patient and families.

The training experience is designed to develop and strengthen fellows' ability to develop a biopsychosocial formulation and treatment plan, and implement appropriate and effective treatments. Fellows are taught to consider different modalities of treatment based upon the family's request for services, the efficacy and cost-effectiveness of certain methods for particular disorders, the capacity of a child and family to engage in treatment, and the level of supporting evidence. The ranges of psychotherapy techniques taught includes: intensive psychodynamic individual psychotherapy, intensive family therapy, brief and focused individual and family therapies, psychopharmacology, supportive psychotherapy, cognitive behavioral psychotherapy, psycho-educational interventions, and group therapy.

The two-year training program includes a combination of didactics and clinical rotations. Currently, eight to ten hours a week are protected for didactic learning. Weekly seminars cover a variety of topics pertinent to our field, including psychotherapy, psychopharmacology, human development, and research. Clinical rotations occur throughout both years. The first year is divided into 5 approximately 10-week blocks in adolescent inpatient, child inpatient, psychiatric emergencies, consult-liaison, (which includes both inpatient and outpatient consultation) and elective. In addition, briefer rotations within each block focus on issues such as developmental disorders, eating disorders, neuropsychological testing and preschool-age development. Also in the first year, trainees begin their longitudinal outpatient experience in both psychotherapy and psychopharmacology. Finally, the first year fellows rotate through the outpatient diagnostic evaluation team to begin to learn the skills needed to conduct outpatient assessments.

The second year is focused on seeing a diverse outpatient population for a full range of outpatient treatments. In addition, second-year fellows learn about pediatric neurology as it relates to child psychiatry, and about forensic and school consultation. Seven hours a week throughout the second year is available for elective time and scholarly activity. All second-year fellows complete a Clinical Scholarship Project.

The Training Program in Child and Adolescent Psychiatry at Cambridge Health Alliance recruits five fellows per year. Interested applicants should submit an application in writing by November 15 using the joint application form of the three Harvard Medical school affiliated training programs in child and adolescent psychiatry. Interviews begin in September and run through the beginning of December. Decisions are made by mid-December for the following training year. We accept fellows only after their PGY-III year of training (or beyond) who have passed USMLE III, completed required Clinical Skills Verification Exams, and met all ACGME requirements for general psychiatry. Our program participates in the NRMP match for fellows in Child and Adolescent Psychiatry. We are an equal opportunity employer and training program and seek to recruit minority trainees and faculty members who will assist us in providing services to minority groups in our community.

ROTATIONS

Content Overview of the Cambridge Health Alliance Child And Adolescent Psychiatry Training Program:

FIRST YEAR

INPATIENT

Child Assessment Unit (CAU)

- Child Inpatient, Cambridge Hospital (30 hours/week for 10 weeks)

Adolescent Assessment Unit (AAU)

- Adolescent Inpatient, Cahill 3, Cambridge Hospital (30 hours/week for 10 weeks)

PSYCHIATRIC EMERGENCY SERVICES (PES)

- Emergency room, (Cambridge Hospital, (19 hours/week for 10 weeks)
- Community Service Agency (Cambridge Youth Guidance, 5 hours/week for 10 weeks)
- Neuropsychological testing observation (Cambridge Hospital, 3 hours/week for 10 weeks)

CONSULTATION/LIAISON

- Inpatient consultation, Tufts Medical Center (19 hours/week for 10 weeks)
- Outpatient consultation, MIT Pediatric Clinic, Cambridge (4 hours/week for 10 weeks)
- Preschool consultation, Soldier's Field Park Children's Center, Cambridge (2.5 hours/week for 10 weeks *during the Elective Block*)
- Consultation to State Agencies (Depts. of Mental Health and Children and Families, various locations (3 hours/week for 10 weeks)

ELECTIVE AND SCHOLARLY ACTIVITY

- Independent clinical and scholarly activity time (site and hours vary, 8 weeks)
- Developmental disorders, office of Karen Levine, PhD (2.5 hours/week for 10 weeks)
- Preschool Children: Clinical Issues and Normal Development (1.5 hours/week for 8 weeks)
- Eating disorders, Cambridge Eating Disorder Center (11.5 hours/week for 2 weeks)

OUTPATIENT (Cambridge Hospital Macht Building)

- Evaluation team (3.5 hours/week for 10 weeks *during the Elective Block*)
- Psychotherapy (individual, group and family, 3 hours/week for 52 weeks)
- Precepted psychopharmacology clinic (3 hours/week for 52 weeks)

ROTATIONS: FIRST YEAR

I. INPATIENT

• Child Assessment Unit (CAU), Cambridge Hospital - 10 weeks

This clinical experience gives fellows a chance to work with multidisciplinary staff, gain experience negotiating outside systems such as the Department of Children and Families, Department of Mental Health, and the newly-developed services under the umbrella of the

Children's Behavioral Health Initiative. Fellows are offered opportunities to develop assessment and treatment skills with oversight and supervision, both in a "split-treatment" model and as the primary provider. The Cambridge Hospital CAU opened in 1989 and houses 13 acute inpatient beds. Patients range in age from 2 to 13; approximately 30% are from Cambridge and Somerville, while 70% are drawn from a wider geographic area. The patients represent a diverse ethnic and cultural mix and present with a wide range of diagnostic problems, including post-traumatic, mood, psychotic, and developmental disorders. Clinical focus is on accurate diagnostic assessment, including individual and family evaluations, and broad-based treatment, including psychopharmacology, family work and milieu therapy. The unit has been involved in a major research project with Ross Greene, PhD, using his Collaborative Problem Solving approach to manage aggressive behavior and eliminate the use of restraint and seclusion. The unit has also has developed a family-centered model of care.

Educational activities include: Weekly interview and case formulations conference with outside faculty; pediatric rounds 1 hour every week with a consulting pediatrician; biweekly family therapy case conference; biweekly conference on Collaborative Problem Solving; weekly clinical supervision from outside faculty; weekly supervision with an onsite supervisor; and informal supervision as needed.

Teaching opportunities include supervising medical students, adult psychiatry and pediatric residents.

• Adolescent Assessment Unit (AAU), Cahill 3, Cambridge Hospital - 10 weeks

The rotation provides a rich and diverse clinical experience and a chance to work with multidisciplinary staff in a team format, both as primary provider on the case and as the medication consultant. Fellows gain experience negotiating outside systems and presenting evaluations in teams and to outside providers in systems meetings.

This unit has 14 inpatient beds. The population ranges in age from 12 to 19, with approximately 50% of patients from the local Cambridge/Somerville area and 50% from further away. The patients represent a diverse ethnic and cultural mix. We have access to many kinds of interpreters including ASL for deaf patients. Like the CAU, this unit serves a wide range of adolescents with diagnoses including, but not limited to: PTSD, ADHD, mood disorders, psychotic disorders, substance abuse, and disruptive disorders. Systems work involves school and program (residential) consultation.

Faculty on both inpatient units include child and adolescent psychiatrists, social workers, psychologists, nurse managers, staff nurses, and milieu counselors. Faculty members are experienced in assessment, psychotherapy, play therapy, behavior modification, psychopharmacology, substance abuse, and family therapy.

Educational activities include: Weekly interview and case formulations conference with outside faculty; biweekly addiction case conference; clinical and psychopharmacology supervision from faculty; weekly supervision with an onsite supervisor; and informal supervision as needed.

Teaching opportunities include: Supervising medical students, general psychiatry residents, and pediatric residents,

II. OUTPATIENT

The Cambridge Hospital Child and Adolescent Outpatient Service is located at the Macht Building and provides evaluation and treatment to children from ages 3 to 18, approximately 60% of whom are male and 40% of whom are female. About half the children are 12 or under, half are 13 or older. These children are most commonly diagnosed with conduct disorders, depression, Post-Traumatic Stress Disorder, Oppositional Defiant Disorder, Attention Deficit Hyperactivity Disorder, and adjustment disorders. School behavioral problems, learning disabilities, physical or sexual abuse, and family disorganization are frequently part of the clinical picture. The cultural and ethnic mix of patients includes Latino, Haitian, and Portuguese.

