



HARVARD MEDICAL SCHOOL

DEPARTMENT OF CONTINUING EDUCATION

CHILD PSYCHOTHERAPY

APRIL 9 - 10, 2010

BOSTON PARK PLAZA HOTEL

offered by

**THE DEPARTMENT OF PSYCHIATRY
CAMBRIDGE HEALTH ALLIANCE PHYSICIANS ORGANIZATION**

under the direction of

Judith Howe

Judy Reiner Platt

John D. Wechter

The objective of this course is to examine the emotional, cognitive, biological, and social issues affecting children, their families, and the therapeutic relationship. As a result of participating in this program, attendees will be able to identify current issues in child theory, development, and practice. They will be able to assess different childhood problems and ascertain how to address trauma, aggression, and other special needs. Interventions will include psychodynamic, biological, cognitive, family, and play therapies. The course is intended for mental health clinicians, educators, pediatricians, and others interested in the well-being of today's youth.

For further information contact: Cambridge Health Alliance Physicians Organization (CHAPO-CME) P.O. Box 398075-Inman Square, Cambridge, MA 02139 by Phone: 617-503-8445, Fax: 617-503-8460, Email: cme@challiance.org or Web: www.cambridgecme.org

FRIDAY – APRIL 9, 2010 Moderator: Judith Howe

8:00 - 8:45 REGISTRATION AT THE BOSTON PARK PLAZA HOTEL

8:45 - 12:45 MORNING PROGRAM: THE CHILD

Changes and New Challenges in Child Psychotherapy..... Anna Ornstein, Miriam Ornstein
 Creating Positive Mindsets in Child Therapy: Guideposts for the Therapist Robert Brooks
 Temperament, Development, and Behavior Jerome Kagan
 First Do No Harm: Clinical and Ethical Considerations
 When Referring Children for a Medication Evaluation Sandra DeJong

12:45 - 2:00 BREAK

2:00 - 5:00 AFTERNOON PROGRAM: THE CHILD, THE FAMILY, THE THERAPIST

Play in the Lives of Children, Parents, and Therapists..... Lawrence J. Cohen
 Creating an Empathic Alliance with Parents:
 Generating Alternative Ways for Understanding their Child's Behavior..... Patricia Marquis
 Working with 'Different' Family Constellations: Issues for Parents and Children Cynthia J. Telingator

SATURDAY – APRIL 10, 2010 Moderator: John D. Wechter

8:45 - 12:45 MORNING PROGRAM: THE CHILD IN THERAPY

Out of Sight, But *Not* Out of Mind: A Bio-Psycho-Social-Cultural
 Approach to Treating Children in Underserved Populations Treniece Lewis Harris
 Raising and Treating Children in a Complex and Challenging World:
 How Boys are Different..... Anthony Rao
 No-Talk Therapy for Children..... Martha B. Straus
 There is No Such Thing as a Bad Child: Creating a 'Strength-Based' Practice..... Charlie Appelstein

12:45 - 2:00 BREAK

2:00 - 5:00 AFTERNOON PROGRAM: SPECIAL CHALLENGES IN CHILD PSYCHOTHERAPY

PTSD as a Developmental Disorder: Implications for Therapy Maria Sauzier
 Therapeutic Considerations when Treating Children with
 ADHD, LD, NVLD, Aspergers, and other Special Needs..... Jerome J. Schultz
 Working with Inpatient Aggressive Children:
 Paradigm Shifts for Creating Humane Treatment Strategies Kathleen M. Regan

CHILD PSYCHOTHERAPY

Course # 302801

April 9-10, 2010

Physicians' Fee: \$350 (USD)

*All Others: \$275 (USD)

(*Including Residents and Fellows with letter of verification)

(Please Print Clearly - All Fields Required)

Full Name _____
 Last First Middle Initial

Mailing Address _____
 Street City State Zip

Daytime Phone (_____) _____ Fax (_____) _____

E-Mail Address _____

Your email address is used for important information about the course including: registration confirmation, course evaluation, and certificate. Please be sure to include an email address you check frequently. If you do not have an email address, complete this application form and send it with check to the address below.

Please check if you want to be **excluded** from receiving email notices of future Harvard Medical School Department of Continuing Education programs.

(circle one):

Physician Psychologist Nurse Social Worker Family Therapist Counselor Educator Student Other: _____

Check is enclosed: Please make your check payable to *Harvard Medical School* and mail it with this registration form to:

Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825

Payment by Credit Card (Visa or Mastercard) is ONLY accepted at: www.cme.hms.harvard.edu/courses/psychotherapy

Telephone, fax, or mailed registrations by credit card are not accepted.

