RESOURCES There's a lot to learn about asthma—let us help you find your way to the asthma information you need.

Childhood Asthma Control Test†

The Childhood Asthma Control Test[†] is a way to help your healthcare provider determine if your child's asthma symptoms are under control. Answer the questions below and then share the results with your child's healthcare provider. Based on the score, he or she may suggest a variety of options to help better manage your child's asthma.

Your answers to these questions are not saved on asthma.com. Only you can have access to your answers.

The Childhood Asthma Control Test[†] is designed for children 4 to 11 years old. If your child with asthma is 12 years or older, or if you are an adult with asthma, take the <u>ASTHMA CONTROL TEST™*</u>.

How to take the Childhood Asthma Control Test†

- Have your child respond to the first 4 questions (1-4). If your child needs help reading or understanding the question, you may help, but let your child select the response.
- Complete the remaining 3 questions (5-7) on your own and without letting your child's response influence your answers. There are no right or wrong answers.
- · Complete the test by clicking 'SUBMIT'
- Take the COMPLETED test to the healthcare provider to talk about your child's score.

Have your child complete these questions.

1. How is your asthma today?



Very Bad





O Very Good

2. How much of a problem is your asthma when you run, exercise or play sports?



C It's a big problem, I can't do what I want to do.



C It's a problem and I don't like it.



It's a little problem but it's okay.



C It's not a problem.

3. Do you cough because of your asthma?



O Yes, all of the time.



C Yes, most of the time.



Yes, some of the time.



No, none of the time.

4. Do you wake up during the night because of your asthma?



O Yes, all of the time.



C Yes, most of the time.



C Yes, some of the time.



No, none of the time.

*ASTHMA CONTROL TEST is a trademark of QualityMetric Incorporated.

†The Childhood Asthma Control Test was developed by GlaxoSmithKline.

This website is funded and developed by GlaxoSmithKline.
This site is intended for US residents only.

Please complete the following questions and all Rights Reserved.

SUBMIT→

O Not at all	C 1-3 days	C 4-10 days	C 11-18 days	C 19-24 days	C Everyday
6. During the <u>last 4 weeks</u> , how many days did your child wheeze during the day because of asthma?					
C Not at all	C 1-3 days	C 4-10 days	C 11-18 days	C 19-24 days	© Everyday
7. During the <u>last 4 weeks</u> , how many days did your child wake up during the night because of asthma?					
O Not at all	C 1-3 days	C 4-10 days	C 11-18 days	C 19-24 days	© Everyday