The Child Ambulatory Service handles approximately 10,466 visits per year. Among the components of the service are a psychotherapy clinic, a psychopharmacology clinic, and a small clinic for deaf and hard-of-hearing children.

In addition to the Macht outpatient service, children and adolescents are seen by our staff at local schools and in neighborhood health centers. Fellows have an opportunity to view this experience first-hand during the Community Service Agency rotation during the PES block.

Team Evaluation Clinic

First-year fellows spend 10 weeks during their Elective rotation and second-year fellows spend 26 weeks attending a weekly 3.5- hour Evaluation Team meeting. The team is multidisciplinary and provides initial assessments to patients new to the clinic. This setting provides an opportunity for fellows to watch senior faculty interview patients; to be observed interviewing patients; and to work together in a team setting to think through diagnostic formulations and treatment plans.

Outpatient Psychotherapy Clinic

Fellows spend their time learning and providing psychotherapy and psychopharmacology to diverse populations. The essential experience includes family work, individual psychodynamic psychotherapy, supportive and cognitive/behavioral interventions, consultation with community agencies and schools, and general clinical case management. Many cases will involve combined treatment (both psychotherapy and medications).

First year fellows carry three therapy hours a week primarily for psychotherapy but also for evaluations, family work, and case management. First-year fellows receive a minimum of 2 hours of weekly outpatient supervision.

Precepted Psychopharmacology Clinic

The 3 -hour psychopharmacology clinic is devoted to the medication management of patients in a split treatment model. It is precepted by an attending child psychiatrist who is available to help fellows with diagnostic interviewing and treatment planning, to answer any questions the trainee may have, and to guide fellows' self-directed learning about evidence-based treatments in clinical practice. Preceptors provide feedback on interviewing skills and documentation. Current preceptors are Sandra DeJong, MD, Joel Solomon, MD, and Susan Walker, MD.

III. PSYCHIATRIC EMERGENCY SERVICE

The Cambridge Hospital's Psychiatric Emergency Service is the entry point for all acute psychiatric services, and also provides evaluation and urgent treatment to children, adolescents, adults, and families. Patients are children and adolescents aged 18 and under. Adolescents outnumber latency age children, with an equal number of male and female patients.

Evaluations/assessments are directed at determining patient needs for acute stabilization and appropriate/least restrictive level of care. Fellows spend 19 hours a week for 10 weeks on this rotation. Cases in this rotation are supervised by a child and adolescent attending psychiatrist who interacts with the Medical Director and other experienced clinicians in Emergency Services. Faculty supervision is provided for each case seen and in weekly 1:1 and staff meetings with the supervisor.

Christine Wittmann, MD, PES Assistant Director for Child and Adolescent Services, is the rotation supervisor.

The Community Service Agency (CSA) rotation at the Cambridge Youth Guidance Center

This rotation introduces fellows to working in a community mental health center and to the Massachusetts' Child Behavioral Health Initiative (CBHI), a statewide reform of public child mental health care. Fellows participate in evaluating children and families, and developing a comprehensive treatment plan using the concept of wraparound services. Becoming more familiar with community-based resources, working within a multidisciplinary treatment team, and acting as a psychiatric consultant in a community setting are also critical goals of this rotation. Rotation supervisor is Carol Murphy, LICSW.

Neuropsychology

During the PES block, fellows spend one morning a week learning about neuropsychological testing of children with Laura Gaugh, PhD. They observe her perform neuropsychological testing with children and adolescents and participate in the feedback sessions with families.

IV. CONSULTATION/LIAISON

Inpatient C/L

The Floating Hospital for Children at Tufts Medical Center in downtown Boston is a 100 bed pediatric tertiary care hospital within Tufts Medical Center. CHA Fellows rotate at the hospital performing inpatient consultations on children and adolescents who have a wide range of concerns including psychological difficulties associated with pediatric illness, unexplained somatic symptoms, child abuse and neglect, pain management and problems managing chronic illness. In addition, fellows have the opportunity to participate in more specialized inpatient consultation experiences on both the Pediatric Intensive Care Unit and the Bone Marrow Transplant Unit at the Floating Hospital. Fellows spend approximately 16 hours per week over a 10-week period at Tufts performing clinical consultations, presenting cases, attending a teaching conference, and receiving supervision. Fellows will also have opportunity to teach Tufts Medical Students. All fellows have individual, once weekly supervision with John Sargent, MD, Chief of Child and Adolescent Psychiatry at Tufts, and/or the consultation-liaison attending.

Outpatient C/L

The outpatient pediatric clinic at the Massachusetts Institute of Technology (MIT) Health Services provides pediatric care to the children of students, faculty and general employees at the Institute. Fellows spend one afternoon (4 hours) a week for 10 weeks seeing children and families referred by their MIT pediatrician for a variety of psychiatric concerns. Fellows have an opportunity to learn about the consultative frame in general and consultation to pediatricians in particular, and to pick up one case for outpatient follow-up at their Cambridge Hospital clinic. The rotation supervisor is Dr. Sherry Bauman.

Preschool Consultation

The Soldiers Field Park Children's Center in Cambridge is attended by 73 healthy children ranging in age from 2 months to 5 years. They are primarily children of Harvard University faculty and staff. The children are divided into seven classrooms, each of which is designed to meet the developmental needs of its assigned group. This consultation rotation is supervised by a child psychiatrist, Jeanne Heiple, MD, PhD.

Fellows spend 2 hours a week for 10 weeks on this rotation. The experience allows the fellows to observe "normal" preschool children in groups. In addition, it provides an opportunity to act as a consultant in a preschool setting and to consider the issues involved in acting as a consultant. Fellows spend one hour weekly in observation of one of two preschool toddler or infant classrooms and one hour weekly consulting with teachers and the center director.

During this rotation, the fellow functions as a consultant without any direct clinical responsibility. In addition, fellows provide a 1-hour in-service teaching session to staff at some point during the rotation.

Systems Consultation to State Agencies

The MA Department of Mental Health (DMH) is a state agency that sets the standards for the operation of mental health facilities and community residential programs and provides clinical, rehabilitative, and supportive services for adults and children with serious mental illness or serious emotional disturbances. The Department for Children and Families (DCF) is the child welfare agency in Massachusetts. During this 10-week rotation, first year child psychiatry Fellows will spend 3 hours a week accompanying the faculty during weekly consultations to DMH and DCF at various sites within our catchment area.

Fellows will be supervised by Dr. Nandini Talwar, a child and adolescent psychiatrist who has extensive experience working with state and community agencies. During the consultation, the trainees will hear about complicated cases presented by DCF case managers and supervisors. Trainees learn about services and opportunities provided by state agencies, criteria for eligibility for services from state agencies, the process of investigation and assessment for allegations of abuse and neglect, as well as the various dilemmas and limitations faced by agencies when working with families and clients. Fellows will also participate in a once a month meeting with the group of Massachusetts DMH child and adolescent psychiatrists to discuss a variety of topics including high risk and complicated cases, changes and trends in the mental health system in MA, and other important issues related to public mental health care for children. In addition, the fellows will participate in a once a month interagency meeting with representation from DMH, DCF, DDS (Department of Developmental Services, formerly known as Department of Mental Retardation), DYS (Department of Youth Services), Department of Education and the Department of Public Health. This meeting will serve to provide updates about services and changes in each of the participating state agencies as well as a forum for consultation to high-risk and underserved families who are in need of services from more than one agency.