GENERAL INFORMATION

REGISTRATION:

Physicians - \$350 USD *All Others - \$275 USD (Including Residents and Fellows in Training with letter of verification)

All foreign payments must be made by a draft on a United States bank or by Visa or Mastercard. If paying by credit card, please register online at www.cme.harvard.edu/courses/psychotherapy Upon receipt of your registration form an email confirmation from the HMS-DCE office will be sent to you. Therefore, be sure to include an email address that is checked frequently. If paying by check, make it payable to *Harvard Medical School* and mail with completed registration form to **Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825**. A confirmation letter will be mailed to the address listed on the form. **Telephone, fax, or mailed registrations by credit card are not accepted.** Inquiries should be directed to the above address, made by phone, (617) 384-8600, Monday-Friday, 10 a.m. to 4 p.m. (EST) or by e-mail: hms-cme@hms.harvard.edu. **Program changes/substitutions may be made without notice.**

ONLINE INFORMATION:

To ensure proper registration, please add the first *three* letters of the source code found at the bottom of the registration form. To register or to view course information on-line, visit our home page: www.cme.harvard.edu/courses/psychotherapy

REFUND POLICY:

A handling fee of \$60 (USD) is deducted for cancellation. Refund requests must be received by mail or fax (617) 384-8686 one week prior to the course. **No refund will be made thereafter.**

COURSE LOCATION AND ACCOMMODATIONS:

All sessions will be held at **The Boston Park Plaza Hotel. Rooms in Boston are limited; you are urged to make your reservations early.** A block of rooms has been reserved at the Boston Park Plaza, 64 Arlington Street, Boston, MA 02116 (617) 426-2000 or 800-225-2008 until March, 23, 2010. Please specify that you are enrolled in this course to receive a reduced room rate. A map of Boston listing local hotels will be sent with your confirmation of enrollment. For additional housing assistance, please call Boston Reservations at (617) 332-4199 or BostonReservations.com

TRAVEL INFORMATION:

Reservations may be made by calling the HMS Travel Desk toll free 1 (877) 4-HARVMD (1-877-442-7863) Monday-Friday 9 am. - 8 p.m. (EST). From outside the US, Canada and Virgin Islands, please call 617-559-3764.

CONTINUING EDUCATION:

PHYSICIANS: Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Harvard Medical School designates this educational activity for a maximum of 14 AMA PRA Category 1 credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity. **This activity meets the criteria of the Massachusetts Board of Registration in Medicine for risk management study.**

PSYCHOLOGISTS: The Cambridge Health Alliance, Psychiatry Continuing Education Division, is approved by the American Psychological Association to sponsor continuing education for psychologists. The Cambridge Health Alliance maintains responsibility for this program and its content. This course offers 14 continuing education credits.

COUNSELORS/EDUCATORS: The Cambridge Health Alliance, Psychiatry Continuing Education Division, is an Approved Continuing Education Provider and may offer NBCC approved clock hours for events that meet NBCC requirements. The Cambridge Health Alliance solely is responsible for all aspects of the program. This program is approved for 14 clock hours, Provider # 5444, and is also applicable for Commonwealth of Massachusetts Counseling/Allied Mental Health accreditation and PDP Educator accreditation for 14 credits.

NURSES: The American Nurses Credentialing Center, Commission on Accreditation, accepts continuing education from the Accreditation Council on Continuing Medical Education (ACCME) toward recertification. The Cambridge Health Alliance, Psychiatry Continuing Education Division, verifies that this course is a planned, organized learning experience designed to augment the knowledge, skills, and attitudes for the enhancement of nursing practice to the end of improving health care to the public as mandated by Massachusetts Regulation 244 CMR 5.00 toward relicensing requirements. This course offers 16.8 hours.

SOCIAL WORKERS and FAMILY THERAPISTS: Application for continuing education credit has been made to the Collaborative of the Massachusetts Chapter of the National Association of Social Workers and the CT, MA, and RI Chapters of The Association for Marriage and Family Therapy. 14 credits are pending.

2010 CAMBRIDGE/HARVARD CALENDAR

January 29-30	School Mental Health	October 29-30	Treating Couples
March 5-6	Addictions	November 5-6	Topic Pending
April 9-10	Child Psychotherapy	December 10-11	Eating Disorders
May 7-8	Meditation and Psychotherapy		

FACULTY

CHARLIE APPELSTEIN, MSW, President, Appelstein Training Resources, Salem, New Hampshire; Parent Reporter, New England Cable News; Author: *No Such Thing as a Bad Kid: Understanding and Responding to the Challenging Behavior of Troubled Children and Youth; The Gus Chronicles I and II* (books about an abused child); Audio CDs: *Parent Rhapsody-Songs and Musical Mantras for Successful Parenting* (Recipient of Grindie Award); *One-Line Raps for Girls and Chaps*