ELECTIVE/SCHOLARLY ACTIVITY

Independent clinical/scholarly activity

This rotation provides 10-15 hours per week for 10 weeks of elective time so that fellows can pursue clinical or scholarly activities in their own particular area of interest(s).

Eating Disorders

The **Cambridge Eating Disorders Clinic (CEDC)** is an intensive outpatient and residential treatment center for adolescents with a variety of eating disorders. Treatment consists primarily of group therapy. The clinic is run by Seda Ebrahimi, PhD, and a staff of clinicians specially trained in eating disorders.

Fellows spend 11.5 hours over 2 weeks working on an adolescent partial hospitalization unit as well as an adolescent residential program. The rotation includes doing assessments, working with individual patients and participating in treatment groups. Marc Libman, MD, is the rotation supervisor.

Developmental Disorders/Intellectual Disability

Fellows spend approximately 2.5 hours a week for 10 weeks during the Elective rotation observing evaluations at the office of Dr. Karen Levine, a developmental psychologist, in Lexington. The experience gives fellows exposure to young children with a range of developmental disorders including Autism Spectrum Disorders, with or without intellectual disability, and to various systems of care for these children and adolescents. Uses of play in assessment and treatment of this population are emphasized.

Preschool Children: Clinical Issues and Normal Development

Fellows spend one morning a week with child psychiatrist Margaret "Polly" Gean, MD, doing consultations with preschoolers and their families. Fellows deepen their understanding of normal development at this stage of life, and learn to distinguish it from clinical pathology.

Content Overview of the Cambridge Health Alliance Child and Adolescent Psychiatry Training Program:

SECOND YEAR OUTPATIENT CLINIC

- Evaluation team (3.5 hours/week for 26 weeks), Cambridge Hospital
- Psychotherapy (individual, group and family, 7.5 hours/week for 52 weeks), Cambridge Hospital
- Precepted psychopharmacology clinic (4.5-5 hours/week for 52 weeks), Cambridge Hospital

CONSULTATION/LIAISON

- School consultation, Cambridge/Somerville public schools (3 hours/week for 40 weeks)
- Forensic consultation, Middlesex Probate/Family Court and Middlesex County Juvenile Clinic, Cambridge (4 hours/week for 26 weeks)

PEDIATRIC NEUROLOGY

- Neurological evaluation, LADDERS, Lexington, MA (4 hours/week for 10 weeks)

ELECTIVE/SCHOLARLY ACTIVITY

- Independent Clinical/Scholarly Activity Time (7 hours/week for 52 weeks)

ROTATIONS: SECOND YEAR

I. Outpatient

The CHA Child and Adolescent Outpatient Service provides evaluation and treatment to children from ages 3 to 18, 60% of whom are male and 40% of whom are female. Half the children are 12 or under, half are 13 or older.

These children are most commonly diagnosed with conduct disorders, Depression, Post-Traumatic Stress Disorder, Oppositional Defiant Disorder, Attention Deficit Disorder, and Adjustment Disorders. School behavioral problems, learning disabilities, physical or sexual abuse, and family disorganization are frequently part of the clinical picture. The cultural and ethnic mix of patients includes Latino, Haitian, and Portuguese.

The Child Ambulatory Service handles approximately 10,466 visits per year. Among the components of the service are a psychotherapy clinic, a psychopharmacology clinic, and a small clinic for deaf and hard-of-hearing children. In addition, services are provided within both school and neighborhood health centers.

Team Evaluation Clinic

Second-year fellows spend 3.5 hours weekly for 26 weeks as senior members of the Evaluation Team providing outpatient evaluations. The clinic provides an opportunity for fellows to consolidate their skills in diagnostic interviewing, treatment planning, and working within a team setting. It also provides increased opportunity for fellows to teach and mentor first-year fellows, general psychiatry residents, and medical students.

Outpatient Psychotherapy Clinic

Second-year fellows continue their work in evaluating and treating children and families. The emphasis is on a flexible approach and increasing fellows' breadth and depth of treatment modalities. The fellows are expected to have a minimum of eight clinical hours of outpatient psychotherapy, including co-leading a weekly outpatient group.

Second-year fellows have 3-4 hours of weekly outpatient supervision. This includes 2 hours of individual supervision for psychotherapy in addition to group CBT supervision, group supervision for groups, and group supervision for school consultation.

Precepted Psychopharmacology Clinic

Second-year fellows spend approximately 4.5-5 hours a week over 2 afternoon all year long performing psychopharmacology evaluations and medication management in a split-treatment model. Fellows are primarily assigned either to the Outpatient Department at CHA or to both CHA OPD and a CHA-affiliated site in the community. Currently the community sites are Cambridge Youth Guidance Center, where the rotation is precepted by Dr. Tyrone Williams, and the Anna May Powers community clinic in Everett, precepted by Dr. Deborah Kulick. Dr. Debra Rosenblum and Dr. Nick Carson are the CHA OPD clinic preceptors.

Preceptors provide feedback on interviewing skills and documentation. Time each week is devoted to supervision of cases and didactics focusing on the review of seminal articles in pediatric psychopharmacology.

II. School Consultation

The Cambridge and Somerville Public School systems serve a diverse ethnic and socioeconomic community from kindergarten through grade 12. Child psychiatry fellows spend three hours per week for 9 months in consultation to a diverse ethnic and cultural public student population.

Fellows either chose to work in an elementary school (kindergarten through eighth grade) or high school according to their interest, exposure to different age groups and availability of placement. The elementary school age group is from five years old to fourteen years old and the high school population is from fourteen years old to eighteen years old. The school population is diverse population with a majority of the students African American (80 percent) and usually a majority of boys (70 percent).

Fellows participate on a "Teacher Assistant Team" one hour per week. This is a multidisciplinary team where strategies are generated to support students that are struggling and is an effort also to reduce referral of students to special education. Fellow also provide one hour a week of consultation to the staff that work with the "wrap around" classrooms in their school. The students in the separate "wrap around" classroom have "severe emotional disturbances" (bipolar, PTSD or ADHD for example) and often have learning disorders. They will often run a psychotherapy group with a school psychologist that are either adjustment groups or provide practical social skills to students. Once a year they do an extensive evaluation of a student under close supervision by request of the Office of Special Education. These assessments often clarify diagnosis and help with understanding the treatment obstacles and how to manage a particularly challenging student.

This rotation is supervised by Nancy Rappaport, MD, Director of School Programs.

III. Forensic Consultation

Probate and Family Court: The Family Service Clinic is a department of the Middlesex Probate and Family Court. It has offices in Cambridge. The clinic staff performs comprehensive evaluations of families following parental separation in which custody and visitation of minor children are disputed issues. These evaluations focus on the needs, interests, and welfare of the child in the context of parental conflict. Children evaluated range in age from under one year to 18 and come from diverse socioeconomic and ethnic backgrounds. The rotation supervisors are Barbara Hauser, LICSW and John Baker, Ph.D.

Educational activities include:

Introduction to the Probate and Family Court, including observation of court proceedings and the provision of testimony during these proceedings; Multiple diagnostic interview sessions with the referred children and their parents; Review of collateral documents; and completion of a comprehensive report for the court, concluding with recommendations.

Juvenile Court: Adolescent Consultation Services (ACS) is a private non-profit agency, which operates the Juvenile Court Clinics for the Middlesex County Juvenile Courts. ACS offices are located in the Juvenile Court in Cambridge. Upon order of the Judge, Juvenile Court Clinic staff conducts comprehensive diagnostic evaluations of youth and families involved in the court. The rotation supervisor is Rebecca Pries, CAGS, LMHC.

Educational activities include:

Multiple diagnostic interview sessions with the entire family and the referred youth; A review of collateral documents; Completion of comprehensive forensic report (Delinquency, Child in Need of Services, or Care and Protection case) for the court, including a dynamic formulation and realistic recommendations. Introduction to the juvenile court setting and staff including judges and probation officers includes observation of juvenile court; and, opportunity to give testimony.

IV. PEDIATRIC NEUROLOGY

The Fellows spend one morning a week for 10 weeks at the Lurie Center/Learning and Developmental Disorder Evaluation and Referral Service (LADDERS) in Lexington, MA. They learn to take a pediatric and neurological history with a particular emphasis on birth and early development. School histories are also detailed. Areas addressed include the subtleties of abnormalities in processing and modulating sensory input (auditory, visual, and tactile), difficulties in perception and/or medical conditions which could potentially be confused or mistaken for psychiatric or behavioral disorders. Fellows review and perform a neurological evaluation, including cranial nerves, motor (fine motor, gross motor, and balance), and sensory and mental status assessments. Fellows are taught and expected to dictate a complete report on the patients they have evaluated which are then reviewed by the supervising neurologists, Dr. Margaret Bauman and Dr. Ann Neumeyer.

V. INDEPENDENT CLINICAL/SCHOLARLY ACTIVITY

Fellows have approximately one day a week in the second year to pursue clinical activities according to their particular interests, and to complete a scholarly project. Fellows are expected to either create an elective proposal, or choose from a variety of electives currently offered by our faculty. Either of these options will require the fellow to choose a mentor to work with during the elective. In addition, fellows complete a scholarly project at the end of the second year. The elective may or may not pertain to the same material as the scholarly project. In the past, fellows have chosen a wide range of projects, including a making video about toddler and preschool development, conducting a pilot research project on pharmacological treatment of weight gain in adolescents on neuroleptics, and developing a school-based curriculum on cyber bullying.

CLINICAL SCHOLARSHIP EXPECTATIONS DURING TRAINING

The Accreditation Council of Graduate Medical Education (ACGME) requires that all training programs meet standards in the area of scholarship. According to the guidelines, faculty is responsible for ensuring there is an environment of inquiry and scholarship. Scholarship is required of both faculty and residents. In the Department of Psychiatry at Cambridge Health Alliance and at Harvard Medical School, scholarship is defined broadly and may include the scholarship of discovery, the scholarship of integration, the scholarship of teaching, and the scholarship of application. Guidance and technical support should be provided to residents by faculty. The scholarship requirement of the child psychiatry fellowship program is designed to meet the ACGME requirements and provide flexibility for residents to pursue special scholarly interests. While all clinical service experiences, supervision, and seminars are an integral part of developing scholarship, specific components are intended to address the development of attitudes, skills and behaviors that lead to a potential academic career. These are:

1. Introduction to Research, Summer Seminar, First Year
2. Clinical Scholarship Seminar, Sept-June, both years; Critical Evaluation of a paper in answer to a clinical, PICO-based question in the First Year; presentation for scholarship requirement in Second Year.
3. Presentation during Preschool c/I Rotation, Eating Disorder rotation, and Harvard Consolidated Seminar in First Year
4. Option of preparing a poster for Mysell Research Day.
5. Completion of scholarly project during Second Year elective time

SEMINARS AND DIDACTICS

A unique feature of our didactics is the **Harvard Consolidated Program**. In this program, for both the first and second years of training, all the fellows in the Harvard-affiliated child psychiatry training programs (MGH/McLean, Children's Hospital and Cambridge Health Alliance) come together to participate in a 3-hour didactic session made up of two core seminars, Child Development and Child Psychopathology.

FIRST-YEAR SUMMER SEMINARS

Research and Scholarly Activities – Nick Carson, MD

Systems Issues – Joel Goldstein, MD

Normal Development – Susannah Sherry, MD

Introduction to Child Psychiatric Illness – Christine Wittmann, MD and second-year fellows

Pragmatics of Child Psychiatry – Sandra DeJong, MD and CHA Faculty

Introduction to Pediatric Psychopharmacology – Sandra DeJong, MD

FIRST-YEAR SEMINARS: September– June

Clinical Scholarship (with second-years) - Nick Carson, MD, Sandra DeJong, MD

Harvard Consolidated Program:

Child Development – Maria Sauzier, MD, Karlen Lyons-Ruth, PhD, Enrico Mezzacappa, MD

Child Psychopathology - Maria Sauzier, MD and Harvard faculty

Introduction to Child Evaluation

- Setting the Frame – John Wechter, EdD
- Play – Margaret “Polly” Gean, MD
- Trauma – Maria Sauzier, MD

School C/L - Nancy Rappaport, MD

Medical C/L – Harvard Faculty

Forensics – Barbara Hauser, LICSW, Adam Rosen and JD, PhD

Parenting – Susannah Sherry, MD, and Ann Hess, MD

Family Therapy - Jill Harkaway, EdD and Carol Becker, PhD

Pediatric Psychopharmacology – Sandra DeJong, MD and visiting faculty

SECOND-YEAR SUMMER SEMINARS

Administrative Issues –Sandra DeJong, MD

Learning How to Teach – Sandra DeJong, MD

Child Psychotherapy – Peter Chubinsky, MD and Tim Dugan, MD

Culture and Community – Xenia Johnson, MD

Clinical Case Conference – Cindy Telingator, MD and Tony Bram, PhD

Infancy and Attachment: Clinical Implications – Sarah Birss, MD, and Ann Epstein, MD

Integrated Child Psychiatric Assessment – Judy Howe, LICSW

SECOND YEAR SEMINARS: September-June

Clinical Scholarship (with first-years), Nick Carson, MD and Sandra DeJong, MD

School Supervision – Nancy Rappaport, MD

Group Supervision – Adele Pressman, MD

Clinical Integration and Formulation Conference – John Wechter, EdD

Psychodynamic Psychotherapy – Peter Chubinsky, MD, and Tim Dugan, MD

Play Therapy – Neal Kass, MD and Cindy Telingator, MD

Substance Abuse – Jan Kauffman, RN

Transitions to Practice – Joel Goldstein, MD

Eating Disorders – Lisa Citrin, LICSW

Cognitive-Behavioral Therapy – Jeanne Strassburger, PhD

Family Therapy (elective) – Jill Harkaway, EdD

In addition to the above seminars, first- and second-year fellows have at least monthly **training meetings** with the program directors to discuss training issues, and also meet monthly with a facilitator Laurie Raymond, MD, for a **peer support group**.

Family Therapy Training, CHA

Family Therapy is often a core component of any successful psychiatric treatment of a child or adolescent. The guidelines of the Accreditation Council of Graduate Medical Education, the Practice Parameters of the American Academy of Child and Adolescent Psychiatry, and the

recommendations of the Group for the Advancement of Psychiatry Committee on the Family all underscore the role of working with families. To this end, the Child and Adolescent Training Program at Cambridge Health Alliance offers a wide range of Family Therapy training opportunities. These opportunities aim to provide residents with a basic conceptual understanding of family therapy as well as a range of experiences across treatment settings with different kinds of families and family issues.

In the first year, fellows are required to participate in a year-long seminar in Family Therapy which introduces Family Therapy theory, assessment, and intervention. The seminar consists of didactics and observation of family consultations using a one-way mirror. The focus is on acquiring basic knowledge, skills, and attitudes in working with family systems. This seminar is taught by Jill Harkaway, EdD, and Carol Becker, PhD. In the second year an elective advanced seminar is available. This seminar, taught by Jill Harkaway and Cynthia Mittelmeier, PhD, provides clinical training in Family Therapy through case consultation and/or live supervision using a one-way mirror. In addition, an elective in clinical training, utilizing live supervision with a one-way mirror is available to second year residents. Case supervision is also offered by all members of the faculty.