ROBERT BROOKS, Ph.D., Consultant, McLean Hospital; Assistant Clinical Professor of Psychology, Department of Psychiatry, Harvard Medical School; Recipient of numerous awards and author/co-author of numerous publications including: *The Power of Resilience; Raising Resilient Children; Raising a Self-Disciplined Child; Nurturing Resilience in Our Children; Angry Children, Worried Parents; Seven Steps to Improve Your Child's Social Skills; The Self-Esteem Teacher*; Documentary: *Tough Times, Resilient Kids*

LAWRENCE J. COHEN, Ph.D., Private Practice and Consultation, Brookline; Author: *Playful Parenting*; Co-Author: *Mom, They're Teasing Me*

SANDRA DEJONG, M.D., Associate Training Director, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance; Clinical Instructor in Psychiatry, Harvard Medical School; Private Practice, Needham

TRENIECE LEWIS HARRIS, Ph.D., Staff Psychologist and Multicultural Specialist, Division of Child and Adolescent Psychiatry, and Chair, Diversity Task Force, Cambridge Health Alliance; Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Private Practice, Brockton

JUDITH HOWE, LICSW, Acting Director, Child and Adolescent Outpatient Psychiatry, and Chief, Psychiatry Social Work, Cambridge Health Alliance; Teaching Associate, Department of Psychiatry, Harvard Medical School; Candidate, Advanced Training Program, Boston Psychoanalytic Society and Institute; Private Practice, Cambridge

JEROME KAGAN, Ph.D., Daniel and Amy Starch Professor of Psychology, *Emeritus*, Harvard University; Recipient of numerous awards including the G. Stanley Hall Award, American Psychological Association, and Hofheimer Prize, American Psychiatric Association; Considered one of the 100 Most Eminent Psychologists of the 20th Century; Author of numerous publications including: *The Three Cultures; What is Emotion?; The Long Shadow of Temperament; An Argument for Mind; The Nature of the Child*

PATRICIA MARQUIS, LICSW, Parenting Consultant, Family Support Center, Hanscom Air Force Base; EAP Specialist, MilitaryOne Source; Early Childhood Consultant, Parenting Group Leader, and Private Practice, Concord

ANNA ORNSTEIN, M.D., Professor *Emerita*, Department of Psychiatry, University of Cincinnati; Lecturer on Psychiatry, Harvard Medical School; Author, *My Mother's Eyes: Holocaust Memories of a Young Girl*, and numerous publications on child psychotherapy

MIRIAM ORNSTEIN, M.D., Supervisor and Faculty, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance; Instructor in Psychiatry, Harvard Medical School; Child Psychiatrist, Southeast Area, Department of Mental Health; Private Practice, Cambridge

JUDY REINER PLATT, Ed.D., Director, Division of Continuing Education, Department of Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School

ANTHONY RAO, Ph.D., Director, Behavioral Solutions, Lexington; Author: *The Way of Boys: Raising Healthy Boys in a Complex and Challenging World*

KATHLEEN M. REGAN, BA, BSN, MHA, Nurse Manager, Child Assessment Unit, Cambridge Health Alliance; Board of Directors, Lives in the Balance; Recipient, National Award for Innovation in Practice, American Psychiatric Nurses Association; Publications include: *Opening Our Arms: Helping Troubled Children Do Well*

MARIA SAUZIER, M.D., Child Psychiatrist, Consultant, Supervisor, and Teacher, Cambridge Health Alliance; Assistant Clinical Professor of Psychiatry, Harvard Medical School

JEROME J. SCHULTZ, Ph.D., Faculty, Department of Psychiatry, Harvard Medical School at Cambridge Health Alliance; Clinical Neuropsychologist and Consultant in Private Practice, Lexington; Editorial Advisory Board, *Academic Psychiatry*; Professional Advisor, Learning Disabilities Association of America; Contributing Author: *Learning Disabilities: Information and Resources; The Experts Speak: Parenting the Child with Learning Disabilities; Successful Lifetime Management: Adults with Learning Disabilities*

MARTHA B. STRAUS, Ph.D., Professor, Department of Clinical Psychology, Antioch New England Graduate School, Keene, New Hampshire; Adjunct Instructor in Psychiatry, Dartmouth Medical School; Private Practice and Consultation, Brattleboro, Vermont; Publications include: *No-Talk Therapy for Children and Adolescents; Adolescent Girls in Crisis: Intervention and Hope; Violence in the Lives of Adolescents; Abuse and Victimization across the Life Span*

CYNTHIA J. TELINGATOR, MD, Training Director, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance; Assistant Professor of Psychiatry, Harvard Medical School; Private Practice, Cambridge; Contributing Author: *Lewis's Textbook of Child and Adolescent Psychiatry*

JOHN D. WECHTER, Ed.D., Supervisor, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance; Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Private Practice, Cambridge and Newton