Fellows also participate in inpatient Family Consultations conducted on both the Child Assessment Unit and the Adolescent Assessment Unit.

Teaching During Child Training

All our fellows are encouraged to teach during their child training. Fellows have a hands-on, interactive "Learning to Teach" seminar in the summer of their second year. Fellows are then assigned teaching responsibilities based on their interests. In the past, fellows have co-taught seminars; taught medical students and general psychiatry residents on the inpatient units; given lectures as part of standing seminars; developed curricula for public education; given talks in community settings; helped organize and teach an on-site Harvard Medical School course on interviewing patients.

THE TRAINING OFFICE

Cynthia Telingator, MD

Assistant Professor in Psychiatry, Harvard Medical School Training
Director, Division of Child and Adolescent Psychiatry

Cynthia Telingator, MD, completed her training in Adult Psychiatry, as well as Child and Adolescent Psychiatry, at The Cambridge Hospital. While she was in training, she became involved with treating a child whose parents were affected by HIV. She began working more intensively with this patient population over the next ten years. She started a clinic for children infected with HIV within The Cambridge Hospital's Zinberg (HIV) Clinic, and has spoken and written about her clinical experiences working with these children and families.

In 1997, she began as Director of Outpatient Services and moved into the position of Director of Child and Adolescent Training in 2000. Current academic interests include issues of gender and sexuality, alternative and contemporary families, preventive community care, trauma, and psychiatric training and education. She currently writes and speaks on the topics of gender and sexuality.

Sandra DeJong, MD

Instructor in Psychiatry, Harvard Medical School
Associate Training Director, Division of Child and Adolescent Psychiatry

Dr. DeJong trained in pediatrics and General Psychiatry at the University of Massachusetts Medical Center in Worcester, MA, and in Child and Adolescent Psychiatry at Massachusetts General and McLean Hospitals. She has worked in an outpatient community hospital setting providing consultations and medication management to patients referred from pediatricians, as well as inpatient child psychiatry consultation and private practice. In addition, she served as co-Investigator with Dr. Jean Frazier on an NIMH-funded multi-site research project in the treatment of early-onset psychosis, and has written about the use of antipsychotic medications in children.

In the fall of 2004, Dr. DeJong assumed the position of Associate Training Director in the Division of Child and Adolescent Psychiatry. Current academic interests include neurodevelopmental disorders, professionalism and the Internet, and psychiatric education.

Dorothy Boyle

Training Coordinator
Division of Child & Adolescent Psychiatry

Dorothy Boyle graduated from the University of Maryland, College Park with a BS in Business Administration. She joined the CHA in the fall of 2009. Dorothy's previous positions include Administrator for the Division on Aging at Harvard Medical School, Program Manager in the Harvard University Health Services, and Administrator for a MacArthur Foundation Program.

CLINICAL AND RESEARCH LEADERS

Margarita Alegria, PhD

Professor, Harvard Medical School
Director, Center for Multicultural Mental Health Research

Dr. Alegria and her staff at the Center for Multicultural Mental Health Research conduct mental health services research that aims to help shape policy, practice and service delivery to reduce disparities and improve the well-being of multicultural populations. Dr. Alegria is currently the Principal Investigator of the Advanced Center for Latino and Mental Health Systems Research, funded by the National Institute of Mental Health (NIMH), which focuses on understanding the factors affecting mental health service disparities for multicultural populations and generating the research and knowledge to eliminate them. Dr. Alegria is also Principal Investigator of a NCMHD-funded Challenge Grant titled "Reducing Ethnic and Racial Bias in Screening for Psychiatric Disorders in Adolescents." She serves as co-Principal Investigator of the NCMHD-funded UPR-CHA Research Center of Excellence, a disparities center grant with the goal of generating and testing interventions that can remedy service disparities.

Gloria Carrera, MD

Instructor in Psychiatry, Harvard Medical School
Acting Medical Director, Adolescent Assessment Unit

Gloria Carrera, MD, has been at CHA on the Adolescent Assessment Unit since 2006, and assumed the role of acting Medical Director in 2008. Dr. Carrera joined CHA staff after finishing her Child Fellowship training at Tufts-New England Medical Center Child and Adolescent Training Program. She completed her General Psychiatry training at St. Luke's Roosevelt Hospital/Columbia University in New York City. Prior to coming to the US, Dr. Carrera worked for four years in Family Medicine in rural areas in Peru, her native country, focusing in community medicine. Dr. Carrera has a strong interest in providing compassionate care to adolescents and families in acute crisis within an interdisciplinary framework. She has a particular interest in helping underserved children from a variety of cultural backgrounds with highly complex pathologies.

Nicholas Carson, MD, FRCPC

Instructor in Psychiatry, Harvard Medical School
Research Associate, Center for Multicultural Mental Health Research

Dr. Carson is a graduate of the child psychiatry fellowship at Cambridge Health Alliance and completed residency training in psychiatry at the University of Pennsylvania. His research in mental health services for multicultural communities has explored the quality and social determinants of mental health treatment among Haitian, African American, and white youth. He is currently an investigator on the Right Question Project-Mental Health study, a multi-site randomized controlled trial of a bilingual patient activation intervention for adults in mental health treatment. Dr. Carson also studies and has presented on the effects of mass media on the mental health of youth and families. Dr. Carson teaches the summer Scholarly Activities seminar for first-year fellows, co-leads the Clinical Scholarship (Journal Club) seminar for first and second-year fellows, and precepts in the second-year psychopharmacology clinic.

Joel Goldstein, MD

Assistant Professor of Psychiatry, Harvard Medical School
Chief, Division of Child and Adolescent Psychiatry

Joel Goldstein, MD, completed his training in General Psychiatry at The Massachusetts Mental Health Center in 1990 and his training in Child and Adolescent Psychiatry at The Cambridge Hospital in 1992. He has pursued his interest in community psychiatry and systems of care during the course of his career.

Dr. Goldstein served as Medical Director of the Child Assessment Unit at the Cambridge Hospital and later became the Director of Intensive Services in Child and Adolescent Psychiatry at Cambridge Health Alliance. He served as the Medical Director at The Home for Little Wanderers from 2001 to 2005. Dr. Goldstein returned to Cambridge Health Alliance in November 2005 to assume his current role.

Dr. Goldstein has also maintained a strong interest in psychotherapy and outpatient practice. He has worked in private practice since 1992.

Judith Howe, LICSW

Teaching Associate in Psychiatry, Harvard Medical School
Director, Child and Adolescent Outpatient Psychiatry
Chief, Psychiatry Social Work; Director, Social Work Training

Judith Howe completed her child/adult social work training at The Children's Hospital and The Cambridge Health Alliance, and has additional training in clinical art therapy with children and families. She is an Advanced Candidate in the Advanced Training Program in Psychoanalytic Psychotherapy at the Boston Psychoanalytic Institute. Her administrative responsibilities include oversight of the Child and Adolescent Psychiatric Outpatient Service and the CHA Social Work Training Program. She has a clinical interest in adoption-related issues, as well as art as assessment and therapy, and family-based therapy.

Xenia Johnson, MD

Instructor in Psychiatry, Harvard Medical School
Director of Community Minority Affairs

Dr. Johnson completed a General Psychiatry residency at the Medical University of South Carolina and her child training at The Cambridge Hospital. Upon completing her child training in 2000, she worked as a staff psychiatrist on the Child Assessment Unit. Dr. Johnson was the Associate Director of Training for the Child and Adolescent Psychiatry Training Program, and she currently works as a consultant to the Cambridge and Malden Public School systems. In addition, she has worked as a community child psychiatrist for underserved populations in Massachusetts. Dr. Johnson's interests led her to create a biracial girls group focusing on the challenges facing teenaged girls around identity formation. Her other interests include consulting to community organizations and exploring the issues around diagnosing children with both medical and psychiatric disorders.

Nancy Rappaport, MD

Assistant Professor of Psychiatry, Harvard Medical School

Director of School Programs

Nancy Rappaport, MD, completed her General Psychiatry Training at the Massachusetts General Hospital and her Child & Adolescent training at The Cambridge Hospital. Her particular passion is training child psychiatrists to provide support to students and teachers. Particular research interests are in community based participatory research (with schools), understanding and providing safety assessments of aggressive students, refining CBT for traumatized adolescents, and writing creatively (having published a memoir, *In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide*, in September 2009).

Debra S. Rosenblum, MD

Assistant Clinical Professor in Psychiatry, Harvard Medical School
Medical Director, Child Outpatient

Debra S. Rosenblum, MD completed her General Psychiatry training and her Child and Adolescent Fellowship at the Cambridge Health Alliance. Currently she serves as the Acting Medical Director of the Outpatient Department in the Division of Child and Adolescent Psychiatry and as a Preceptor for the Second Year Child Fellow Psychopharmacology Clinic. She has a particular interest in children's' relationship to popular culture and has published on this topic. She has also served on the Television and Media Committee of the American Academy of Child and Adolescent Psychiatry.

Elizabeth Ross, MD

Instructor in Psychiatry, Harvard Medical School
Medical Director, Child Assessment Unit

Elizabeth Ross, MD, completed her training in General Psychiatry at Walter Reed Army Medical Center in Washington, DC in 1990 and her Child and Adolescent Psychiatry fellowship at University of California San Francisco, Langley Porter Psychiatric Institute in 1992. After her service in the US Army as a medical officer and physician, Dr. Ross pursued her interest in improving behavioral health services for adults and children as an Associate Medical Director for Harvard Pilgrim Health Care, designing and implementing Quality Improvement initiatives and managing Crisis Evaluation Services. She was then recruited to serve as Medical Director of Beacon Health Strategies, the largest managed behavior health organization in the state, serving MassHealth Members. Dr. Ross continued to develop her interests in Quality Improvement and high risk case management at two additional organizations, Magellan Health Services, the partner to BCBSMA, and most recently at Boston Medical Center's HealthNet Plan. Before assuming her position as Medical Director of CHA's Child Assessment Unit, Dr. Ross worked with the State's Medicaid Program to help develop the full array of community-based services that now constitute the state's Children's Behavioral Health Initiative. She also has an outpatient psychopharmacology practice.

Jacob Venter, MD

Instructor in Psychiatry, Harvard Medical School
Director of Child and Adolescent Psychiatry Inpatient Services

Dr. Venter completed medical school in South Africa. He completed his Psychiatry Training at the Maricopa Integrated Health System in Phoenix, AZ and his Child and Adolescent Psychiatry training at Harvard Medical School/Cambridge Health Alliance. He spent a year at McLean Hospital, completing a child and adolescent neuropsychiatry fellowship with Dr. Jean Frazier, worked at MGH and became the Medical Director for the Adolescent Assessment Unit at CHA. He returned to Arizona to become the Associate Program Director in the Child and Adolescent Psychiatry Training Program prior to rejoining CHA in his current role.

Child and Adolescent Psychiatry Teaching Faculty – Cambridge Health Alliance

Margarita Alegria, PhD

Professor of Psychiatry, Harvard Medical School

Academic Interests: Engagement, retention in care; provider-patient alliance; communication in clinical encounters; service disparities; clinical uncertainty; diagnostic calibration for multicultural populations.

Judith Arons, LICSW

Teaching Associate in Psychiatry, Harvard Medical School.

Academic interests: Parent-infant psychotherapy, application of infant research and attachment/intersubjectivity theory to psychoanalytic treatment of children, adolescents, individual adults and couples

John Baker, PhD

Clinical Instructor in Psychology, Harvard Medical School

Academic Interests: Children's reactions to divorce; children and families and bereavement; trauma and abuse; attachment and interpersonal theories.

Ayelet Barkai, MD

Clinical Instructor in Psychiatry, Harvard Medical School

Academic Interests: Adolescent Development; Gender Identity and Sexuality Development; Attachment; Psychoanalysis.

Sherry Bauman, MD

Clinical Instructor in Psychiatry, Harvard Medical School

Academic interests: College mental health, adolescence, impact of culture on the psychiatric encounter, attachment theory, internal family system paradigm

James Barrett, PhD

Instructor in Psychiatry, Harvard Medical School.

Academic Interests: Juvenile justice, police and mental health, at-risk boys and violence prevention.

Carol Becker, PhD

Instructor in Psychiatry, Harvard Medical School. Seminar leader, family therapy.

Academic Interests: Family therapy

Sarah Birss, MD

Clinical Instructor in Psychiatry, Harvard Medical School.

Academic Interests: Early emotional development, parent-infant psychotherapy, integration of attachment and psychoanalytic theories, psychoanalytic treatment.

Gloria Carrera, MD

Instructor in Psychiatry, Harvard Medical School; Acting Medical Director, Adolescent Assessment Unit.

Academic Interests: Inpatient psychiatry, multicultural psychiatry.

Nicholas Carson, MD, FRCPC

Instructor in Psychiatry, Harvard Medical School.

Academic Interests: Mental health service disparities for ethnic minority youth, clinical scholarship during fellowship training, youth engagement with media and technology.

Peter Chubinsky, MD

Clinical Instructor in Psychiatry, Harvard Medical School

Academic Interests: Integrating psychopharmacological and psychotherapy treatments in children and adolescents; psychoanalytic psychotherapy of children and adolescents; psychotherapeutic implications of infancy research.

Sandra DeJong, MD

Instructor in Psychiatry, Harvard Medical School

Academic Interests: Early-onset psychosis, professionalism and the Internet, psychiatric education.

Timothy Dugan, MD

Assistant Clinical Professor of Psychiatry, Harvard Medical School.

Academic Interests: Suicide prevention; development of resilience.

Ann R. Epstein, MD

Instructor in Psychiatry, Harvard Medical School

Areas of interest: Psychoanalysis, Psychotherapy, Infant Development, Parent-Infant Psychotherapy

Laura Gaugh, PsyD

Instructor in Psychiatry, Harvard Medical School.

Academic Interests: Neuropsychological testing, developmental disorders.

Margaret Gean, MD

Instructor in Psychiatry, Harvard Medical School.

Academic Interests: Psychoanalysis. Preschool issues, psychotherapy, diagnosis and evaluation.

Joel Goldstein, MD

Assistant Clinical Professor. Harvard Medical School.

Academic Interests: Inpatient care patterns and improvements for children and adolescents; community and family-based interventions in child and adolescent psychiatry; fire-setting behaviors in children and adolescents. Systems of Care in Children's' Mental Health Services

Ross Greene, PhD

Associate Clinical Professor, Harvard Medical School

Academic Interests: Child psychopathology, school interventions, Cooperative Problem Solving.

Sanjay Gulati, MD

Assistant Clinical Professor, Harvard Medical School

Academic Interests: Clinical work with deaf children, adolescents, and families, conducted in American Sign Language; teaching; the effects of late language exposure on the behavior of deaf children.

Jill Elka Harkaway, EdD

Clinical Instructor in Psychology, Harvard Medical School
Academic Interests: Family therapy; couples therapy; systems consultation.

Jennifer Harris, MD

Clinical Instructor in Psychiatry, Harvard Medical School
Academic Interests: College mental health, parent guidance, psychodynamic therapy, and mood dysregulation in children.

Lauren Imperatore, PhD

Clinical Instructor in Psychiatry, Harvard Medical School.
Academic Interests: Clinical work with deaf children, adolescents, and adults, conducted in American Sign Language; teaching; psychodynamic psychotherapy.

Treniece Lewis Harris, PhD

Assistant Clinical Professor in Psychology, Harvard Medical School
Academic Interests: Adolescent mental health and multicultural issues in psychotherapy.

Alexandra Harrison, MD

Assistant Clinical Professor in Psychiatry, Harvard Medical School
Academic Interests: Evaluation and treatment of young children and their families, psychoanalysis and psychotherapy, theory of therapeutic action, Videotape microanalysis for use in research, clinical work, and teaching.

Fida Hassan, MD

Instructor in Psychiatry, Harvard Medical School
Academic Interests: Inpatient psychiatry

Barbara Hauser, LICSW

Lecturer on Psychiatry, Harvard Medical School
Academic Interests: Effects of divorce on children; parental conflict; clinical roles and interventions within legal settings.

Jeanne Heiple, MD, PhD

Clinical Instructor in Psychiatry, Harvard Medical School
Academic Interests: Child psychiatry consultation in the preschool setting; early childhood development.

Ann Hess, MD, PhD

Assistant Clinical Professor, Yale Child Study
Academic interest: interface with parents during child/adolescent psychotherapy.

Albert A. Hyman, MD

Clinical Instructor in Psychiatry, Harvard Medical School
Academic Interests: Psychotherapy; psychoanalysis; psychopharmacology.

Xenia Johnson MD

Clinical Instructor, Harvard Medical School
Academic Interests: Public Health Psychiatry; School and System Consultations; Disparities of Care in Pediatric Psychiatry

Neal Kass, MD

Clinical Instructor, Harvard Medical School

Academic Interests: Integration of Therapeutics: Neuropsychiatric, Family, Psychodynamic, Psychoanalytic.

Deborah Kulick MD

Clinical Instructor, Harvard Medical School.

Academic interests: Domestic violence, homelessness, school-based treatment.

Karen Levine, PhD

Clinical Instructor in Psychology, Harvard Medical School

Academic Interests: Diagnosis, emotional development and behavioral challenges of children with Developmental Disabilities. School consultation regarding children with Developmental Disabilities and/or autism related issues

Karlen Lyons-Ruth, PhD

Associate Professor of Psychology, Harvard Medical School

Academic Interests: Trauma and social stressors on parent-child relationships over time and the effects of attachment-oriented parenting supports in therapeutic interventions.

Cynthia Mittelmeier, PhD

Clinical Instructor in Psychology. Harvard Medical School

Academic Interests: Family therapy, couples therapy, trauma and EMDR

Carol Murphy, LICSW

Director, Care Coordination Services, Cambridge youth Guidance Center

Anna Ornstein, MD

Lecturer in Psychiatry, Harvard Medical School

Academic Interests: Psychoanalysis, therapeutic process, parenting and survival and recovery from extreme conditions

Christopher Pagano, PhD

Instructor in Psychology, Harvard Medical School

Academic Interests: Training. Play Therapy. Trauma and neglect. Psychological Testing.

Ava Bry Penman, MS

Lecturer in Psychiatry, Harvard Medical School

Academic Interests: psychoanalytically informed psychotherapy of children and adolescents and their parents/families; consultation to teachers and schools, especially of very young children; college mental health issues.

Adele Pressman, MD

Clinical Instructor in Psychiatry, Harvard Medical School

Academic Interests: Group psychotherapy for children and adolescents, working with parents in groups, early childhood development, adolescent transitions.

Rebecca Pries, CAGS, LMHC

Director, Adolescent Consultation Services, Middlesex County Juvenile Court.

Academic Interests: Learning disorders in court-involved adolescents.

Anjana Rajan, PsyD.

Instructor in Psychology, Harvard Medical School

Academic Interests: child acute services, school consultation, Psychodynamic psychotherapy, cross-cultural issues in child and adolescent treatment, inpatient family therapy, immigrant teens, risk assessment, psychological testing.

Nancy Rappaport, MD

Assistant professor of Psychiatry

Academic interests: School consultation, aggression and safety assessment in students, memoir writing.

Adam Rosen, JD, PhD

Clinical Instructor in Psychology, Harvard Medical School

Academic Interests: Modes of empathic communication in psychotherapy; therapist practices regarding communication with parents in families of divorce.

Debra S. Rosenblum, MD

Assistant Clinical Professor in Psychiatry, Harvard Medical School

Academic Interests: Popular culture; pervasive development disorders; obsessive-compulsive disorders.

John Sargent, MD

Professor of Psychiatry and Pediatrics, Tufts University School of Medicine

Academic Interests: Family Therapy, Trauma treatment, Pediatric consultation liaison psychiatry

Maria Sauzier, MD

Assistant Professor of Psychiatry, Harvard Medical School

Academic Interests: Responses to traumatizing childhood events.

Stephanie Smith, MA, MSW

Lecturer in Psychiatry, Harvard Medical School

Academic Interests: Child, adolescent and adult psychoanalysis and psychotherapy.

Joel Solomon, MD

Instructor Psychiatry, Harvard Medical School

Academic Interests: Autism, family therapy and psychopharmacology.

Jeanne Strassburger, PhD

Teaching Associate in Psychiatry, Harvard Medical School.

Academic Interests: Cognitive-behavioral therapy in children and adolescents, integrative psychotherapy and skills building group therapy with children.

Nandini Talwar, MD

Clinical Instructor in Psychiatry, Harvard Medical School

Academic Interests: Gay, lesbian, bisexual, and transgendered youth; integration of mental health services with pediatric practices; major mental illness in children and adolescents.

Cynthia J. Telingator, MD

Assistant Professor, Harvard Medical School

Academic Interests: Gender and sexuality, alternative and contemporary families, preventive community care, trauma, and psychiatric training and education.

Judy Tsafirir, MD

Instructor in Psychiatry, Harvard Medical School

Academic Interests: Psychoanalysis, Integrative/Holistic Psychiatry

Jacob Venter, MD

Instructor in Psychiatry, Harvard Medical School

Academic Interests: Systems of care, healthcare management and finance, psychopharmacology, psychiatric manifestations of genetic and metabolic disorders and personalized medicine

Susan Walker, MD

Instructor in Psychiatry, Harvard Medical School.

Academic Interests: Psychotherapy and psychopharmacology

John Wechter, EdD

Instructor in Psychology, Harvard Medical School.

Academic Interests: Psychotherapy of children and adolescents

Tyrone Williams, MD

Clinical Instructor in Psychiatry, Harvard Medical School

Academic Interests: Community psychiatry; interface of psychiatry and spirituality

Christine Wittmann, MD

Instructor in Psychiatry, Harvard Medical School

Academic Interests: Evaluation and management of children and adolescents in the emergency setting, psycho-oncology, parenting.

FACULTY LIST – DIVISION OF CHILD AND ADOLESCENT PSYCHIATRY

Margarita Alegria, PhD
Judith Arons, MSW
Susan Ayers, LICSW
John Baker, PhD
Ayelet Barkai, MD
James Barrett, PhD
Margaret Bauman, MD
Sherry Bauman, MD
Carol Becker, PhD
Sarah Birss, MD
Anthony Bram, PhD
Lawrence Brown, PhD
Gloria Carrera, MD
Nicholas Carson, MD
Richard Chasin, MD
David Chedekel, EdD
Peter Chubinsky, MD
Sandra DeJong, MD
Michele Deneys, MD
Ruth Drasin, PhD
Timothy Dugan, MD

Seda Ebrahimi, PhD
Marla Eby, PhD
Ann Epstein, MD
Marshall Forstein, MD
Laura Gaugh, PsyD
Margaret Gean, MD
Joel Goldstein, MD
Len Greenberg, PhD
Ross Greene, PhD
Katherine Grimes, MD, MPH
Sanjay Gulati, MD
Jill Harkaway, EdD
Jennifer Harris, MD
Alexandra Harrison, MD
Fida Hassan, MD
Barbara Hauser, LICSW
Jeanne Heiple, MD, PhD
Ann Hess, MD, PhD
Stacie Hitchcock, MD
Holly Houseman, PhD
Judith Howe, LICSW

William Hudgins, PhD
Albert Hyman, MD
Lauren Imperatore, PhD
Xenia Johnson, MD
Neal Kass, MD
Deborah Kulick, MD
Maydee Lande, LICSW
Patrick Latham, PhD
Karen Levine, PhD
Treniece Lewis Harris, PhD
Marc Libman, MD
Karlen Lyons-Ruth, PhD
Cynthia Mittelmeier, PhD
Simona Murnick, MD
Carol Murphy, LICSW
Ann Neumeyer, MD
Barbara Okun, PhD
Anna Ornstein, MD
Miriam Ornstein, MD
Laura Pabo, LICSW
Christopher Pagano, PhD
Ava Penman, MS
William Pollack, PhD
Adele Pressman, MD
Rebecca Pries, CAGS, LMHC
Anjana Rajan, PsyD

Nancy Rappaport, MD
Laurie Raymond, MD
Kathleen Regan, RN
Adam Rosen, JD, PhD
Debra Rosenblum, MD
John Sargent, MD
Maria Sauzier, MD
Susannah Sherry, MD
Stephanie Smith, LICSW
Joel Solomon, MD
Emily Speagle, LICSW
Jeanne Strassburger, PhD
Lyn E. Styczynski, PhD
Nandini Talwar, MD
Cynthia J. Telingator, MD
Stephanie Tournet, MD
Judy Tsafir, MD
Marta Valiente, LICSW
Jacob Venter, MD
Susan Walker, MD
John Wechter, EdD
David Wilcox, PhD
Tyrone Williams, MD
Christine Wittmann, MD

SUPERVISION

Fellows have four to six hours of supervision per week. For first-years, this includes two or more hours of individual supervision in addition to supervision by the rotation supervisor and other faculty during each rotation. In addition, first years have a caseload preceptor.

In their second year, the fellows have up to four individual supervisors assigned, three supervisors for psychotherapy, and one psychopharmacology clinic preceptor. Caseload preceptors, currently Drs. Joel Goldstein and Deborah Kulick, meet regularly with the second-years to discuss caseload balance and management. In addition, second-years have a rotation supervisor for each rotation. Finally, the second-year fellows also receive supervision in group therapy and school consultation/liaison.

RESEARCH IN THE DIVISION OF CHILD AND ADOLESCENT PSYCHIATRY

The field of child and adolescent psychiatry is still relatively underrepresented in the medical and scientific literature. The department is particularly committed to advancing the scientific knowledge base regarding the mental health of children, and in training mental health professionals in research investigation and academic writing for the promotion of this knowledge.

Cambridge Health Alliance is a health care system with strong clinical, academic and research programs and diverse faculty interests. The training program and the faculty are committed to providing top educational opportunities for our Fellows within the Cambridge Health Alliance, as well as at affiliated Harvard teaching hospitals.

Margarita Alegria, PhD

Professor of Psychiatry, Harvard Medical School

Understanding caregivers' recognition of youngsters' mental health problems; concordance in the mental health problem reports of parent-child dyads; gender and ethnic/race differences on youngsters' expression of illness; CBT intervention for youngsters with PTSD.

Nick Carson, MD

Instructor in Psychiatry, Harvard Medical School.

Clinical Research Associate, Center for Multicultural Mental Health Research Cultural psychiatry; mental health needs and service use of ethnic minority youth; healthcare disparities; popular culture and mass media.

Katherine Grimes, MD, MPH

Assistant Clinical Professor of Psychiatry, Harvard Medical School

Community systems of care outcomes for children with serious mental health needs, when care is provided by integrated medical, mental health, and social service interventions.

Karlen Lyons-Ruth, PhD

Associate Professor of Psychology, Harvard Medical School

How genetic factors and qualities of parent-child attachment interact to influence the adolescent's adaptation or psychiatric disorder.

Nancy Rappaport, MD

Assistant Professor of Psychiatry, Harvard Medical School

Optimizing special education delivery to students; conducting threat assessments in school setting.

RESEARCH ELECTIVES

Research

The Department of Psychiatry values research as the foundation for improving the quality of clinical care and considers it essential for analyzing healthcare disparities, evaluating systems of care, and determining treatment efficacy and disseminating effective treatments to the larger professional community. Throughout their training years, fellows are encouraged to pursue research interests.

Our mentoring system has successfully supported fellows applying for research awards, Livingston and DuPont-Warren Fellowships from Harvard Medical School, and American Psychiatric Association/NIMH Research Training Grants. Cross-fertilization among child psychiatry and developmental psychology faculty at Harvard has increased resources and choices.

Elective

Fellows interested in pursuing academic, research, and/or administrative interest in their first year will be supported in their endeavors. Second year Fellows have one day a week of scheduled elective time to pursue such interests.

GENERAL INFORMATION

House Officers' Association

The Cambridge Hospital's House Officers' Association is a legally constituted employees' union which engages in collective bargaining with Cambridge Health Alliance on matters of salary, benefits, and working conditions. This union contract outlines: wages, holiday pay, vacation (4 paid weeks per year), conference time (one paid week per year), night call, maternity leave, sick leave, family leave, and many other issues.

Salaries effective January 1, 2011:

(2012 salaries are pending contract negotiations)

PGY 1	52,941
PGY 2	55,069
PGY 3	57,211
PGY 4	61,035
PGY 5	65,601
PGY 6	70,168
PGY 7	74,736

In addition, each fellow is provided a \$2,200 professional education stipend.

APPLICATION

Graduates of national or international medical schools who will have completed at least three years of General Psychiatry or Pediatrics and all the ACGME specific requirements for those trainings are eligible to apply. The application must include: 1) a completed application form; 2) your medical school dean's letter; 3) medical school transcripts; 4) three letters of reference; 5) curriculum vitae; 6) personal statement; 7) Letter of attestation from the General Psychiatry Training Director regarding all ACGME requirements will be completed in time for transfer to fellowship, as well as completion of CSVs.

We will only rank applicants who have passed STEP III of USMLE. Those who match with us should have met our requirements for Clinical Skill Verification exams, and have completed all adult board requirements by July 1, 2012. Those who are entering child and adolescent as a 4th year may use their child training to meet the 12 additional month (time only) requirement of psychiatry towards adult requirements. Please see the application cover letter for more information.

Foreign citizens who wish to enter the United States for postgraduate training must comply with United States immigration laws, in addition to following the application procedures described above. Foreign medical school graduates should contact:

The Education Commission for Foreign Medical Graduates
3624 Market Street
Philadelphia, PA 19104
(215) 386-5900

Cambridge Health Alliance participates in the National Resident Matching program and complies with all its rules and regulations. Appointments generally begin July 1 and last for two years. The program is fully accredited by the American College of Graduate Medical Education for five fellows per year. Fellows in good standing will be eligible for specialty boards in child and adolescent psychiatry providing they have met the other requirements as described by American Board of Psychiatry and Neurology.

Please address all inquiries to:

Dorothy Boyle
dboyle@challiance.org
617-665-3267

Cynthia J. Telingator, MD
Director of Training
Division of Child & Adolescent Psychiatry
Cambridge Health Alliance
1493 Cambridge Street, Cambridge, MA 02139
Phone: (617) 665-1587
Email: ctelingator@challiance.org

Sandra DeJong, MD
Associate Director of Training
Division of Child and Adolescent Psychiatry
Cambridge Health Alliance

1493 Cambridge Street, Cambridge, MA 02139
Phone: (617) 665-1297
Email: sdejong@challiance.org